



MARIS
COLLEGE
2019*2020



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Prayer of
**ST. FRANCIS
OF ASSISI**

Lord, make me an instrument of your peace,
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
And where there is sadness, joy.

O Divine Master,
Grant that I may not so much seek,
To be consoled as to console;
To be understood, as to understand;
To be loved as to love.

For it is in giving that we receive;
In pardoning that we are pardoned;
And it is in dying that we are born to eternal life.



BLESSED MARY OF THE PASSION

I do one thing at a time
as if that is the only thing to do.



Hélèn De Chappotin (1839 - 1904)

FOUNDRESS

Institute of the Franciscan Missionaries of Mary



ABOUT THE COLLEGE

Stella Maris College, a Catholic minority institution of higher education for women is an autonomous institution affiliated to the University of Madras and is partly residential. It is managed by the Society of the Franciscan Missionaries of Mary, a Catholic religious congregation founded by Blessed Mary of the Passion (Hélène de Chappotin) in Ootacamund, Tamil Nadu, in 1877. Guided by her charism, the initiatives of the College arise from a sound philosophy of life based on faith in God and the contemporary reality of a pluralistic Indian society that is challenged by global ideologies and cultures.

The College was founded on 15 August 1947 in a small one- storeyed building with 32 students in Santhome, Mylapore, Chennai. In 1960, it moved to its present campus "The Cloisters" on Cathedral Road in the heart of the city.

Today, the College has an enrolment of more than 5,000 students from diverse backgrounds, communities and nations.

The College is committed to serving the economically and socially marginalised sections of society. It provides university education in a Christian atmosphere for deserving students, especially those belonging to the Catholic community. Admission is open to all, irrespective of caste and creed and all students' rights of conscience are respected.

The College became autonomous in 1987 and has currently 21 undergraduate and 13 postgraduate programmes with seven departments offering M.Phil. programmes and six departments offering Ph.D. programmes. Postgraduate Diplomas and Certificate Courses are also offered.



EDITORIAL

MAGAZINE COMMITTEE

Dr. J. Maria Agnes Sasitha, Department of Sociology

Dr. Antony Rose Immaculate, Department of Botany

Dr. Padma V Mckertich, Department of English

Dr. Nanthamil Nangai, Department of Tamil

Ms Sindhu S, Department of English

Dr. Aishwarya Balaji, Department of Commerce

Ms Renuka Devi, Department of Computer Science

CONCEPT

Dr. Swapna Sathish, Department of Fine Arts

DESIGN AND LAYOUT

Dr. Margaret Thomas, Department of Fine Arts

ILLUSTRATIONS

Ms Meenakshi Madan, Department of Fine Arts

Amidst the tall, imposing trees, the lush green shrubs and the colourful plants that dot the Stella Maris College campus are seemingly unassuming, insignificant looking shoots that often go unnoticed. Some of them, the wrong plants in the wrong places, have been called weeds while others leave the onlookers, at least those who notice them, bewildered about their names. But it would be impossible to imagine the college campus without them either. In a world that associates value to any creation only in terms of its utilitarianism, these whisper to us that all of creation has a space in the order of things. The design of this year's College Magazine revolves around these plants.

Every single student, and teaching and non-teaching staff plays a role, however small, in making Stella Maris College the institution it is. The reports of the activities conducted by the College, the pieces of creative writing, and the photographs that make up the Magazine this year are a testimony to the individual and team work that has made 2019-2020 the memorable academic year it was.

Good evening. I'm delighted to welcome you all to the 73rd College Day celebrations. On this auspicious occasion, I am honoured and privileged to welcome to Stella Maris, Professor Gerald Pillay, Vice-Chancellor and Rector of Liverpool Hope University, UK.

Professor Pillay is no stranger to us. His association with Stella Maris goes back nearly two decades, and our institutions have had many academic and cultural exchanges over the years. We are honoured to have you grace this occasion, Professor Pillay. Thank you for taking time off to make this visit and preside over our annual College Day function. Let us welcome Professor Pillay with a round of applause.

I extend a warm welcome to Dr. Sr. Francisco Nirmala, Provincial, Chennai Province, Sr. Fatima Furtado, Superior, Stella Maris Convent, Sr. Susan Matheikal, Secretary of the College, Vice- Principals, Deans, faculty, members of the Governing Body, the Academic Council, administrative and support staff, retired faculty, parents, alumnae, benefactors, friends, FMM Sisters, Rev. Fathers, and you, my dear students.

Today, I greet very specially the faculty members, administrative and support staff who will be retiring after several decades of dedicated service: Dr. Geradette Davey, Associate Professor and Head, Department of Botany, who retires after 31 years of service in the institution; Ms. S. Nalini, Assistant Professor and Dean of Student Affairs who retires after 28 years of service; Dr. Grace Paul, Associate Professor and former Head, Department of Commerce, Shift II, who retires after 27 years of service; and Dr. Crystal David John, Associate Professor and former Head, Department of Economics, who retires after 20 years of service in Stella Maris.

Mr. J. Bellarmin, Superintendent of the College Office retired after 33 years of service in

ANNUAL RE PO RT





February. Ms. Mary Clara Rani, Library Assistant retired in June 2019 after 32 years of service and Ms. Philomena, Laboratory Assistant, Department of Zoology, retires after 29 years of service to the institution.

On behalf of the College community, I thank you for your invaluable services to Stella Maris. You have been a vital part of our community, and have contributed in many ways to its growth. We pray that you may be blessed with happy and peaceful years in retirement.

Before I continue, I would like to place on record the sadness and grief of the College community at the passing of some of its beloved members. We mourn the demise of Ms. Rajalakshmi, former Head, Department of Botany; Dr. Mary John, former Head, Department of Social Work; Ms. Thara Mohan Rao, one of the oldest members of the

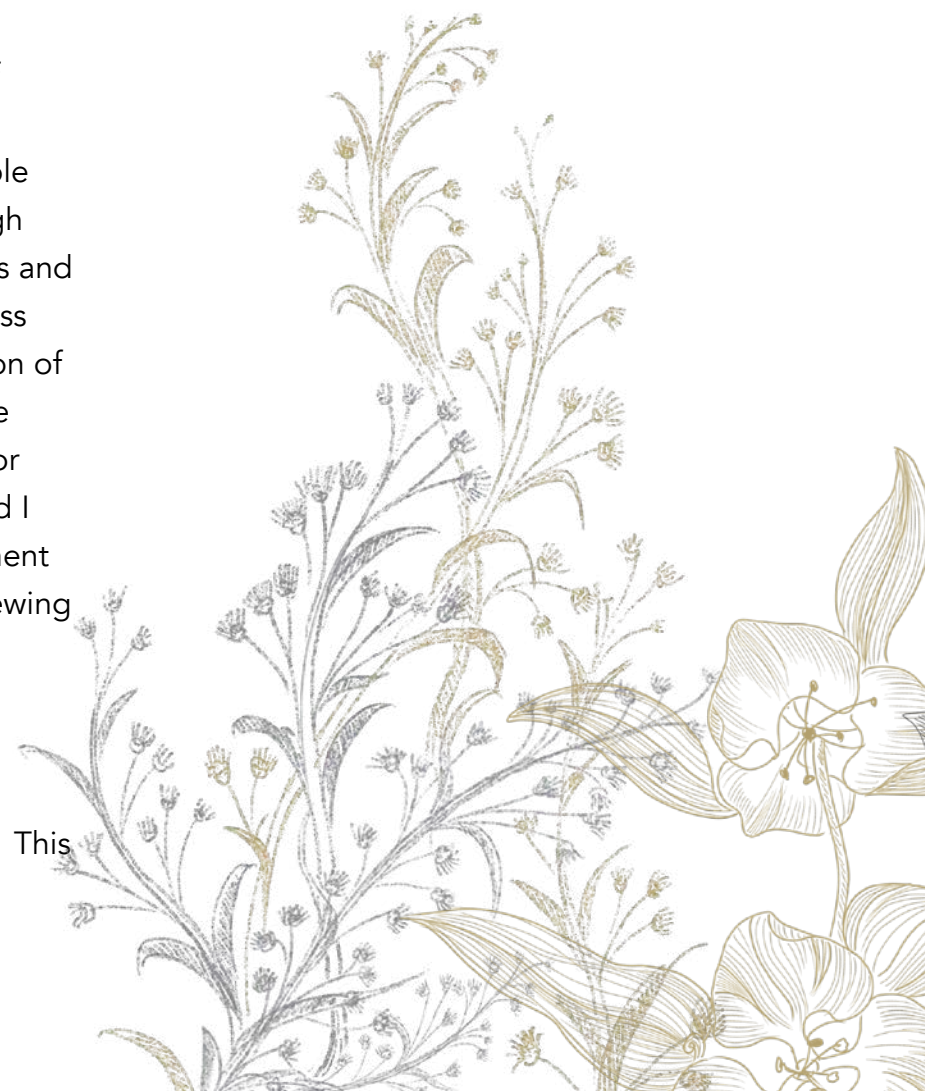
AASMC and its first General Secretary; Sr. Kamala Philomena, former Hostel Warden; and Sr. Rosamma of the Stella Maris Convent who passed away at the age of 95. Sister was a gentle soul, prayerful, always cheerful and happy.


Let us pause for a minute in silence and pray for the repose of their souls. Eternal rest grant unto them O Lord, and let Perpetual Light shine upon them. May they rest in peace. Amen.

The academic year 2019-20 has been memorable and fulfilling with a plethora of events and activities testifying to the institution's stated mission in ensuring whole person education to our students. Through our curriculum, and extra-curricular pursuits and events, we have endeavoured to encompass the depth and range of Pope Francis's vision of education in today's world. Addressing the participants of the Plenary Congregation for Catholic Education last month, he said, and I quote: "The aim [is] to revive the commitment for and with the younger generations, renewing the passion for a more open and inclusive education, capable of patient listening, constructive dialogue and mutual understanding." The educational pact, he underlined, needed to be "revolutionary". This

view of inclusivity and a "fraternal humanity" is at the core of our mission objectives. In all that we do, we strive to build bonds, establish relationships, and create new avenues for interaction with communities and peoples.

It is now time for me to present a few highlights of our activities during this academic year. Graduation Day which was held on 11 February this year saw a record one thousand





five-hundred and ninety-three graduates receive their diplomas in the presence of their parents, relatives and the College community. Two awards in recognition of our services as an educational institution of repute were conferred on us this academic year. In July 2019, we received the Higher Education Excellence Award 2019—Arts and Science Colleges, Chennai, by Staffordshire University, UK, and Education Matters, and in September, and the Sr. Hedwige Award for the Best College 2018-19 by the Xavier Board of Higher Education in India, Bangalore.

In a concerted effort to encourage research, a policy decision has been taken with regard to providing seed money for research projects. Faculty received a total of Rs. 8, 12, 500/ in 2018-19 and 2019-20.

Growing numbers of student cohorts, and increasing numbers of academic programmes to meet societal needs have necessitated enhancement of infrastructure and facilities. A new academic block, Sancta Sofia (SS Block) has been constructed, housing classrooms, auditoriums, a lecture hall, a library, a faculty conference room, computer labs, and audio-visual rooms with recording facilities and state-of-the-art equipment.

The Facilitated Academic Resource and Research Centre (FARR) in the F Block was instituted in September with the support of the Trinity Western University, Canada.

Under the DST-FIST programme, an e-learning room has been instituted in the HC Block. Two new laboratories have been set up for the B. Voc. Programmes in Sustainable Energy Management and Food Processing and Quality Control.

Since acquiring the status of Research Department last year, the Department of Biotechnology has set up a new state-of-the-art laboratory in the A Block.

The SMC Fitness Centre, with high-end equipment has moved to its new, airy premises in the SS Block.

A student initiative, The Gender Centre, has been set up by the Department of Sociology under the guidance of Dr. J. Sasitha, Head of Department in the B Block. Three workshops and an intercollegiate panel discussion have been conducted this semester.

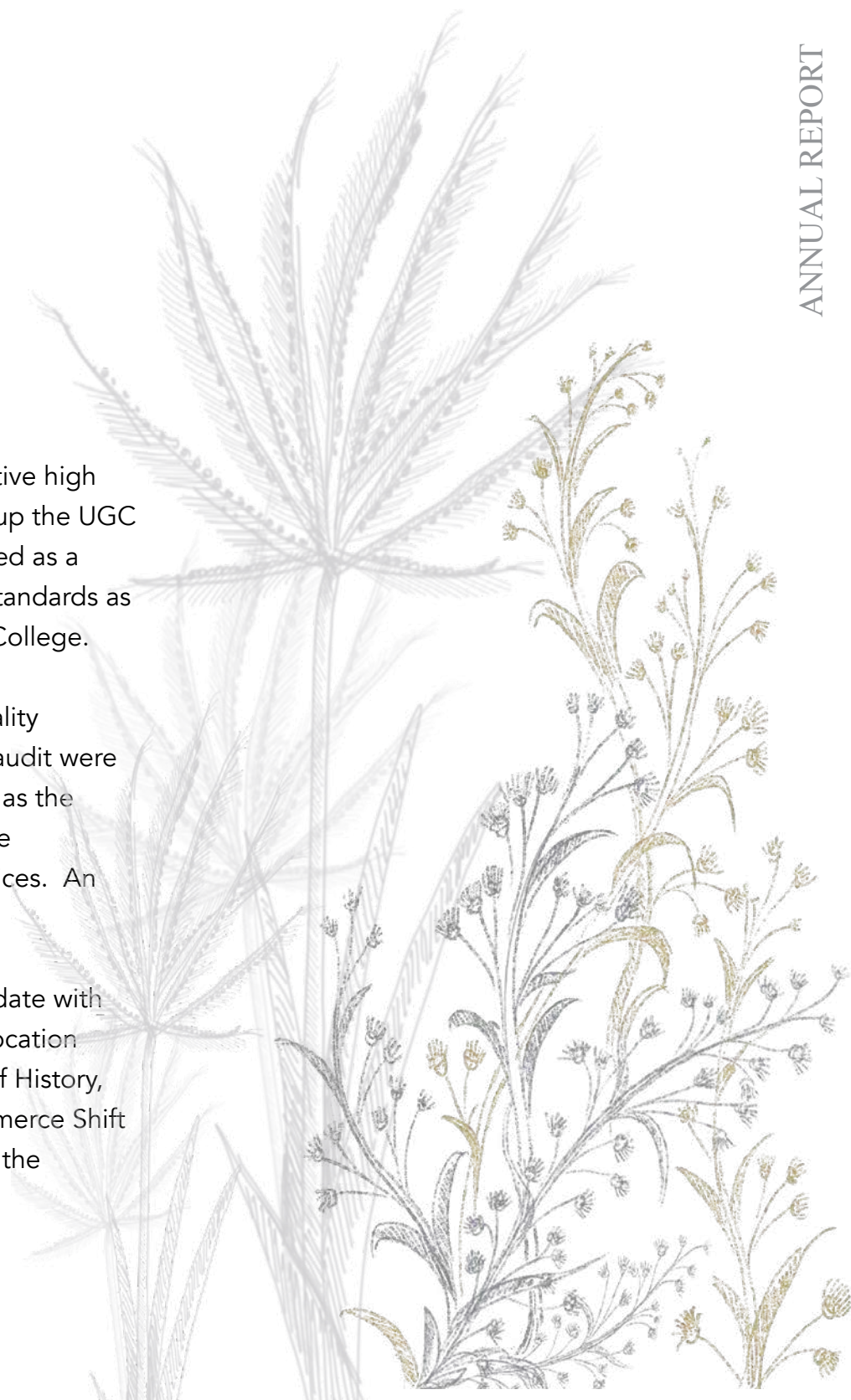
Stella Maris College has been recognised as a Tamil Nadu Open University Learner Support Centre. Nine departments of the College offer assistance as academic counsellors.

The Stella Centre for Effective Education and Development (SCEED) has been instituted this

academic year with the objective of enhancing innovative and collaborative high quality education and institutional development. The Centre has taken up the UGC sponsored PARAMARSH Scheme, for which Stella Maris has been selected as a mentor institution to advise institutions on achieving quality education standards as decided by NAAC. Six mentee institutions have signed MoUs with the College.

An Administrative Audit was conducted in the institution as a part of quality enhancement and sustenance measures. The specific objectives of the audit were to evaluate the adequacy of the management control framework as well as the degree to which the departments were in compliance with the applicable regulations, policies and standards, and to recommend some best practices. An Energy Audit was conducted by NIN Energy India Pvt. Limited.

New programmes and courses are designed periodically to keep up-to-date with evolving trends and emergent fields. Two undergraduate Bachelor of Vocation programmes in Tourism and Hospitality, affiliated with the Department of History, Banking, Financial Services and Insurance, with the Department of Commerce Shift II, and a postgraduate programme in Physics have been introduced into the mainstream curriculum this year.





Various institutions have recognised the outstanding services of the Principal and faculty towards the cause of higher education and scholarship in their disciplines. Dr. Sr. Rosy Joseph fmm, Principal, has been recognised as one of the top twenty influential women educators in Tamil Nadu for the year 2019 by the Academic Council of uLektz.

Dr. Srabani Bhattacharyya, faculty, Department of Hindi received the 'Geetadevi Kishore Kabra Naari-Shakti Award' for her contribution towards original writing in Hindi, the 'Sahitayakar Prerna Samman 2019 Award of Excellence' in the field of creative writing, and the 'Shri Ranchorlal Thakkar Smriti Samman 2020' in January 2020 for meritorious service towards the cause of Hindi in a non-Hindi speaking area.

Dr. Nirmala Alex, faculty, Department of Social Work and NSS Coordinator received the Teacher for Peace Award for promoting peace conferred by the Gandhi Peace Foundation in October 2019 and the 'Narsamuga Semmal Award' at the twenty-third annual celebration of the Tamil Literature Council, Chennai in April 2019.

Dr. Crystal David John, faculty, Department of Economics received the Best Teacher Award 2019-20 from Lions Club International, Chennai, in September 2019 and was recognised one of the 'uLektz Wall of Fame—Most promising Educators in Higher Education Across India' in December 2019.

Ten faculty members received their doctoral degrees recently: Ms. K. C. Sharmili and Ms. I. Diana Judith of the Department of

Computer Science, Ms. Nazneen Marshall of the Department of English, the Librarian Ms. Mahalakshmi Murali, , Ms. Rebecca Abraham of the Department of Economics, Ms. Shanthi Ranjit and Ms. S. Deepa of the Department of Commerce Shift II, Ms. Annie Vinosha of the Department of Physics, Ms. Antony Rose Immaculate of the Department of Botany, and Ms. Divya Dovina of the Department of Psychology.

Dr. Aruna Sharmili, of the Department of Biotechnology has been recognised as a doctoral supervisor by the University of Madras.

Dr. A. Fathima, faculty, Department of Hindi was awarded the 'Sri Laxmi Devi Thakar Smiriti Samman 2020' for her work towards Hindi in a non-Hindi speaking area.

Ms. I. Lakshmi, faculty, Department of Computer Science won the Best Researcher Award, Best Women Faculty Award and Award of Excellence in Research from the DK International Research Foundation June 2019.

Dr. Cinthia Jude, faculty, Department of History, was awarded the Dr. Radhakrishnan Best Teacher Award by Uyir Thalir Research Foundation and Kamalayam Trust in October 2019.

Ms. K. Vijayalakshmi, faculty, undergraduate Department of Social Work, was selected by the United Board for Christian Higher Education in Asia to participate in the Annual Peace Building Training Workshop at Mindanao Peacebuilding Institute, Philippines, in May 2019.



Dr. Belina Xavier, Head, Department of Physics has been appointed as an external examiner for B.Ed. (Hons.) at Mauritius Institute of Education, Mauritius.

Dr. Agnes Rozario, Associate Professor, Department of Commerce Shift I was elected to represent Stella Maris College at the Academic Council, University of Madras.

Dr. Rita Jayaraj, Head, Department of Zoology published her Ph.D. thesis as a book titled Lesser Known Embiids.

Following the International Conference on Environmental Crime by the Department of Sociology, Dr. J.Sasitha was invited to contribute to the forthcoming Springer's book titled, Crime Prevention and Justice in 2030. UN and the Universal Declaration of Human Rights: Essays in Honour of the United Nations.

As one of the contributors to the book, she has been invited to the 14th United Nations Congress on Crime Prevention and Criminal Justice, Kyoto, Japan, 20-27 April 2020.

The Joint Secretary of the AASMC Shivani Arora released her book Where Kindness Spoke in January; the book chronicles the work of the Hon'ble Lieutenant Governor of Puducherry, Dr. Kiran Bedi.

A number of workshops, seminars, conferences, guest lectures, endowment lectures, scholar-in-residence programmes and interactive sessions with eminent scholars and academicians were organised by departments for the benefit of both faculty and students in discipline specific areas and skills development.

A number of international conferences were held this academic year. SMICMR along with Trinity Western University, Canada hosted 'The Fourth International Conference on Connecting Globally: Emerging Strategies in Glo/Cal Leadership' in September 2019; the IQAC in collaboration with the University of Melbourne, Australia, the Centre for Women's Studies and the SMICMR organised an International conference titled 'Shaping Women Leaders' in December 2019; the Department of Social Work organised 'The Environment and Sustainable

Futures' in collaboration with the United Board for Christian Higher Education in Asia, University of Louisville, University of Alabama; the Department of Computer Science organised the International Conference on Advancements in Computing Technologies; the Department of Chemistry conducted Recent Advances in Nanoscience and Nanotechnology (in collaboration with IIT Madras), the Department of Sociology: Social Change and the Family: A Sociological Perspective on Family and Mate Selection in Contemporary India, the Department of Commerce Shift I: The Future of Work—Interrelated Dynamics of Work, Workforce and Workplace (in collaboration with RR Donnelley and Miles Education), and the Department of Psychology: Seventh International and Eleventh Biennial Conference of the Indian Society of Victimology (in collaboration with the University of Madras).

The Department of Fine Arts organised two international workshops in collaboration with the Southern Illinois University, Edwardsville, USA, in June and July 2019. Workshops on Art Therapy and Process Painting were conducted by Dr. Jayashree George. Prof. Laura Strand served as resource person for a workshop on Textile Design. The US Consulate General, Chennai, facilitated a workshop titled Making Abstractions about Place by Prof. Benjamin Moore, Head, Department of Visual and Performing Arts, Luther College, Iowa, USA, on 8 August 2019.

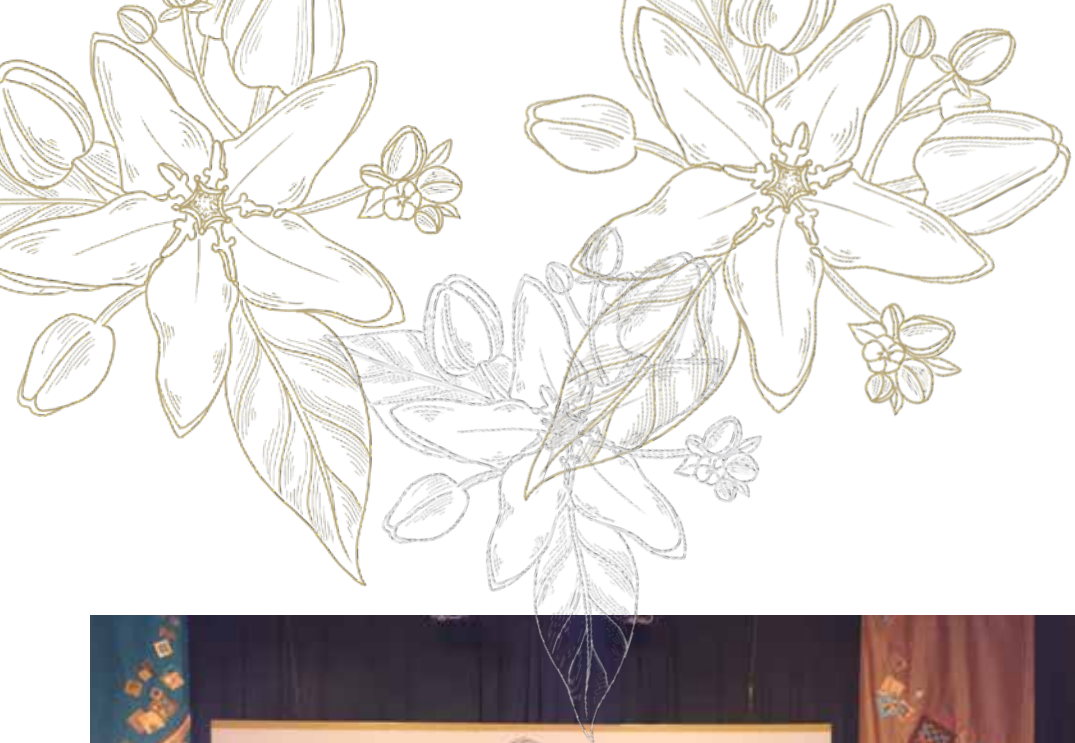
An international workshop on Data Analytics and Matlab (IWDAM 2019) was organised by the Department of Mathematics on 6 September 2019.

The Department of Public Relations organised a two-day international Scholar-in-Residence Programme in September. Fulbright Scholar Dr.

Sheila L. Tefft, Professor of Journalism, Emory University, Atlanta, addressed the students and faculty on Public Interest Communication.

The first batch of the Bachelor of Vocation of the Sustainable Energy and Food Processing and Quality Control programmes, has graduated this year with certification from the National Skills Development Corporation. The Department works closely with industry for hands-on training and laboratory sessions. MoUs have been signed with several new industries to promote internship and job opportunities as well. The first batch of graduates of the Department of Psychology passed out this year.

The Department of Commerce Shift I has initiated a Certified Management Accountant professional certification programme in



collaboration with Miles Education Pvt. Ltd.-Learning Centre for US CMA, for students who wish to pursue a global career in Management Accounting.

A number of training programmes were organised for teaching and non-teaching staff of the College by the IQAC. Conferences and workshops were conducted on a regular basis on different areas of educational management and administration. Administrative and support staff have received training on life skills and behavioral skills.

The many international collaborations established through MoUs have opened up opportunities for exchange programmes for both students and faculty. Following the success of workshops for students on leadership over the past few years, a two-year Masters in Leadership was inaugurated as the first joint academic programme between Stella Maris College and Trinity Western University, Canada. The three-month course has been completed and the students will integrate into the postgraduate programme in Canada. The programme offers internship opportunities with stipends and work permits on completion of the programme. This is the second international programme offered by the College after the

Postgraduate Certificate in International Business which leads to an International Masters in Business Administration from Liverpool Hope University, UK. An MoU has been signed with LHU and GITAA, an IIT incubation cell to introduce an M.Sc. degree in Data Science.

Professor Brenda Lee Sasaki, faculty from the Trinity Western University, Canada, in residence on campus from September to December 2019, facilitated a faculty training programme on women's leadership.

Faculty members have participated in various capacities at institutions abroad. Dr. Felbin C. Kennedy, Vice-Principal, and faculty, Department of Mathematics, was invited to Liverpool Hope University for their 175th Graduation Day ceremony held on 16 August 2019.

Dr. Sr. Lourthu Mary, Head, postgraduate Department of Social Work, was invited to present a paper at an international conference titled "Social Glocalisation" at the Catholic University of Applied Sciences, Cologne, Germany.

Dr. Lakshmi Priya Daniel, IQAC Coordinator and faculty, Department of Fine Arts, attended a Leadership Seminar at Singapore Management University as part of the UB Fellows Programme.

Students have been participants in academic and cultural exchange programmes at different universities across the globe. Evangeline Grace of second B.Com participated in the Student Christian Movement International cultural exchange programme in Germany, in June 2019 as a representative from Tamil Nadu.

Thirty-two students, accompanied by Dr. Nazneen Marshall and Ms. Ishleen Ahuja, faculty, Department of English travelled to LeTourneau University, (TWU), USA, for an academic visit in April 2019. They conducted a workshop on Indian Picture books for the students of TWU.

Nine students of the College, accompanied by Dr. Millie Nihila, Head, Department of Economics, attended the Study Abroad Programme on 'Student Leadership and Entrepreneurship' conducted by the Binary University, Malaysia, in June 2019.

Twenty-three students led by Dr. Dolly Thomas, Head, Department of History attended the Summer Study Programme on Leadership at

Trinity Western University, Canada in June 2019.

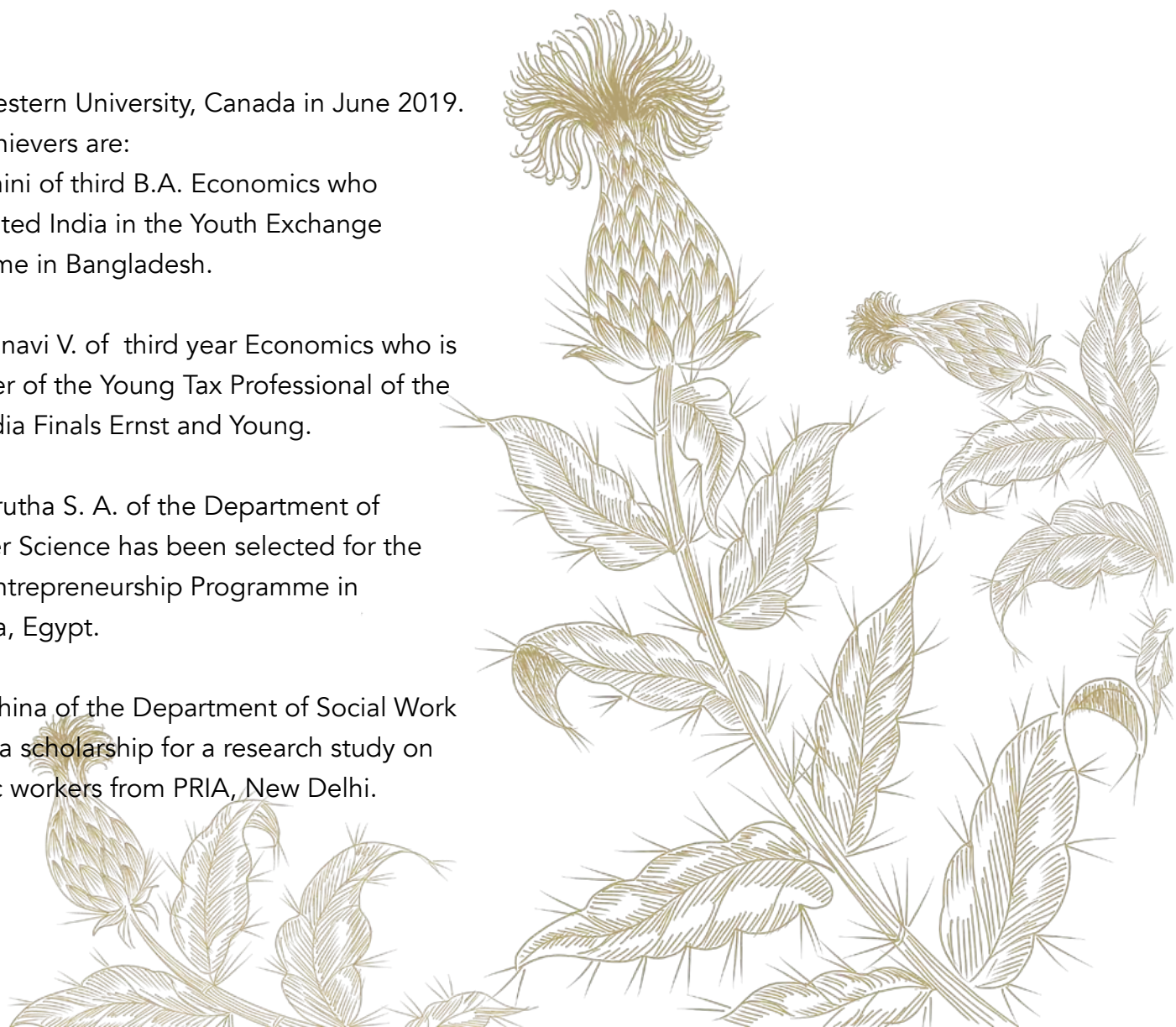
Other achievers are:


Ms. Varshini of third B.A. Economics who Represented India in the Youth Exchange Programme in Bangladesh.

Ms. Vaishnavi V. of third year Economics who is the winner of the Young Tax Professional of the Year—India Finals Ernst and Young.

Ms. Mithrutha S. A. of the Department of Computer Science has been selected for the Global Entrepreneurship Programme in Mansoura, Egypt.

Ms. Delphina of the Department of Social Work received a scholarship for a research study on Domestic workers from PRIA, New Delhi.





Ms. Sowminy of third year Mathematics Shift II, cleared an NPTEL certificate course on Discrete Mathematics with an Elite Performance and won the Silver Medal.

BVA students Ms. Mrudula Maria Isaac, Ms. Sarrah Mustafa, Ms. Lipi Wadhawan, and Ms. Russati Murali interned for Gallery Veda at the India Art Fair 2020 held at New Delhi from 28 January to 3 February.

Ms. Ananya Chinni Krishnan of second M.Sc. Bioinformatics has been selected for the MS Programme in Genetics, Genomics and Bioinformatics at Jacobs School of Medicine and Biomedical Sciences, University of Buffalo. She also received an offer to pursue MS at the University of Leicester.

S. Balagowri, third year BSW student received 'You are a Gem' Award from United Way for her voluntary service.

Third year BSW students Ms. Raghavi, Ms. Balagowri, Ms. Tryphena Persis and Ms. Zerlin Cindrella were awarded " Best Student Leadership Programme Mentor Award" by the Indian Development Foundation.

Ms. Keran C.E. of first MSW, has received a scholarship from KatHo University, Germany.

Ms. Lavanya, Ms. Antonia and Ms. Darshini of the postgraduate Department of Chemistry interned at the College of Science and Engineering, Fu Jen Catholic University, Taiwan, last summer. Ms. Dharshini Raghavan, third B. Sc. Chemistry was selected for the National Initiative on Undergraduate Science (NIUS) programme in Chemistry at the Homi Bhabha Centre for Science Education. Ms. Aksa Joseph of third B. Sc. Chemistry and Ms. Christa Treasa Thomas of second B. Sc. Chemistry have received the INSPIRE Scholarships of Rs. 60,000 per annum each for higher education.

Ms. Mariyam Fathima J., Ms. Reshma Bhandari, Ms. Pavithra S., and Ms. Vinitha R. of M. Sc. Biotechnology received the Tamil Nadu State Council for Science and Technology Project under the Students Project Scheme.

At the ACCA Examinations held this academic year, Shivani M. of third B. Com. Shift II obtained the First Rank in India and the World Rank Eighth in Financial Management and the First Rank in India and World Rank Fourth in Advanced Financial Management.

Bhavana Sridhar of third B. Com. Shift II is the first student to have become an ACCA Affiliate as a student by clearing all 13 papers offered at Stella Maris College in December 2019.

Ms. Nimeshika Venkatesan, Ph.D. scholar, Department of English, won the DORA PLUS 2.0 Long Term Mobility Fellowship awarded by the Erasmus Foundation.

A record forty students, including a number of alumnae, of the Department of English cleared the UGC-NET exams this year with seven of them being awarded the JRF.

Ms. Mekha Maria Mathew of the 2015-2018 batch and Ms. A. Ahalya of the 2016-2019 batch of the Department of Chemistry and Ms. Ankita Antony of the 2013-16 batch of the Department of Commerce Shift II cleared their NET examinations this year.

Two interns from Canada and the US integrated into the academic and campus life at Stella Maris doing their University practicum and have now received their credits at their universities based on their learning experience at Stella Maris. Ms Josephine Peter from the Mennonite Canadian University spent 45 days in Stella Maris College while Ms Melinda Scott from Alberta University spent a week; their Residence Academic Facilitator Prof Brenda Lee, from Trinity Western University, Canada was here for 3 months.

KRIYA 2020, a national-level student seminar entirely conceptualised, organised and executed by the postgraduate students of the Department of International Studies was held in January on the theme of Climate Change and Disaster Relief: Impact and Responses. The seminar received an overwhelming response with over 80 abstracts received for paper presentations. Students from different states and countries participated.

The Stella Maris Annual College Play, titled 'I' of the Beholder, was performed at the Museum Theatre, Egmore on 21, 22 and 23 February, 2020. Scripted by a team of Stella Marians, the play was directed by Samyuktha P.C., playwright, stage manager and theatre director. The play was an entertaining, multilingual musical drama that explored what it meant to be born in a world of fixed identities, battle with social pressure and find a purpose in life.

The Students' Union was at the forefront of several student-centered activities in the College. In addition to regular annual events, they organised innovative programmes for the student community. They helped conduct International Yoga Day in collaboration with the Physical Education Department, a week-long Annual Club Fair, Dakshin Utsav, and Namaste North—Desi Dance Night.

The Union collaborated with the Dramatics



Club and Classical Dance Club to commemorate Nelson Mandela Day on the birth anniversary of the renowned beacon of peace. In collaboration with the NSS, NCC and Physical Education departments, the Union commemorated National Sports Day on August 28, 2019. Club Day—Horizon, and Aquilae, the intercollegiate cultural competitions were celebrated in February.

The NSS and YRC units have been offering their services to various communities with dedication and commitment. In collaboration with Sankara Nethralaya, an event was organised to promote Eye Donation. Ms. Nirmala Kurian, daughter of Dr. Verghese Kurien, Father of the White Revolution, was the Chief Guest. She addressed the NSS and YRC volunteers on the significance of Eye Donation.

Ms. Linda Maan Gangmei of the Department of

Sociology was selected to represent the NSS unit of Stella Maris College in the Inter-state Tribal Youth exchange programme organised by the Ministry of Youth Affairs and Sports, Government of India, from 2 to 8 March, 2020 at the Don Bosco Institute, Guwahati, Assam.

The Swachh Bharat campaign was conducted intensively from 1 to 15 August 2019. In collaboration with the Institute of Mental Health, Anti-Drug Abuse Day was observed on July 26, 2019. The NSS and YRC volunteers performed a skit with a message about the importance of safe-guarding physical and mental health. The NSS and YRC Units were the recipients of the Dr. Radhakrishnan Rolling Trophy for mobilising the maximum number of blood donors among women's city colleges for the ninth consecutive year. Ms. Dharshini, of second B. Com. was selected as an NSS volunteer to

represent the University of Madras in the Pre-Republic Day Parade, New Delhi.

The performance of the members of the three NCC units has been outstanding. Naval Cadet I. Preeti Kumaran of second year B. Com. Shift II was part of the Rajpath Contingent in January 2020. Corporal Mary Stepheena D. S. of second year B. Com. Shift II took part in the All India Guard of Honor as part of the PM's Rally on 28th January 2020. Flight Cadet P.J. Roubel of second year Mathematics Shift I represented Tamil Nadu, Puducherry and Andaman & Nicobar Directorate in the Republic Day Cultural Competitions held in New Delhi in January.

Corporal Angelin M. second year Mathematics Shift I took part in the Prime Minister's rally on 28th January in New Delhi. Naval Cadet Sahana Samantha Rajesh of second year Zoology represented Tamil Nadu, Puducherry and Andaman & Nicobar Directorate as the Best Cadet at the All India Republic Day camp.

At the All India Nau Sainik Camp held at Visakhapatnam in the month of October, second year Naval Cadets Falak Kochar, Department of Zoology and Daisy V. of the Department of History received gold medals for Boat Pulling and Naval Cadet Kaviselvi K. of B.Com. Shift II received a gold for Boat Pulling and Contingent Drill. They were also part of the Tamil Nadu, Puducherry and Andaman and Nicobar Directorate Contingent that won the overall championship.

Senior Cadet Captain Varshini V. of third B.A. Economics was selected to represent India as a Junior Ambassador in the Youth Exchange Programme in Bangladesh.

Students of the College demonstrated outstanding skills in sports and games at the

national and regional levels. Ms. Surekha Ponnurugan, first B.Com. Shift II won the gold medal in the first All India Open Rural Games Archery Championship held at Mettur, Salem. She also won the gold medal at the Women's Archery Championship organised by the Sports Development Board of India at Jammu and Kashmir in July 2019, and in the senior category at Youth Games All India National championship held at Jaipur, Rajasthan. She won yet another Gold Medal in the All India Inter State Championship 2019-20 organised by the Sports Development Board India, in Jammu and Kashmir.

Ms. V. Hinduja of second B.A. History won the gold medal in the Chennai District Fencing Championship in Epée. In the state fencing championship held at Tirupur in September 2019, she won the gold medal in Epée and silver

medal in the team event. At the Under-twenty District Fencing Championship held in October 2019 she won the gold in Epée. Ms. Sindhuja R. P. of third B.A. Sociology won the gold medal in long jump and the bronze medal in the triple jump at the Chennai District Athletics Meet held in July 2019. She was selected to participate in the Reliance Foundation Youth Sports National Athletics Championship held in Mumbai in January 2020. Ms. Subali Ashok of second B.A. Economics, won the gold medal in air pistol, Junior Women's (team) at the forty-fifth Tamil Nadu State Shooting Championship competitions held at Coimbatore.

Ms. Santra Teresa Martin of first B.A. History won the gold medal in 100 metres and the silver medal in 200 metres at the thirty-fourth Tamil Nadu Inter-District Junior Athletic Meet held in August 2019. She also won the silver medal in 100 metres and 200 metres at the Thirty-third Tamil Nadu State Junior Open Athletic Meet, in October, at Erode. At the 35th Junior National Athletic Championship held in November at Guntur, she won the Silver medal in 200 metres and the Bronze medal in 4 x 100 metres relay. At the University of Madras B Zone Inter-collegiate tournament held on 27 January at Madras University Union, she won the Gold in 100 metres and in 4 x 100 metres relay. At the 6th Federation Cup Youth rural games held in October at Goa, Lalithangi R. of first B.Com. won the gold medal in the 400 metres dash. Ms. K. Anita of first M.Sc. Mathematics won the silver medal in long jump at the fifty-second Dr. A. L. Mudaliar Athletic Meet held in October at the Nehru Stadium, Chennai. She also won the gold in Long Jump, silver in 100 metres and gold in 4 x 100 metres relay. She was selected to represent the University of Madras at the All India Inter University Athletic Championship held at Mangalore University in January 2020.


At the 30th Senior State Fencing Championship held at Madurai from 30 Nov 2019 to 1 December 2019, Maria Akshita of second B.A. History won the gold in the individual event Foil and silver in the team event in Foil.

In Squash, Bhadra A. of second B.A. Sociology was selected to represent the University of Madras at the All India Inter University meet held at Mangalore and their team emerged winners. In Handball, J. Jothi of second B.Com. Shift II, was selected to represent the University of Madras for the South Zone Inter-University Tournament held in November at Calicut. She was also selected to represent the Tamil Nadu State in the Senior National Handball Championship held in December at New Delhi. Ms. A. Ria Sharon of third B.Com. has represented Madras University in Basketball for

all three years of her undergraduate programme. Ms. Vridhi Kumari of third year Sociology won the gold at the Muay Thai (Mixed Martial Arts) India Pro National event in February. Ms. Nandika won the bronze medal.

A ten-member marching band has been formed in the College and Sports Day saw the newly formed band playing for the march-past event.

Three students who took online courses through the NPTEL portal were All India Toppers in their respective courses. The College was ranked among the top ten College users of N-List Programme for the 6th consecutive time among 3379 Govt. / Govt.-aided colleges covered under the section 12B of UGC Act as well as non-aided colleges as on 5 February 2020.



The Department of Value Education conducted the Catholic Parents Meet for all first year Catholic students on July 13, 2019. A Catholic Youth Convention was organised on 8 February in collaboration with Catholic faculty of the College.

The Stellarchives held its first exhibition in September 2019. As part of their CSR initiative, the Bank of New York Mellon, in partnership with Stella Maris College and the International Association for Human Values (IAHV) inaugurated the SMCDRIVE Skills Development Centre on August 30, 2019. The

beneficiaries will be final year undergraduate students from Stella Maris College and outsiders (NGOs, communities, vulnerable groups and school students). A session on Poshan Abhiyaan, launched by the Ministry of Women and Child Development to “reduce stunting, under-nutrition, anemia (among young children, women and adolescent girls) and reduce low birth weight” was undertaken at the SMCDRIVE in collaboration with the Integrated Child Development Services in September 2019.

Campus recruitment this year began in August with companies like Deloitte, Ernst Young, KPMG, RBS, Barclays, Zoho, Zifo, CITI Bank and Mckinsey. The IT recruitment was led by CTS, TCS, and Wipro.

The College has disbursed ₹ 2,821,641 in Management Scholarships, ₹ 3,770,550 in Private Scholarships, ₹ 5,300,015 in Government Scholarships (Fifty-three lakhs and fifteen) and ₹ 62,500 in Hostel Scholarships (Sixty-two thousand five hundred). A grand sum of ₹11,954,706 was disbursed.

As we forge ahead, we reaffirm our commitment to our vision and the continuing search for truth. I place on record the many organisations especially the UGC, DBT and DST, Government of India, the Department of Higher Education, the Government of Tamil Nadu, the University of Madras, and the United Board for Christian Higher Education in Asia for their support and encouragement.

A special word of gratitude to our sponsors who have generously offered financial support for our building project:

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I also thank the many other contributors whose generosity was instrumental in enabling the building project to become a reality.

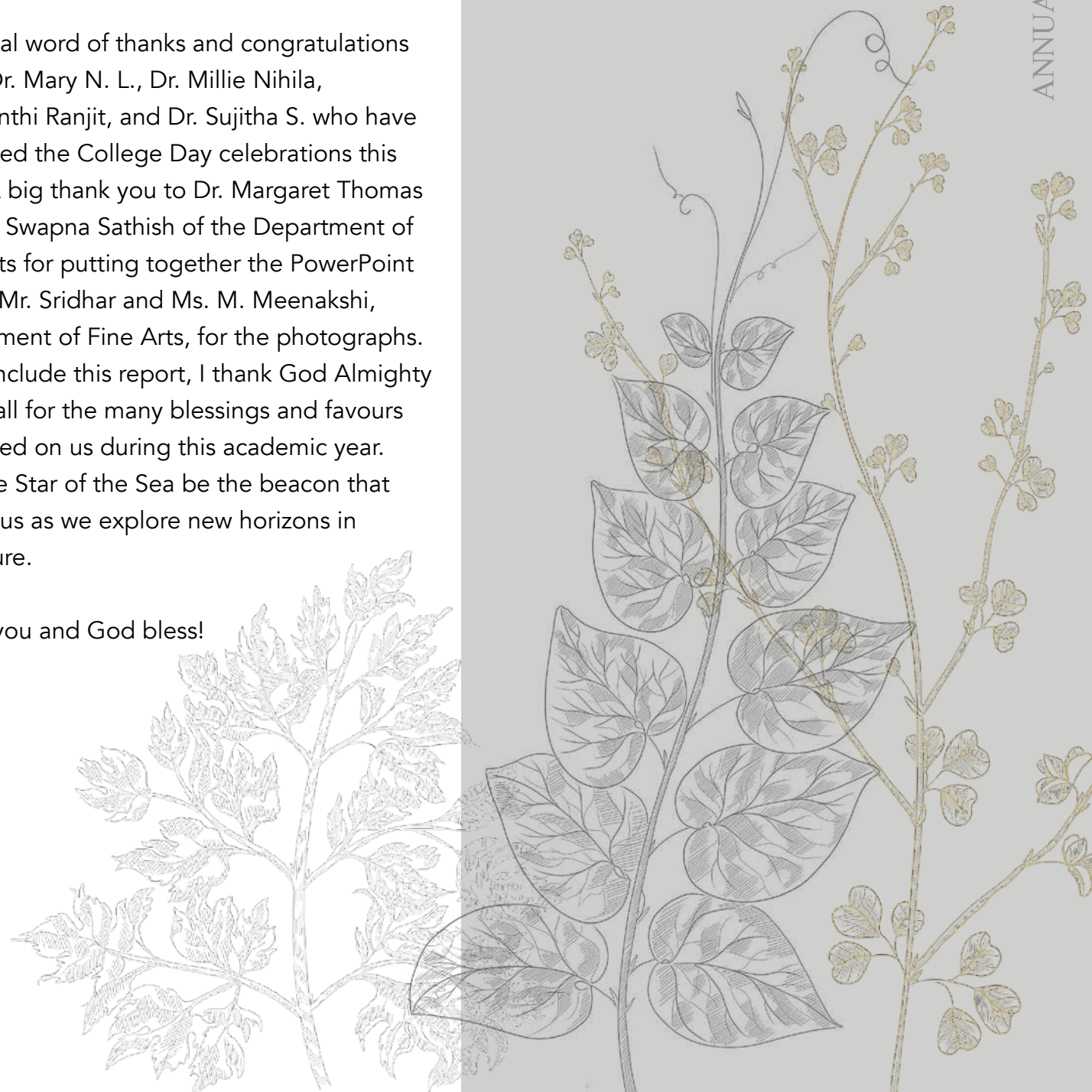
I extend my gratitude to all those who have made our achievements possible. My special thanks go to Dr. Sr. Francisco Nirmala, Provincial, and to all the Sisters at Stella Maris. I am immensely grateful to the Vice Principals, Deans, Heads of Departments and faculty members, the Controller and Associate Controller of Examinations, the IQAC Coordinator, the NCC Coordinator, NSS Programme Officers, Director of Physical Education and the Sports Officer, the Librarian, Archivist, Director, SMCNC, Director SCEED, the Public Relations Officer, administrative and support staff. A special word of thanks to Sr. Hilda and Sr. Arul and the administrative and support staff. I thank Sr. Veera and her team for their meticulous management of finances.

I also thank very specially the club advisors for their support and involvement in the activities of the various clubs. My deep gratitude to the hostel wardens for their selfless service to the residents on campus.

Thank you dear parents, benefactors and well-wishers for your interest, generosity and for your presence here this evening to participate in our celebration.

A special word of thanks and congratulations go to Dr. Mary N. L., Dr. Millie Nihila, Dr. Shanthi Ranjit, and Dr. Sujitha S. who have organised the College Day celebrations this year. A big thank you to Dr. Margaret Thomas and Dr. Swapna Sathish of the Department of Fine Arts for putting together the PowerPoint Slides, Mr. Sridhar and Ms. M. Meenakshi, Department of Fine Arts, for the photographs. As I conclude this report, I thank God Almighty above all for the many blessings and favours bestowed on us during this academic year. May the Star of the Sea be the beacon that guides us as we explore new horizons in the future.

Thank you and God bless!





INDE PEND ENCE DAY



ST EL LA

BIRTHDAY





FELI CITA TIONS

GERADETTE DAVEY



Dr. Geradette Davey, an alumna of the Department of Botany at Stella Maris College from its very first batch, joined the department as a faculty in 1988.

As an educator, Dr. Geradette is known for the conscientious way in which she handled classes. Passionate about spreading environmental awareness, Dr. Geradette has conducted three annual inter-departmental "Go Green" competitions for the students. She has also held many responsible positions in College: she has served as Dean of Student Affairs and as Faculty Advisor for Enviro Club as well as the Quiz, Debate and Current Affairs club.

An erudite scholar, she has presented papers in various conferences and seminars. Her

academic contributions are extensive. She edited a textbook titled Botany for Degree Students and was the resource person as Environment Educator in various workshops and training programmes. She has been a member of the Boards of Studies for several city colleges and was an important member of several committees in College. She was also involved in the preparation of question banks for higher secondary students appearing for the State and Central Board examinations in March 2018.

Dr. Geradette was the coordinator of the UGC Scheme of Remedial Coaching for students of minority communities and SC/ST students. In this capacity, she reached out to past pupils who were yet to complete their examinations and helped them earn their degree successfully even after several years.

A god loving person, Dr. Geradette Davey, has been actively involved in the College prayer group and campus ministry throughout her tenure.

The Stella Maris community would like to thank Dr. Geradette for her dedicated service to the College over the past three decades and wishes her a happy, fruitful and healthy retired life.



NALINI RAJ

Ms. Nalini Raj, Assistant Professor, Department of Mathematics and Dean of Student Affairs retired this year from service after 28 years.

Her association with Stella Maris started in 1978, when she entered the portals of Stella Maris as a pre-university student. She then continued in this institution as a student of B.Sc. Mathematics from 1979 to 1982 and did her M.Sc. in the same subject from 1982 to 1984; she graduated with a Gold Medal for excellence in academics in her postgraduate programme. Later she pursued her M.Phil during 1985-86 and stood first in the class.

Ms. Nalini's family has had a long association with Stella Maris College; her mother Mrs. S. Anandavalli studied Mathematics here

from 1958-61 and her sister Ms. Revathy Sundarajan, is also an alumna of the Department of Mathematics. Having begun her teaching career in 1984, Ms. Nalini taught both the undergraduate and postgraduate students and also guided M. Phil. research scholars. She has earned for herself a reputation as an excellent teacher who cared about her students and who established trust, rapport and respect with them. She had patience, compassion, and the insight to understand students' needs, and responded to them with promptness and sensitivity. Ms. Nalini was also a scholar who was deeply interested in keeping abreast of developments in her field, and to this end, participated and presented papers at several national and international conferences, workshops and seminars.

She was actively involved in College affairs; as a member of several departmental committees for organising various conferences, she worked with dedication and meticulousness. She also worked as a member of a number of faculty committees for various celebratory days of the College, where she displayed a great ability for teamwork and coordination. She was nominated as the Chief Examiner for undergraduate and postgraduate examinations of the University of

Madras, Chief Superintendent and Assistant Superintendent for End Semester Examinations of the College, and as Examiner and Member of Scrutiny Committee for the TNPSC Examinations. She also served as the Staff Club Secretary for three years. As Dean of Student Affairs, she has guided and advised the Students' Union in their activities, while carrying out the multiple responsibilities related to the office.

Ms. Nalini has served this institution under four principals – Dr. Sr. Helen Vincent, Dr. Sr. Annamma Philip, Dr. Sr. Jasinth Quadras and now Dr. Sr. Rosy Joseph. She has also had the privilege of working closely with Sr. Susan the Secretary of the College and former faculty of the Department of Mathematics and Dean of Student Affairs; Sr. Juliana, former Head; and Sr. Leony, former Head of the Department of Mathematics – all of whom were also her teachers. Their long association went beyond professional relationship and helped her understand the unique culture of Stella Maris College.

As she retires from active service, we wish that Ms. Nalini may enjoy many years of peaceful and happy retirement. We pray that she may be blessed with good health, well-being and comfort with her family.



GRACE PAUL

Dr. Grace Paul, Associate Professor, Department of Commerce (Shift II) has worked at Stella Maris College since November 1993 and retires this year after 27 years of service in the institution. During her tenure, Dr. Grace designed courses for both the undergraduate and postgraduate programmes of the Department of Commerce and contributed to the curriculum planning and development. She also served as the Head of the Department of Commerce from 2009 to 2012.

She has served the Department as well as the College on numerous committees and has made valuable contributions to the institution. Dr. Grace Paul's expertise in her area has been recognised widely; she has been an external examiner in various city colleges and evaluator of M.Phil. dissertations and Ph.D. theses.

Gentle, soft-spoken and straight forward, she endears herself to everyone around her. As a teacher, she has instilled confidence in her students and has constructively moulded many young minds. Her empathetic and compassionate nature has earned her a special place in the hearts of her students.

A woman of conviction, Dr. Grace Paul will be remembered as a compassionate, amiable and courteous person who had a distinctive, disciplined approach to her profession. A highly skilled teacher, she always kept herself abreast of recent trends not only in her area of specialisation but in other related areas of Commerce and Business. Her deep sense of involvement and enthusiasm in the academic and student affairs of the college during her career is truly commendable. Having travelled widely to Europe and US for academic and religious mentoring, she brought her experiences from these travels to bear upon her interactions with her students and colleagues.

We thank her for her contribution to this institution and invoke God's abundant blessings on her and her family and wish her a healthy and peaceful retired life.



CRYSTAL

DAVID JOHN



Dr. Crystal David John joined the College in 2000 as an Assistant Professor in the Department of Economics and retires this year after nineteen years of dedicated service.

Over these years, she has found various innovative methods to make her classes interesting and interactive. A tech-savvy person, she has used technology to aid her in various ways. Her knack for connecting theoretical concepts with the practical world makes her pedagogy unique and over the years, has helped students understand and retain concepts easily.

Dr. Crystal David John headed the Department of Economics for five years from 2011 to 2016. She also served as the coordinator of certificate courses of the College.

An open-minded, generous, knowledgeable, modest, courageous and scholarly person, her refined thoughts on gender, feminism and

ecofeminism were popular among students. A highly respected teacher, Dr. Crystal is also a writer and an artist, having published both academic and non-academic works. The twelfth standard Economics textbook for the ISC Board was authored by her and her latest book *Cygnus – The Constellation of Crystal Clear Quotes* was published in November 2019.

In September 2019, the Lions Club of Chennai, Periamet, honoured Dr. Crystal with the Best Teacher Award for 2019-2020. She was also named as one of the Most Promising Educators in Higher Education across India in 2019.

The Stella Maris community would like to thank Dr. Crystal David John for her devoted services to the College and wishes her a happy and fulfilling retired life.

J. BELARMIN



Mr. J. Belarmin, former Office Superintendent, retired on 31 January 2020 after 33 years of dedicated service to Stella Maris College.

Mr. Bellarmin joined the College on 15 April 1986 in the Pay and Accounts Office where he attended to all clerical and typing work. He was then appointed in the government service on 1 July 1987 as Record Clerk. In June 1991 he was promoted as Museum Keeper and in 2011 he was promoted as Store Keeper. After serving for 10 long years as Store Keeper he was promoted as Office Assistant. At the time of his retirement, he had been holding the post of Office Superintendent for ten months.

During his 33 years of tenure, Mr. Belarmin has rendered dedicated service to our College. He

was assigned with various portfolios and has handled all of them skillfully. Although having to deal with stressful situations, he handled them with care, meticulousness and panache. As the person in charge of scholarships, he rendered valuable service to the economically backward students by guiding them and ensuring that the students got the maximum benefits they were eligible for. It was a common sight to see him attending to students even after the scheduled working hours. He performed the skilful task of serving as a bridge between the college management and government officials, coordinating with staff and students with commitment and dignity.

Mr. Belarmin is a composed and down-to-earth person who maintained a friendly relationship with everyone in the office; we can safely say that he has never hurt anyone, knowingly or unknowingly. His staunch faith and prayerful attitude are obvious to anybody he has interacted with.

The Stella Maris community would like to thank Mr. Belarmin for his dedicated services to College. May God Almighty grant peace and happiness to Mr. Belarmin and his family. May he be blessed with success in all his future endeavours.

MARY CLARA RANI

Ms. Rani Francis began her journey at Stella Maris College as a library staff in 1987; initially, she meticulously organised and manually prepared the catalogue for reading materials. When the Stella Maris College library became digital in design, she navigated very intelligently into the digitized environment and helped students access various electronic and digital sources. Ms. Rani has a special place in the hearts of faculty, students, especially the Department of English, and her colleagues in the library. Generations of postgraduate students, faculty and research scholars have benefited from her thorough knowledge and professionalism. She knew the students by name and department, and cheerfully assisted all those who sought her help; she also knew the exact location of most of the books. Her presence in the postgraduate library will always be felt and cherished.

Ms. Rani is responsible, observant, duty conscious and systematic. She is also humble, warm-hearted, person-oriented and simple. Her graceful presence, sense of purpose, passion and commitment to her work enabled her to leave her signature in the annals of Stella Maris College. Having gone through many challenges herself, she has been

extremely resilient. Her life has been a testimony of God's faithfulness and love, which she has never hesitated to share with others. Through her spiritual approach, Ms. Rani found happiness, joy, success and all good things in life. We wish Ms. Rani God's choicest blessings in the words of Romans 8:28-30: "All things work together for good to those who love God".

The Stella Maris Community wishes Ms. Rani God's abundant blessings; may God protect her graciously and guide her steps gently. We wish her happy retirement in the words of Joshua 1:9: "Be strong and courageous. Do not be afraid; for the Lord your God is with you wherever you go."



PHILOMENA



திருப்பாடல் ஆசிரியர் கூறுகின்றார் - ஆண்டவருக்கு நன்றி செலுத்துங்கள் ஏனெனில் அவர் நல்லவர் என்றென்றும் நிலைத்திலுக்கும் அவரது பேரன்பு அரங்கம் முழுவதும் அன்பு நிறைந்த இன் நன்நாளில் Stella Maris கல்லூரி நிர்வாகத்தின் சார்பாக நம்முடைய பாசமிகு பிலோமினா அவர்கள் பற்றி ஒரு சில வார்த்தைகள்.



திரும்பி பார்க்க வைக்கும் முகம் எல்லோருக்கும் இருக்கும்

ஆனால் திரும்ப நினைக்க வைக்கும் குணம் ஒரு சிலருக்கு மட்டுமே இருக்கும்

இந் நற்சான்றிற்கு மிகவும் பொருத்தமானவர் நம்முடைய பிலோமினா அவர்கள். இவர் நம் கல்லூரியில் 1986ம் வருடம் (தன்னுடைய 26வது வயதில்) தற்காலிக பணியில் சேர்க்கப்பட்டார். பின்னர் 1987ம் வருடம் நிரந்தர பணியாளராக பொறுப்பேற்று தம் பணியை தொடர்ந்தார். இவருக்கு 2 பெண் பிள்ளைகள் மற்றும் 1 ஆண் பிள்ளை உண்டு. தனி ஒரு ஆளாக இருந்து தன் பிள்ளைகளை பேணி வளர்த்து உரிய வயதில் அவர்களுக்கு திருமணம் செய்து வைத்து இன்று தனது பேரப்பிள்ளைகளின் வளர்ச்சிகளை கண்டு மகிழ்ந்து கொண்டிருப்பவர்.

கோபமாய் பேசினால் குணத்தை இழப்பாய்

அதிகமாக பேசினால் அர்த்தத்தை இழப்பாய்

ஆனவமாய் பேசினால் அன்பை இழப்பாய்

சிந்தித்து சிரித்து பேசினால் சிறப்பாய் வாழ்வாய் என்ற இந்த சிறு கவிதை நம்முடைய பிலோமினா அவர்களின் பணி வாழ்விற்கு சரியாக பொருந்தும் என்று நினைக்கின்றேன்

இவர் பார்ப்பதற்கு மிகவும் எளிமையாக அன்பாக பண்பாக பாசமாக பழகுவதற்கு மிகவும் இனிமையாக இன்முகத்துடன் அனைவரிடமும் பழகுவார் தன்னுடைய இயல்பான சுறுசுறுப்பினால் வேலையை எளிதாக கற்று எல்லோருடைய மனதிலும் நீங்கா இடம் பெற்றவர். 1986ஆம் ஆண்டு முதல் 1991ம் ஆண்டு வரை Main Blockல் உள்ள சின்ன சின்ன பணிகளை கடமை தவறாமல் சிறப்பாக செய்து வந்தார்

கல்லூரி நூலகத்திலும் குறுகிய காலம் பணி செய்தார். இவரை கல்லூரி நிர்வாகம்

1991ம் வருடம் விலங்கியல் துறை ஆய்வக கூடத்திற்கு பணி மாற்றம் செய்தார்கள். அன்றிலிருந்து இன்று வரை 29வருட காலமாக ஆய்வக கூடத்தில் நிரந்தரமாக பணி ஆற்றி வருகின்றார். இவர் வரும் ஏப்ரல் மாதம் பணி ஓய்வு பெறவிருக்கின்றார். இவர் விலங்கியல் துறை ஆய்வக கூடத்திற்கு ஒரு மிகப் பெரிய சொத்து என்று தான் சொல்ல வேண்டும். இத்துறையில் எந்த ஒரு நிகழ்ச்சி நடைபெற்றாலும் இவருடைய பொறுப்புள்ள பங்களிப்பு நிச்சயம் இருக்கும். இவருக்கு இணை இவர் மட்டும் தான் என்று கூறவேண்டும். ஏறும்பைபோல் சுறுசுறுப்பானவர் எளிதில் சோர்வடையாதவர், கடுமையாக உழைப்பவர். அருட்சகோதரிகள்இ ஆசிரியைகள் தன்னுடைய உடன் பணியாளர்கள் மனதில் மட்டும் அல்லாமல் மாணவிகள் மனதிலும் இன்றும் இளம் பிலோ அக்காவாக தடத்தை பதித்தவர். மேலும் இவருடைய துறைக்கு யார் வந்தாலும் இவருடைய இன்முக வரவேற்பு இ உபசர்ப்பு அனைவருக்கும் மகிழ்ச்சி அளிக்க கூடியது.

அன்னை தெராசாள் அழகாக சொல்வார்

கஷ்டப்படுகின்றவர்களிடம் சிரிப்பு இருக்காது

சிரிக்கின்றவர்களிடம் கஷ்டம் இருக்காது ஆனால்

கஷ்டத்திலும் சிரிக்கின்றவர்களிடம் தோல்வி இருக்காது - என்ற இந்த ஆழமான அர்த்தமுள்ள வார்த்தையை இவருடைய தனிப்பட்ட வாழ்வில் நிரூபித்து காட்டியவர் தன்னுடைய கணவரை இழந்த தருணத்திலும் துவண்டுவிடாமல் வாழ்க்கை பயணத்தில் வெற்றி அடைந்து வாழ்த்து மகிழ்ச்சி கண்டார் ஒரு அன்பு தாயாக இவர் நம்மை விட்டு மிக விரைவில் பணிநிறைவு பெற்று சென்றாலும் இவரைப் பற்றிய எண்ணங்கள் நினைவுகள் நம்மைவிட்டுள்ளும் நீங்காது. நம்முடைய அன்புச் சகோதரி திருமதி பிலோமினா அவர்களுக்கு நீண்ட ஆயுளையும் நிம்மதியான வாழ்வையும் வழங்கி இவர்கள் குடும்பத்தையும் நிறைவாய் ஆசிரிவதிக்க வேண்டுமென்று எல்லாம் வல்ல இறைவனிடம் உளமாற வேண்டுகிறேன்.

மகிழ்வான தருணங்கள் இனிமையாக மலரட்டும்

இனிவரும் காலங்களில்

நெகிழ்வான நேசங்கள் நிறைவாக இணையட்டும் என்று வாழ்த்தி விடைபெறுகின்றேன். நன்றி. வணக்கம்.



COLLEGE ACTIVITIES

THE STUDENTS' UNION

With 'Envision' as its theme, Students' Union 2019-20 strove to enhance the campus life of the student body through various events and activities throughout the year. It used every opportunity to manifest its motto 'Enable. Emerge. Excel' by basing the agenda for the year on the same. Working alongside the management and the students, the Students' Union conducted various programs while also implementing new initiatives.

The first event of the Students' Union for the academic year was the 'Freshers' Assembly,' an official welcome organised for the incoming batch of students. After this, the Union helped coordinate 'Freshers' Orientation' wherein the newcomers were introduced to various aspects of the College. The Union conducted elections for the posts of Class Representatives and



Assistant Class Representatives; the elected representatives were later oriented in the Leadership Orientation programme at which an Executive Representative was also elected for each year. The 'Logo Unveiling Ceremony' saw the investiture of the Students' Union members and the presentation of their logo.

The Union also assisted the management in organising the Inaugural Mass and Christmas Fete while working alongside the NCC, NSS and Sports Departments in celebrating National Sports Day by taking part in the live telecast of Fit India Movement organised by the central government. Along with this, it also commemorated the 'National Constitution Day' and 'National Pollution Control Day.'

Other special days organised included the 'International Yoga Day,' and 'Nelson Mandela Day'. The Union also organised a number of programs for Independence Day, Diwali, Friendship Day, Teachers' Day, Entrepreneurs' Day, Ethnic Day and Non-teaching Staff Day. The Students' Union collaborated with the IQAC in organising a 'Workshop on the New Education Programme' and the International Conference titled 'Shaping Women Leaders.'



Left: Aquilae

Above: Freshers' Welcome



Above: Onam celebrations

Below: Interyears



The various clubs in College are a platform for students to creatively channelise their many talents. A number of club-related activities such as Club Orientation, Club Fair, Club Workshops and Club Day–Horizon were organised for the student body. The Union also arranged Student Council Meeting and Club Council Meeting in both the semesters to address issues faced by the students and to review the performance of clubs respectively.

This year, the Students' Union hosted the three main annual cultural fests—the Freshers' Talent Hunt, the annual inter-year cultural competition and 'Aquilae', the annual intercollegiate cultural festival. It also conducted a 'Carol Singing Competition' during Christmas. 'Dakshin Utsav,' a week-long celebration of cultures of different states in South India and 'Namaste North–Desi Dance Night,' a DJ dance night for the students were two of the novel ventures introduced by the Union. Apart from these, 'Campus Radio – Hey Stella!' a platform for student radio jockeys and the first ever radio in the history of Stella Maris College was also introduced.





In keeping with their social theme for the year, the Students' Union organised a number of programmes related to mental health such as the Mental Health Week, the 'Mental Health and Wellbeing' workshop and the 'Happiness Project'.

The members of the Students' Union 2019-2020 look back with a sense of pride and satisfaction at the myriad activities that made campus life active and enriching this academic year.



Left: Friendship Day
Above: Teacher's Day



The National Cadet Corps has a rich tradition of moulding the youth of the nation into well trained and motivated leaders. This year the cadets of Stella Maris NCC Company participated and excelled in a number of camps. Their achievements at the state, national and international levels are commendable.

On 21 June 2019, 37 Army Cadets and 12 Naval Cadets participated in the International Yoga Day Celebrations. The Inaugural Camp was held at Stella Maris College on 2 and 3 August 2019. This camp was conducted to trigger a sense of competition and bring out the talents of the first year cadets. This year saw the introduction of a separate Naval Wing for the very first time in Stella Maris College. This was inaugurated on 5 October 2019 and was presided over by Commodore Malay K Kukreti, Deputy Director General NCC of the Tamil Nadu, Puducherry and Andaman and Nicobar Directorate. Ms. Swati Seshadri, Assistant Professor, Department of Economics took charge as the Caretaker of the Naval Wing of Stella Maris NCC Company.

The Inter-Platoon Competition was conducted among the four companies namely Alpha, Bravo, Charlie and Delta on 10 and 11 December 2019. The Stella Maris NCC Company celebrations in

the Annual NCC Day was held on 19 February 2020.

Commodore S Shyam Sundar, Naval Officer In-charge (Tamil Nadu and Puducherry) INS Adyar presided over the event as the Chief Guest. Sergeant Malathi of third year B.Com. (Shift II) was awarded the Best Sergeant and CUO Ponsharmini R of third year B.Sc. Physics was awarded Best Cadet Under Officer for the year 2019-20. Charlie Platoon was awarded the Best Outgoing Platoon and Bravo Platoon was awarded the Best Competing Platoon for the year 2019-20. SUO Swathi T of third year B.Sc. Physics, SCC Varshini V of third year B.A. Economics and Cadet Sergeant Priyanka S of third year B.A. Economics were awarded the Best Cado Leaders for Army, Navy and Air Wing respectively for the year 2019-20. SUO Arockia Rexi F of third year B.Sc. Mathematics (Shift I) was awarded the Best Outgoing Cadet for the academic year 2019-20.





The B-Certificate Examination was held on 8 and 9 February 2020, 25 Army Cadets, seven Naval Cadets and four Air Wing Cadets attended the same. The C- Certificate Examination was held on 29 February 2020 and 1 March 2020, 20 Army Cadets, six Naval Cadets and one Airwing Cadet attended the same.

On 14th March 2020, Dr. Jayalakshmi, Assistant Professor, Department of Economics was commissioned as Lieutenant at the Passing Out Parade in OTA Gwalior after undergoing the Officers' Training for three months and became the Associate NCC Officer of the Army Wing of Stella Maris NCC Company. SCC Varshini V of third year B.A. Economics participated in the Youth Exchange Programme held at Bangladesh from 2nd to 28th December 2019.

STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENTS
Angelin M II B.Sc. Mathematics (Shift I)	All India Republic Day Camp at New Delhi from 27 December 2019 to 6 February 2020	National	Part of Contingent that Marched for Prime Minister's Rally on 28 January 2020
Mary Stepheena D S II B.Com. (Shift II)	All India Republic Day Camp at New Delhi from 27 December 2019 to 6 February 2020	National	All India Guard of Honor for the Prime Minister's Rally on 28 January 2020
Sahana Samantha Rajesh II B.Sc. Zoology	All India Republic Day Camp at New Delhi from 27 December 2019 to 6 February 2020	National	Participated and represented Tamil Nadu Puducherry and Andaman & Nicobar Directorate as Best Cadet in the All India Republic Day Camp
Preethi Kumaran II B.Com. (Shift II)	All India Republic Day Camp at New Delhi from 27 December 2019 to 6 February 2020	National	All India Rajpath Contingent January 2020
P J Roubel II B.Sc. Mathematics (Shift I)	All India Republic Day Camp at New Delhi from 27 December 2019 to 6 February 2020	National	Represented Tamil Nadu, Puducherry and Andaman and Nicobar Directorate in the Cultural Competitions held in New Delhi in January 2020 Gold Medallist in Ballet
Sneha Petricia II B.Sc. Botany	EBSB Cultural Camp, Republic Day Camp New Delhi	National	Selected to participate
Varshini V III B. A. Economics	Youth Exchange Programme to Bangladesh held from 2 to 28 December 2019	International	Selected to participate



STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENTS
Eight third year Army and naval cadets	Nilgiri Trekking Camp held from 27 April to 4 May 2019	State	Participated
Four second year Army cadets	IGC TSC Camp at NTA Idayapatti, Madurai from 9 to 18 July 2019	State	Selected to participate
Amali Jecintha II B.Sc. Mathematics (Shift I) Nikitha II B.A. Economics Evangaline II B.A. Economics Anupama II B.A. Sociology Sreeshma II B.Com. (Shift II) Kousalya II B.A. History and Tourism Ruffina II B.A. English Literature	CATC cum RDC Training Camp at KRM Public School from 22 September 2019 to 1 October 2019	Interunit	Gold Medallist in Contingent Drill Gold Medallist in Solo Singing Gold Medallist in MC Silver Medallist in Quiz Silver Medallist in Extempore



STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENTS
Reshma P II B.Com. (Shift I) Angelin M II B.Sc. Mathematics (Shift I) Mary Stepheena D S II B.Com. (Shift II) Sneha Petricia II B.Sc. Botany Tracy Abigil George II B.Com. (Shift II)	CATC cum RDC cum Inter Group Camp at Sairam Engineering College from 11 to 20 October 2019	State	Gold Medallist in Contingent Drill Gold Medallist in Group Song Gold Medallist in Ballet Gold Medallist in Group Dance Won overall second place for Madras A
Agnes Suchitra II B.Sc. Mathematics (Shift II) Darnel Jenu R II B.Sc. Mathematics (Shift II)	Thal Sainik Camp DTE Training Camp held from 13 to 29 September 2019	National	Bronze Medallist in Health and Hygiene
Niveditha K III B.A. History and Tourism	Army Attachment Camp OTA Chennai held from 16 th to 21 September 2019	National	Gold Medallist in Contingent Dill Gold Medallist in Volleyball

STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENT
Falak Kochar II B.Sc. Zoology	Combined Annual Training Camp, Pachaiyappa's College held from 13 to 22 May 2019	Unit	Gold Medal for Best Cadet Service Subject Silver Medallist in Rigging Silver Medallist in Semaphore
	Scuba Diving Camp, Anna Swimming Pool held from 8 to 12 July 2019	Unit	Gold Medallist in Best Diver Silver Medallist in Swimming
	Inter Unit Competition at NCC Training Area Pondicherry held from 3 to 12 August 2019	State	Gold Medal for Best Cadet Gold Medallist in Seamanship Gold Medallist in Contingent Drill Silver Medallist in Boat Pulling Bronze Medallist in Cultural
	All India Nau Sainik Camp, Visakhapatnam held from 2 to 14 October 2019	National	Gold Medallist Boat Pulling
Daisy V II B.A. History and Tourism	Inter Unit Competition at NCC Training Area Pondicherry held from 3 to 12 August 2019	State	Gold Medallist in Contingent Drill Silver Medallist in Boat Pulling Bronze Medallist in Cultural
	All India Nau Sainik Camp, Visakhapatnam held from 2 to 14 October 2019	National	Gold Medallist in Boat Pulling



ACTIVITIES & ACHIEVEMENTS OF NCC CADETS

STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENTS
Kaviselvi K II B.Com. (Shift II)	Combined Annual Training Camp, Pachaiyappa's College held from 13 to 22 May 2019	Unit	Gold Medallist in Rigging Gold Medallist in Semaphore Gold Medallist in Cross Country
	Scuba Diving Camp, Anna Swimming Pool held from 8 to 12 July 2019	Unit	Gold Medallist in Swimming
	Inter Unit Competition at NCC Training Area Pondicherry held from 3 to 12 August 2019	State	Gold Medallist in Contingent Drill Silver Medallist in Boat Pulling Bronze Medallist in Cultural
	All India Nau Sainik Camp, Visakhapatnam held from 2 to 14 October 2019	National	Gold Medallist in Boat Pulling
Shreya R III B.A. Sociology	Para Basic Camp, Para Training School Agra held from 29 August 2019 to 26 September 2019	National	Selected to participate
Sahana Samanthan Rajesh II B.Sc. Zoology	Inter Group Competition, Sairam Engineering College Held from 11 to 20 October 2019	State	Silver medal for Best Cadet

STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENTS
Two second year naval cadets and two third year Army cadets	EBSB Camp at Periyar Maniammai Institute of Science and Technology Vallam held from 11 to 22 November 2019	State	Participated
Three third year Army cadets	EBSB Camp at Noorul Islam Center for Higher Education, Kanyakumari from 11 to 22 November 2019	State	Participated
Two third year Army and Air Wing Cadets	Rock Climbing Training Camp held from 14 to 25 November at Gwalior	National	Participated
Two third year Naval cadets	All India Annual Training Camp at Indian Naval Academy Ezhimala held from 9 to 20 January 2020	National	Participated
Four second year army navy and air cadets	Madras Republic Day Parade on 26 January 2020	District	Participated
Shalini I B.Sc. Mathematics (Shift II) Raksha I B.Sc. Mathematics (Shift II)	Theagaraya Fest at Sir Theagaraya College held from 22 to 23 February 2020	Intercollegiate	Silver Medallist in Survival Bronze Medallist in Cross Country



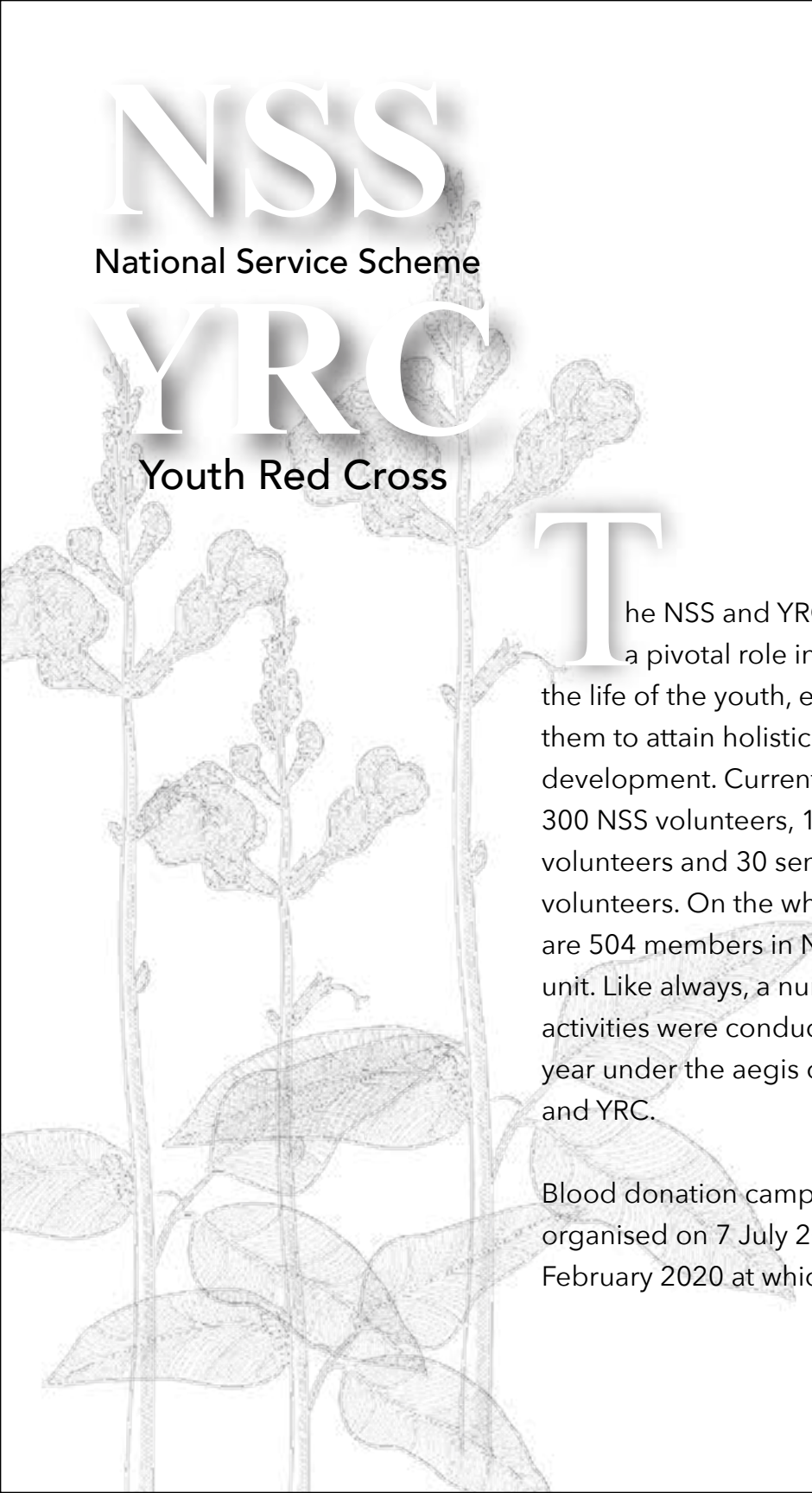
ACTIVITIES & ACHIEVEMENTS OF CADETS



ACTIVITIES & ACHIEVEMENTS OF NCC CADETS

STUDENT	CAMP/ ACTIVITY	LEVEL	ACHIEVEMENT
Keertanaa I B.Sc. Zoology	CADOALPHA at Alpha Arts and Science College Chennai held from 22 to 23 February 2020	Intercollegiate	Best Cadet -Gold Medal
P Suja I B.Com. (Shift II)	CADOFEST at D G Vaishnav College, Chennai held from 24 to 26 February 2020	Intercollegiate	Gold Medallist in Cross Country
Aishwarya I B.A. Sociology			Gold Medal for Best Cadet
Sonali Kumari I B.B.A.			Bronze Medallist in Cross Country
Josna I B.A. History and Tourism			Bronze Medallist in TSC





NSS

National Service Scheme

YRC

Youth Red Cross


The NSS and YRC unit plays a pivotal role in molding the life of the youth, enabling them to attain holistic development. Currently there are 300 NSS volunteers, 174 YRC volunteers and 30 senior volunteers. On the whole there are 504 members in NSS & YRC unit. Like always, a number of activities were conducted this year under the aegis of the NSS and YRC.

Blood donation camps were organised on 7 July 2019 and 6 February 2020 at which a total of

around 350 students donated blood; the NSS and YRC received the Dr. Radhakrishnan Rolling trophy for the ninth consecutive year for mobilising the maximum number of donors among women's colleges in Chennai city. The NSS Programme Officer Dr. Nirmala Alex was the recipient of the Best Teacher Award for Promoting Peace, awarded by the Gandhi Peace Foundation to commemorate the 150th Birth Anniversary of Mahatma Gandhi. Sr. Sahaya Theresa and Dr. D.Nanthamil Nangai also received appreciation awards for serving humanity from the Gandhi Peace Foundation; Dr. Nangai received the 'Teacher for Peace Award'.

NSS volunteers participated in a number of programmes this year. Ms. Dharshini K. of

second year B.Com. participated in the 70th Republic Day parade at New Delhi. Ms. Linda Maan Gangmei third year B.A. Sociology was selected to represent the NSS unit of Stella Maris College in the inter-state tribal youth exchange programme organised by the Ministry of Youth Affairs and Sports, Government of India from 2 March 2020 to 8 March 2020 at the Don Bosco Institute Kharguli, Guwahati Assam. Several competitions were held this year to mark the 70th celebration of the Geneva Convention. Ms Vidya. M of second year B.Sc. Mathematics participated in the celebrations conducted by the Indian Red Cross Society at Egmore and won the second prize in the Tamil oratorical competition.





The NSS Annual Rural Camp of Stella Maris College was held from 5 January 2020 to 11 January 2020 at Thirupachur village in Thiruvallur district. The theme of the camp was 'Healthy Youth for Healthy India'.

Unnat Bharat Abhiyan, a flagship programme of the Ministry of Human Resource Development, Government of India, was launched with a vision to enrich rural India. The programme was initiated at Tirusulam, Moovarasampettai, Chowl Bazaar, Zamin Pallavaram and Oragadam and was coordinated by Dr. Nirmala Alex assisted by Sr. Sahaya Theresa and Ms. Harriet Sathyavathi. Fifty volunteers actively participated in the project during summer holidays. Interventions such as awareness campaigns, cultural engagement, door to door visits, rallies, movie screenings, waste collection drives, helping the Panchayat to set up a bio gas plant etc. were made.

Two workshops were conducted on Gandhian philosophy to mark the sesquicentennial of Mahatma Gandhi's birth anniversary; on 2 October 2019 in Rosary Matriculation Higher Secondary School and





on 30 January 2020 for volunteers and students of our College. To sensitise the youth to the relevance of eye donation, a mega event was organised at Stella Maris College in collaboration with Sankara Nethralaya. Ms. Nirmala Kurien, General Manager, Human Resources at Sankara Nethralaya Eye Hospital graced the occasion.

A massive tree plantation drive was held on 1 January 2020 in collaboration with Green Kalam by distributing saplings across Chennai city. National Voters Day was observed by organising an intercollegiate skit competition on the theme 'Electoral Responsibility for a Stronger Democracy'. The events of the year culminated in the celebration of the Annual NSS and YRC day on 15 February 2020. The chief guests for the program were Padma Bhushan Smt. Krishnammal Jagannathan and Shri. R. S. Gopalan, IAS, Deputy Director General, UIDAI Regional Office, Bangalore.

SPORTS



S tella Maris College has always encouraged students to train and participate in many sports and games in the firm belief that this is an integral part of education. To this end, students are trained by professional coaches in a number of sports and games. This year, we had the opportunity to organise the Madras University B. Zone Tennis Intercollegiate tournament.

Like always, this year too, our students made a mark in the various tournaments they participated in. Two of our students represented India at international tournaments, while 14 students represented Tamil Nadu state, 13 were part of University of Madras teams, and an impressive 32 students were selected to represent the University of Madras B-Zone teams.

In the 6th Federation Cup Youth Rural Games 2019 held at Goa, Lalithangi. R. of first year B.Com secured Gold Medal in the 400 metres race. In the 35th Junior National Athletic Championship held at Guntur from 2 Nov to 6 Nov 2019, Santra Teresa Martin of first year B.A. History won the Silver Medal in the 200 metres race and the Bronze Medal in 4x100 metres Relay. She also won the Gold Medal in the 100 metres and the Silver in the 200 metres in the Junior State Athletic Championship held in Chennai.

In the 52nd Sir A.L. Mudaliar Athletic Meet, K. Anitha, of first year MSc. Mathematics secured won the Silver Medal in Long Jump. In this meet our College relay team won the Silver Medal in 4x100



metres event. Maria Ashita of second year B.A. History represented India in the World Fencing Championship held at Budapest, Hungary from 15 July 2019 to 25 July 2019. In the 27th Junior National Fencing Championship held at Bhopal from 9 to 12 November 2019, she won the Bronze Medal in Foil. She also secured Gold Medal in Foil in the Tamil Nadu State Fencing Championship held at Madurai from 30 November to 1 December 2019. In the same Championship, V. Hinduja of second year B.A. History secured the Gold Medal in Épée

Surekha Ponmurugan of first year B.Com CS won the Gold Medal in Archery in the First Federation Cup National Rural Games Championship 2019 held at Munnar, Kerala. She also won the Gold Medal in the Youth Games All India National Championship held at Jaipur, Rajasthan. She secured yet another Gold Medal in the All India Inter State Championship 2019-20 organised by the Sports Development of Board at Jammu and Kashmir.

Sharon Samson of third year B.Com CS was selected to represent the University of Madras for the All India Inter University Tennis Tournament held at Gwalior; the team emerged the runners up in this. Bhadra A of second year B.A. Sociology, was selected to represent the University of Madras for the All India Inter University Squash Tournament; the team emerged the winners in the tournament.



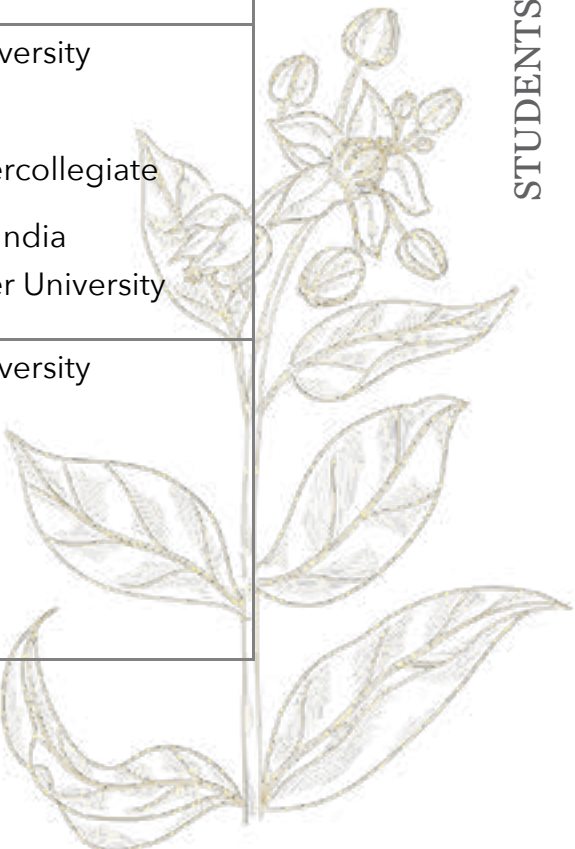
Subali Ashok of second year B.A. Economics secured the Gold Medal in Air Pistol-10 m in the 45th Tamil Nadu State Shooting Championship held at Coimbatore.

A number of our students participated in national tournaments. Aneeqha Ambreen of first year BBA qualified to participate in the National Shooting Championship while Sandhiya G of second year B.Com CS participated in the II India Open International G-1 Taekwondo Championship 2019 held at Hyderabad and J. Jyothi of second year B.Com participated in the South Zone Inter University and Senior National Handball championships. A. Riya Sharon of third year B.Com participated in the KHELO Games (Basketball) held at Bhuvaneswar at which the team emerged Winners.



Game	Student	Achievement	Level
ARCHERY	Surekha Ponmurugan I B.Com. (CS)	<ul style="list-style-type: none">• Gold medallist in the 1st All India Open Rural Games Archery Championship held at Mettur, Salem.• Gold medallist in the Sports Development Board of India Archery Women Championship held at Jammu and Kashmir.• Gold medallist at the Youth Games All India National Archery Championship in Senior Category held at Jaipur, Rajasthan.• Gold medallist in women's category at the 1st Federation Cup National Rural Games Championship held at Munnar Kerala.• Represented University of Madras at the All India Inter University Archery Tournament held at KIIT Bhubaneswar.	National National National National All India Inter University
	Christina Niharitha Suresh II B.Sc. Zoology	<ul style="list-style-type: none">• Represented University of Madras for the All India Inter University Archery Tournament held at KIIT Bhubaneswar	All India Inter University

ATHLETICS	Lalithangi. R. B.Com	<ul style="list-style-type: none"> Gold medallist in 400 metres in Sixth Federation Cup Youth Rural Games held at Goa. 	National
	Santra Teresa Martin B.A History	<ul style="list-style-type: none"> Silver medallist in 200 metres in 35th Junior National Athletics Championship held at Guntur. Bronze medallist in 4x400 metres Relay in 35th Junir National Athletics Championship held at Guntur. Gold medallist in 100 metres race & Silver medallist in 200 metres race in 34th Tamil Nadu Inter District Junior Athletic Meet held at Nehru stadium Chennai. Silver medallist in 100 metres race and Silver medallist in 200 metres race in the 33rd Tamil Nadu State Junior Open Athletic Meet held at Erode. Gold medallist in 100 metres race in the University of Madras B Zone Inter-Collegiate. 	National
	K.Anitha M.Sc. Mathematics	<ul style="list-style-type: none"> Silver medallist in Long Jump in the Dr. A.L Mudaliar Athletic Meet held at Nehru Stadium Chennai. Gold medallist in Long Jump and Silver medallist in 100 metres race in the University of Madras B Zone Inter-Collegiate Tournament. Participated in the All India Inter-University Athletic Meet held at Mangalore. 	University Intercollegiate All India Inter University
	K. Anitha M.Sc. Mathematics Santra Teresa Martin B.A. History R. P. Sindhuja B.A. Sociology Jeevitha B.Com. (A&F)	<ul style="list-style-type: none"> Silver medallists in the 4x00 metres Relay in the Dr. A.L Mudaliar Athletic Meet held at Nehru Stadium Chennai. 	University



ATHLETICS	K. Anitha M.Sc. Mathematics Santra Teresa Martin B.A. History R. P. Sindhuja III B.A. Sociology R. Lalithangi B.Com.	<ul style="list-style-type: none"> Gold medallists in the 4x100 metres Relay in the University of Madras B Zone Inter-Collegiate 	Inter-collegiate
	R.P. Sindhuja III B.A. Sociology	<ul style="list-style-type: none"> Gold medallist in Long Jump and Bronze medallist in Triple Jump in the Chennai District Athletic Meet held at Chennai. Participated in the Reliance Foundation Youth Sports National Athletic Championship held at Mumbai. 	District National
FENCING	Maria Akshita. C II B.A. History	<ul style="list-style-type: none"> Participated in the World Fencing Championship at Budapest in Hungary. Bronze medallist in Foil at the 27th Junior National Fencing Championship held at Bhopal, Madhya Pradesh. Gold medallist in Foil at the 30th senior state fencing championship held at Madurai. Gold medallist in Foil in the 27th State Junior Fencing Championship 2019 held at Kanyakumari. Silver medallist in Foil in the Under 23 District Fencing Championship held at Chennai. 	International National State State District
	V, Hindhuja II B.A. History	<ul style="list-style-type: none"> Gold medallist in Epee and Silver medallist in individual event at the 30th Senior State Fencing Championship held in Madurai. Gold medallist in Epee at the Under 23 District Fencing Championship held at Chennai. Gold medallist in Epee in the 12th District Fencing Championship held at Chennai. Gold medallist in Epee in the 27th State Junior Fencing Championship 2019 held at Kanyakumari. Participated in 30th Senior National Fencing Championship held at New Delhi 	State District District State National



BASKETBALL	A Ria Sharon III B.Com. S Rajeshwari III B.A. History Sudarkodhi III B.A. History Sahaya Rose Venentia II B.Sc. Chemistry C.V. Aarchisha II B.A. Economics Andria Elizabeth II B.Com. J. Jeslin II B.Sc. Maths Sanjana K I B.Com. Vasundhara P I B.C.A. Divine Angel I B.A. English	<ul style="list-style-type: none">Winners of third place in Madras B. Zone Intercollegiate Tournament	Intercollegiate
	A Ria Sharon III B. Com. Sudarkodhi III B.A. History Sahaya Rose Venentia II B.Sc. Chemistry J. Jeslin II B.Sc. Maths	<ul style="list-style-type: none">Winners of third place in Madras University Interzone Tournament	Interzone
	A Ria Sharon III B.Com.	<ul style="list-style-type: none">Member of team that emerged Runners Up in South zone Inter University Tournament held at S.R.M. University, ChennaiMember of team that won the Khelo Games held at Bhubaneswar	South Zone Inter-University National


HANDBALL	A Princy III B.A. English T. Samyuktha II B.Com. J. Jyothi II B.Com.. CS Judith R.P II B.A Economics Subiksha, K. II B.C.A. Rithika Meriyam I B.Sc. Psychology Celshya. P I B.Com. Ragashivani I B.S.W. J. Varsha I B.A. History Maria Arshita C I B.A. History	<ul style="list-style-type: none">• Runners up in Inter Collegiate Tournament held at WCC	Inter-collegiate
	Princy III B.A. English J.Jyothi II B.Com. (CS) Samyuktha.T II B.Com. Judith II B.A. Economics Rithika Meriyam I B.Sc. Psychology Subiksha. K II B.C.A. Celshya. P I B.Com.	<ul style="list-style-type: none">• Runners up in the Madras University Interzone Tournament.	Interzone
	J.Jyothi II B.Com.(CS) Samyuktha. T II B.Com. Judith II B.A. Economics Rithika Meriyam I B.Sc. Psychology	<ul style="list-style-type: none">• Participated in Ek Bharat, Shreshta Bharath 2019-20 organised by Handball Federation of India held at Indore.	National
	J. Jyothi II B.Com. (CS)	<ul style="list-style-type: none">• Participated in South Zone Inter University Tournament at Calicut.• Participated in the Senior National Handball Championship held at New Delhi.	South Zone Inter-University National

HOCKEY	Karthiga R II M. Com. Preethi J II M.Com. Akshaya D II M.Com. Anjelika Swetha S. P. II M. Com Keerthana B I M.A. Public Relations Lavanya M III B.Com. Gayatri K.S III B.A. Sociology Durga Devi S III B.Com. Poornima R III B.Com. V. Vidhya II B.Com. D. Sheeja Berna II B.Sc. Mathematics M. Maheswari II B.Sc. Mathematics Gayathri M II B.C.A. Nisha Mariya V I B.Com Jyoshita Sri K. A. I B.Com Yamini. S. I B.Sc Zoology Karunyaa. V I B.Sc. Botany	<ul style="list-style-type: none"> • Runners up in the Madras University B. Zone Inter-Collegiate. • Runners up in the Madras University Interzone tournament. 	Intercollegiate University
	Karthiga R II.M. Com Durga Devi S III B.Com Poornima R III B.Com M. Maheswari II B.Sc Mathematics	<ul style="list-style-type: none"> • Participated in the South Zone Inter University Tournament held at TNPESU, Chennai. 	South Zone Inter University



TENNIS	Sharon Samson III B.Com. CS Anjana Kaushik II B.B.A. Manohari N II B.B.A. Ashwinda Anand II B.A. Economics	<ul style="list-style-type: none">• Third place in the Madras University B. Zone Inter Collegiate Tournament.	Intercollegiate
	Sharon Samson III B.Com. CS Anjana Kaushik II B.B.A.	<ul style="list-style-type: none">• Runners up in the Madras University Interzone Tournament.	Interzone
	Sharon Samson III B. Com. CS Manohari N II B.B.A.	<ul style="list-style-type: none">• Runners up in the IIT Sports fest 2019-2010 held at IIT Chennai.	Intercollegiate
	Anjana Kaushik II B.B.A. Manohari N II B.B.A. Ashwinda Anand II B.A.Economics	<ul style="list-style-type: none">• Winners in WASPO 2019-2020 held at Ethiraj College.• Winners of third place in the SSN Trophy 2020 organised by SSN College of Engineering.	Intercollegiate National
	Sharon Samson III B. Com. CS	<ul style="list-style-type: none">• Runner up in the South Zone Inter University Tennis Tournament held at Gitam University, Andhra University.• Runner up in the All India Inter University Tennis Tournament held at Gwalior.	South Zone Inter University All India Inter University
TABLE TENNIS	R. Divya III B. Com. K. Harini II B.C.A. Christi Joshi Roy II B.B.A.	<ul style="list-style-type: none">• Runner up in the Madras University B-Zone.	Intercollegiate

ROWING	Tulsi Sriram II B.V.A.	<ul style="list-style-type: none"> Silver Medallist in Junior Women's Single Scull at first State Indoor Rowing Championship held at Chennai Bronze medallist in Women's Single Scull Second Open State Rowing Championship. Participated in the 38th Senior National Women's Championship. 	State State National
SHOOTING	Subali Ashok II B.A. Economics Aneeqha Ambreen I B.B.A.	<ul style="list-style-type: none"> Gold medallist in the air pistol 10 metres Junior (Women) at the 45th Tamil Nadu State Shooting Championship held at Coimbatore Participated in the National Shooting Championship Participated in the All India Inter University Shooting Championship. 	State National All India Inter University
SQUASH	Bhadra A II B.A. Sociology	<ul style="list-style-type: none"> Winner at the All India Inter university tournament held at Mangalore. 	All India Inter University
TAEKWONDO	G. Sandhya I B.Com.	<ul style="list-style-type: none"> Participated in the 2nd India Open International G-1 Taekwondo Championship 2019 held at GMC Balayogi Indoor Stadium Hyderabad. 	International
VOLLEYBALL	Preethi V III B.Sc. Zoology Sneha. K I B.A. Economics Immaculate Bernardh R II B.Sc. Physics Catherine Sheryl Morail II B.Sc. Physics Anu Reshma. M I. B.Com. S. Divya I. B.Com. P. Aarathi I B.Com. Shalini K. V I B.Com.	<ul style="list-style-type: none"> Winners of third place in State Level Intercollegiate tournament organised by JBAS College, Chennai. 	State Level



LIBRARY

The Stella Maris College Library has an impressive collection of varied sources of information available in the form of books, periodicals, newspapers, manuscripts, CDs, cassettes, DVDs, e-books, e-journals and databases made accessible to the College community for reference or borrowing. It provides physical and digital access to library materials.

The Library expanded its collection this year to 1,11,369 books and 112 print journals, 1743 thesis and 12 dailies, besides having online access to 9974 e-journals through EBSCO, Questia and N-List.

The Library also conducted a number of Information Literacy programmes this year. The academic year began with 'Know your Library'



Left: Mahalakshmi Viva Voce

Below: RFID Gate



sessions for the new batch of students and newly recruited staff. A book exhibition which showcased an array of academic books by five publishers was organised on 24 September 2019. An EBSCO Database Training was conducted for first year postgraduate students on 5 December 2019. Books from the Remedial Section were distributed to the respective departments in August 2019.

The College has taken special efforts to promote Massive Open Online Courses (MOOCs) in College. To this end, it has established a Local Chapter with the Indian Institute of Technology Madras for the NPTEL Programme, a project funded by MHRD. This year, between January 2019 and October 2019, 82 students passed the NPTEL online certification examination; of these 8 emerged toppers. Our College has been listed as an 'Active Local Chapter' of the NPTEL Programme for this period.

Infrastructure facilities were also improved this year. A new RFID Security System Gate was procured for the postgraduate library in November 2019; a new barcode scanner that records the in & out timings of the library users was also installed in March 2020.



The Librarian Ms. Mahalakshmi completed her Ph.D. in Library & Information Science on 28 June 2019 from Bharathiar University. Her close involvement with the coordination of the MOOC programme in College has been recognised widely; she has been a resource person on the topic and has been recognised as an active SPOC (Single Person of Contact) for the fifth consecutive time for the SWAYAM-NPTEL Online Certification Programme by Indian Institute of Technology, Madras for the July-December 2019 Semester.

STELLA ARCHIVES



Stellarchives was instituted in 2010 with the goal of ensuring easy access to essential evidentiary material of the institution's past and present. To popularise and publicise its activities and work, the Archivist, Sr. Jebamalai Iruthiaraj, in collaboration with the students of the Department of History arranged a two day exhibition titled 'Touchstones of Stellarchives' on 18 and 19 September 2019. This was the first time that Stellarchives had organised a poly-thematic exhibition. Circular panels were designed exclusively for the exhibition which was held in the open air theatre. It featured photographs of principals, former and current, with descriptions of their contribution to the development of the College, milestones of the College, gold medalists, significant visitors, notable alumnae, the history of the buildings, and origin and development of the Department of History. The exhibition also included the awards received by the faculty, and the books written by our own faculty and the students.

With conservation and updating given equal priority this year; the archives page in DSpace was updated with newspaper articles, e-books, reports and other relevant documents. Stellarchives also

organised a training programme for the students in document maintenance skills. The archive treasures 371 rare and ancient books; some of these are more than 100 years old and some even 200 years old. This year, Stellarchives brought its entire vintage book collection under two broad provenances, namely fiction and non-fiction.

Stellarchives collects records of all activities on campus and preserves them for future reference. This year, a short film on the visit by the faculty to Amir Mahal, the legendary residence of the Nawabs of Arcot to celebrate Teachers' Day on 5 September 2019 was added.

Visitors to Stellarchives this year included various alumnae, Ms Netta D'Souza, the

General Secretary of the All India Mahila Congress, a team from Patrician College which visited to learn about archive maintenance, Mr. Prabhu and his team from the Literary Society who visited to learn the best practices of Stellarchives, sisters from the society of the Franciscan Missionaries of Mary from Hong Kong and Sri Lanka, as well as a team from mentee colleges under the UGC-PARAMARSH scheme.

Stellarchives hopes to continue its work in preservation and archiving of documents in the next academic year too, besides completing the projects that were begun this year.

PATHWAY PROGRAMME

The Stella Maris College Pathway Programme focuses on providing assistance to the indigent section of the student community in terms of opportunities and employability skills. The programme aims at providing an appropriate platform for students to help them stay cognizant of the various employment opportunities around them. This programme is backed by the UGC Equal Opportunities Centre. The first year undergraduate students who completed their schooling in the vernacular medium are enrolled in the Stella Maris College Pathway Programme. They are identified by the Heads of Departments at the

time of interview for admission to the various programmes offered by the College.

The academic year 2019-20 commenced with the Bridge Course for the new entrants, conducted from 3 to 7 June 2019. The student participants from across disciplines availed of the course which aimed at creating a platform for developing their interpersonal skills and enhancing their skills in communication. The introductory sessions were also meant to assist them in the smooth transition from school to college.

Ms M. N. Nirmala, Senior Consultant & Faculty; Ms Vijayanthi Jagannathan, Consultant, and Ms. Sunena, Soft Skills Trainer, were the resource persons. Mainly focussing on building self-confidence, emphasising the importance of good communication skills and developing effective communication skills, the sessions were made participatory and lively through animated discussions and action songs. Office bearers of the Students' Union 2019-20 and student volunteers enthusiastically provided support to the sessions.

On 7 December 2019, a session was organised on stress management and confidence building. The resource persons for the day were Ms M. N. Nirmala and Ms Vijayanthi Jagannathan. In the interactive session, the students were encouraged to share their experiences of stressful situations

they have experienced and their personal mechanisms of coping with stress. The resource persons also spoke of the importance of nurturing self-worth. The participants took part in activities that foster positive thinking. The resource persons also spoke of the necessity of talking to other people as an effective way to boost confidence levels. Around 70 students of both shift I and II, from across departments, participated in the session.

At the very outset, the student participants were informed about the topics that would be covered during the course of the sessions. This helped them to look forward to the activities and interactions with a better sense of preparedness. The students who were initially reluctant to participate in the activities gradually overcame their inhibitions and took part enthusiastically as the sessions progressed.

In collaboration with the CGC the third year Pathway students were given priority in attending the campus interviews/ recruitment.

The Pathway Programme journeys with the students right from the first year to the third year providing them with opportunities to groom themselves with the necessary employability skills.



CRIST

Centre for Research in
Science and Technology

The Centre for Research in Science and Technology (CRIST) has endeavoured to keep up the scientific temper in the students this academic year.

A three-month Certificate Course titled 'Essentials of Nanoscience and Nanotechnology' was conducted in collaboration with the DST unit of Nanoscience and Thematic Unit of Excellence, IIT-Madras from July 2019 to September 2019. This course was attended by 36 undergraduate students from the departments of Botany, Physics and Chemistry and coordinated by Dr. Mary N. L. (Administrative Director, CRIST and Head, Department of Chemistry). The programme included a series of lectures held at CRIST with eminent speakers such as Prof. M. V. Sangaranarayanan (Professor, Department of Chemistry, IIT Madras), Dr. N. Nishad Fathima (Principal Scientist, Honorary Faculty, Anna University, Inorganic & Physical Chemistry, CLRI), Dr K. Purna Sai (Principal Scientist, Biological Materials Lab, CLRI), Dr. Narasimman Sundararajan (Professor of Geophysics, Department of Earth Science, Sultan Qaboos University, Muscat, Oman), Dr. Cynthia Jemima Swarnavalli G. (Head, Department of Chemistry, Women's Christian College), Dr. Mary N. L. (Head, Department of Chemistry, Stella Maris College), Dr. Vidya Krishnamurthy

(Assistant Professor, Department of Chemistry, Stella Maris College) and research scholars from the Department of Chemistry, Stella Maris College as resource persons. As part of the course, students synthesised and characterised several metal nanoparticles and submitted their original research findings in the form of a scientific report; this was followed by a visit to the DST unit of Nanoscience and Thematic Unit of Excellence at IIT-Madras.

The sophisticated instrumentation facility along with the Cell Culture Lab in the College, apart from being outsourced to students of other institutions, was used by the postgraduate and research students of our College for their project works.



In collaboration with the Departments of Physics, Chemistry, Biotechnology and Bioinformatics, this year CRIST organised a three-day intercollegiate workshop on Analytical Instrumentation Techniques from 25 to 27 February 2020. The workshop, which catered to the postgraduate students of the above departments, was inaugurated by Prof. Dr T. Pradeep, Institute Professor, Deepak Parekh Institute Chair Professor and Professor at the Department of Chemistry, IIT-Madras. The inaugural function doubled as Dr. Pradeep's felicitation function as well as on the conferment of the Padma Shri Award for Distinguished Service in the Field of Science and Technology.

The first day saw two sessions, one each by Dr. Vidya Krishnamoorthy and Dr D. Sukanya, Assistant Professors from Departments of Chemistry Physics respectively. They spoke on IR spectroscopy and UV-Visible Spectrophotometer respectively. The second day had sessions addressed by Dr. Veena Gayathri K., Assistant Professor, Department of Biotechnology on Application of HPLC and Dr M. V. Sangaranarayanan, Professor of

Chemistry at IIT Madras on Electro Analytical Chemistry. The final session saw the presentation by Dr. S. Jayashree, Assistant Professor, Department of Biotechnology on Principles and Application PCR and GEL-Doc.

This highlight of the workshop was the enriching experience gained from the hands-on experience given to the participants. The valedictory function was presided over by Dr. Felbin C. Kennedy, Vice Principal-Shift I, who encouraged the students to consider research in science seriously.

The academic year 2019-20 brought the best out of CRIST and strengthened the spirit of scientific enquiry among faculty, research scholars and students alike.



SMR IPC

Stella Maris Research
and International
Programmes Centre



The Stella Maris Research and International Programmes Centre (SMRIPC) continues to strive for excellence and innovation in research while working towards leveraging global academic partnerships. The overall purpose of seeking diverse collaborations is to raise the quality and standard of research output. Additionally, the Research Centre provides information and services in support of research activities conducted within the College. The main objective of the Centre is to assist the departments in gaining and managing research collaboration, and to share information on research forums, grants and international contracts.

While facilitating the core research departments namely Mathematics, English, Social Work,

Economics, Fine Arts, Chemistry and Biotechnology, the Centre helps to sustain the standard of excellence in research within the College by motivating faculty and scholars to publish research papers in new areas of knowledge thereby increasing qualitative and quantitative output of research.

At the undergraduate level we have positioned research orientation for students from all disciplines to enroll for research skills training and as an outcome, produce a dissertation to earn their extra credits. In November 2019, 112 students registered for this programme. The Centre aims to integrate a research ambience within the academic climate positioning research as our best practice at every level in our academic programmes.

In order to inculcate a strong research rigour, the Centre aims to promote activities ranging from research training programmes to faculty development programmes which creatively engage with research development. The Centre organised a series of research capacity building sessions with experts such as Dr. Brent Brass from the USA; Dr. Philip Laird from Canada; Dr. Kenneth Rouse from Texas; and Dr. Ajay Kapoor, Vice Chancellor, Swinburne University. Trinity Western University, Canada has established a Canadian Centre-Foreign Academic Research/Resource (FARR Centre) on campus to promote research collaborations, faculty enhancement initiatives and leadership courses.

In enhancing our global competencies, the Centre has leveraged partnerships with foreign universities by conducting student and faculty exchange programmes, study abroad tours and rigorous internships. Institutional partners include Liverpool Hope University, UK; Trinity Western University, Canada; LeTourneau University, Texas; Fu Jen Catholic University, Taiwan; Katho, Germany and Binary University, Malaysia all of who continued to support us in a robust manner. While internships were organised for students in Fu Jen, China and Binary University in Malaysia, student and faculty exchange programmes were successfully conducted in Trinity Western, Canada, Le Tourneau. Texas. Recent collaborations with University of Latvia and Nottingham Trent University have further enhanced our global relations. International academicians who were invited to the College expertly disseminated in areas of leadership, environment, community development, entrepreneurship and research.

The Centre's flagship programme, the International MBA in partnership with the Liverpool Hope University entered its sixth year




and students successfully completed the course. The Centre acknowledges the support of the British Deputy High Commission for their invaluable support and is grateful to the US Consulate for the academic resources provided for supporting the Study Abroad Programmes. The Centre is also thankful to the Canadian Consulate and the Trinity Western University for initiating progressive integrated academic programmes. Funding agencies UBCHEA, USIEF, UGC and corporate supporter TAFE have enriched our research and international programmes as well.

*Above: British Deputy High Commissioner Oliver Ballhatchet
Dr. Pillay, Vice Chancellor, Liverpool Hope University, UK*

SMC DRIVE

Stella Maris Centre for
Development of Resources
for Inclusion and
Vocational Enrichment



Stella Maris Centre for Development of Resource for Inclusion and Vocational Enrichment (SMCDRIVE), is an extension centre of Stella Maris College. BNY Mellon in partnership with Stella Maris College and International Association for Human Values (IAHV) inaugurated SMCDRIVE Skills Development Centre at Shanthi Bhavan on 30 August 2019; this was done as part of the CSR initiatives of BNY Mellon. The main aim of the centre is to empower weaker sections of the society through capacity building and skill development. The

beneficiaries of this initiative are final year undergraduate and postgraduate students from Stella Maris College. The centre is also open to NGOs, communities, schools and vulnerable groups of the society. 1395 participants attended the sessions on Employability skills from 17 September 2019 to 15 February 2020.

Poshan Abhiyaan or National Nutrition Mission, a flagship programme of the Government of India was organised in collaboration with Integrated Child Development Services. A session was conducted for 100 children of Shanthi Bhavan on nutritional supplements and its benefits. The importance of washing hands was depicted through a dance performance for the children.


In collaboration with MN Eye Hospital SMCDRIVE conducted an eye camp at SS Puram and Dooming Kuppam. Seventy six people benefited from this camp, 20 of them were given spectacles free of cost while eight underwent free cataract surgeries. On World Elders Day, final year undergraduate students from the Department of Social Work organised recreational activities for senior citizens at Aruwe Home, Ayanavaram and Mercy Home, Kilpauk on 1 October 2019. SMCDRIVE collaborated with HelpAge India and organised

physiotherapy camps at SS Puram from 17 to 20 September 2019. Similar camps were held at SMCDRIVE and Dooming Kuppam as well.

As part of celebrations of International Women's Day celebration, Dr. Catherine Joseph and Ms. Anitha of SMCDRIVE addressed 1500 community women of the Don Bosco Social Service Society and conducted sessions on positive thinking and self-esteem.

Students from Stella Maris College and women from nearby communities underwent a three-month tailoring course which started on 11 December 2019. In collaboration with The Banyan, a certificate course in Basic Counselling was offered for the B.S.W. students from 20 January 2020 to 16 March 2020. A three-month certificate course in Spoken English- We Teach, You Speak- was offered for students of the College as well as members of the community and school dropouts. Structured modules were handled by experts in the field.


Six students from the Department of Social Work who did their field work at SMCDRIVE received Best Mentor awards from Indian Development Foundation for teaching life skills at various schools for less privileged students.





SCEED

STELLA CENTRE FOR EFFECTIVE EDUCATION & DEVELOPMENT



The Stella Centre for Effective Education and Development (SCEED) was conceptualised with the vision to be a key lever to enhance innovative and collaborative high-quality education and institutional development. The centre is headed by Dr. Geetha Swaminathan, Former Vice Principal and IQAC Coordinator, Stella Maris College. The members of the centre are Dr. K. Shyamala, Coordinator, B.Voc. Programme; Dr. Mary George, Associate Professor, Dept. of Chemistry; Dr. Hima Bindu D, Associate Professor, Dept. of Economics; and Ms A. R. Charulatha, Assistant Professor, Dept. of Computer Science.

The following are the objectives of the centre:

- ▶ To function as the focal point of institutionalising the activities of various centres of the college
- ▶ To facilitate effective organisation of training programmes for professional and personal development of faculty – seminars, conferences, workshops, training programmes, sessions on quality enhancement - sense of belonging to the institution, work culture
- ▶ To work towards management and integration of strategy, teamwork, analysis, training and assessment
- ▶ To facilitate collaboration between the institution and different organisations to explore and undertake Projects
- ▶ To associate with various stakeholders for enhancing and sustaining quality in education
- ▶ To establish good-Eco initiatives

The SCEED conducted a number of training programmes and workshops this year.

A two-day State Level Technical Workshop on IPR was conducted in association with the Patent Information Centre, Tamil Nadu State Council for Science and Technology, Govt. of Tamil Nadu, Chennai, catalysed and supported by Department of Science And Technology, Govt. of India on November 11 and 12, 2019 at Stella Maris College. The workshop dealt with various aspects of IPR. About 110 participants including faculty members, research scholars, undergraduate and postgraduate students benefited from the workshop. Eminent speakers like Dr. R. Srinivasan, Member Secretary, TNSCST and Dr. Regina Mary L, Research Officer, TANSCHS shared their expertise.

A workshop on the Language of Science with sessions on scientific writing and the nuances of writing project proposals was conducted by Dr. Prem Kumar, former Senior Scientist from CECRI. About 80 Faculty and students of the PG- Life sciences departments benefitted from this workshop.

A ten-day training workshop was conducted by Dr. Regi Manimagala of the Department of Economics, Stella Maris College in collaboration with The Indian Econometric Society; the workshop, held from 4 to 15 November 2019, trained the participants in the use of tools for data analysis that would be beneficial for conducting research in any discipline. Twentysix faculty and research scholars from city colleges benefitted from the workshop.

The SCEED supported the IQAC in the conduct of a national seminar titled "Emerging Paradigms in Higher Education: 2020 and Beyond"

Right: Energy Audit
Below: Signing of MoU - PARAMARSH



Inauguration of PARAMARSH

PARAMARSH is a UGC sponsored programme and Stella Maris College has been chosen as one of the Mentor Organisations due to its consistent good ranking in the previous NAAC accreditations. The SCEED and IQAC jointly coordinate this programme. The aim is to promote well-performing accredited institutions to mentor the NAAC accreditation aspiring institutions to upgrade their academic performance and get accredited. Six mentee institutions from Chennai namely, National Arts & Science College, Sindhi College of Arts & Science, Soka Ikeda College of Arts And Science for Women, St. Anne's Arts & Science College, St. Joseph's College (Arts & Science) and St. Thomas College of Arts and Science have signed MoUs for this purpose. The Paramarsh Team closely works with the Mentee Institutions and conducts regular consultation meetings, Training sessions and workshops directed towards enhancing quality in all aspects.

The SCEED worked closely with IQAC and helped submit the data for NIRF, The WEEK ranking, India Today Ranking and the AISHE. The



centre is also involved in guiding the preparation of Self Study Report for the NAAC Accreditation – Cycle 4.

The Centre also assisted departments in applying for project grants like BUILDER Scheme of DBT by the Science Department. A joint programme was initiated with Virginia State University to promote women-led enterprises in India and form Indian Women Social Entrepreneurs Network (IWSEN) with the support extended by U.S. Mission India Public Diplomacy Grants Program.

The SCEED collaborated with department representatives and the Alumnae Association in enhancing alumni enrollment. The CGC activities are being facilitated by the formation of student representative and departmental representatives groups. These groups were invited to suggest prospective companies that can augment campus placement.

In keeping with the policies of the College towards ecological justice and sustainable development, SCEED assisted NIN Energy India Pvt. Limited in conducting an Energy Audit and Green Audit of the campus. Energy consumption and conservation options were documented and recommendations were suggested for Energy Saving.

The SCEED plans on carrying on many of the existing initiatives into the forthcoming academic year and also plans on starting many more new ones.



Intellectual Property Rights Workshop



AASMC

Alumnae Association of
Stella Maris College



The Alumnae Association of Stella Maris College (AASMC) is an integral part of the Stella Maris community and its members try to be on campus as much as possible to be part of the various activities that dot College life.

We closed the year 2018-19 with the valedictory function at which Ms. Deepa Reddy of Dodla Dairy was the Chief Guest and inspired the outgoing students to confidently follow their dreams.

The new academic year began on a sad note with the demise of Ms. Thara Mohan Rao in May 2019.

Ms. Thara was one of the oldest members of AASMC and its first General Secretary. To celebrate her life, we began the year with a prayer meeting in her memory. Friends shared lovely memories of this jolly lady who always brought so much joy and cheer to our programmes.

The reunion that we planned for 28 September 2019 was a rather informal one; we encouraged our alumnae to walk around the campus, meet their faculty and shop at some of the stalls that had been set up for the occasion; we had also organised dandiya for them too since it was the first day of the Navratri festival. Many alumnae came back to College and had a good time reliving memories of their days at Stella Maris. December saw us celebrating Christmas in the true spirit of joy and sharing. We had an evening of dance, music, fun and cheer.

In January the Joint Secretary of AASMC Ms. Shivani Arora released her book titled *Where Kindness Spoke*; the book chronicles the work of the Hon'ble Lieutenant Governor of Puducherry Dr. Kiran Bedi and was released in a grand function by the Hon'ble Governor of Tamil Nadu Thiru Banwari Lal Purohit; Dr. Kiran Bedi received the first copy of the book. The book will now be taken to national and international book fairs and forums.

Left: Ms. Thara Mohan Rao

Below: Shivani Arora's book titled Where Kindness Spoke





The IQAC has always adopted several strategies to align itself to the vision of the College to build an inclusive learning community in a culture of excellence. The new IQAC Coordinator Dr. Lakshmi Priya Daniel who took charge in June 2019 not only carried forward various initiatives but also introduced many new ones.

The office of the IQAC helped collate and submit various reports and completed the conduct of numerous programmes for faculty, staff and students. Our efforts were validated when the College received the Sr. Hedwige Award for Best College in India and the award of the Best Administrator was conferred on the Principal Dr Sr. Rosy Joseph fmm by the Xavier Board of Higher Education. A panel discussion on the Draft National Education Policy (NEP) 2019, UGC & MHRD held on 07 July 2019 was the first of several programmes facilitated by the IQAC in College. An Administrative Audit was conducted by an external auditor from 03 to 13 September 2019 and provided a platform for the various administrative offices to assess and evaluate their own performance.

The IQAC organised several workshops for faculty such as 'Developing Online Teaching and Testing Modules through the use of Google Classroom' on 25 November 2019, 'Quality Initiatives and Quality Sustenance' on 29 November 2019 and 'Developing Strategies for Quality Assurance' 31 November 2019. In an effort to prepare women to take on various leadership positions, the IQAC, along with the office of the Dean of Planning and Communications initiated a 'Women's Leadership

Project' for select faculty and organised several workshops— 'Millennials in the Classroom: Holistic Approach to Engaged Education in 2019 and Beyond' facilitated by Dr. Brenda - Lee Sasaki, Trinity Western University, Canada was held on 23 November 2019; 'Leading the Self and Others' by Dr Spurgeon, UBCHEA on 23 January 2020 and 'Negotiating Strategies for Women's Leadership' by Ms. Baminee Viswanat, Legal Counsel, TVS Logistics on 27 February 2020. A special workshop on 'Teamwork, Professionalism and Work Ethics' was also conducted by Mr. Roy Anand for the Administrative staff on 22 February 2020.

The IQAC entered into rewarding collaborations with various centres in the College such as the SCEED under the directorship of Dr. Geetha Swaminathan. As a result of this, the College has declared a Mentor Institution as part of the UGC PARAMARSH Scheme. Another venture with SCEED was the conduct of a State Level Technical Workshop on Intellectual Property Rights in November 2019.

On 12 December 2019, the IQAC in collaboration with the University of Melbourne, the Stella Maris International Centre for Multidisciplinary Research and the Centre for Women's Studies held an international





conference titled 'Shaping Women Leaders'. The conference had an impressive array of speakers and received encouragingly positive feedback from the participants.

A national conference titled 'Emerging Paradigms in Higher Education: 2020 and Beyond' was organised on 22 January 2020 which was attended by representatives from various city colleges and was ably supported by the Members of the Micro Quality Circle and the IQAC Students' Wing. An exclusive health check-up was arranged on 11 March 2020 for the support staff who were also actively engaged in self-exploratory workshops held earlier enabled by the IQAC.

As the College is moving towards NAAC reaccreditation in 2021, this year has been one filled with the excitement of preparation and the IQAC thus engaged in every aspect of quality continues forward in the pursuit of excellence.





Previous page

Top left: Women's Leadership Project Workshop | Dr Brenda Lee Sasaki TWU, Canada
Top right: National Conference on Emerging Paradigms in Higher Education 2020 and Beyond

Current page

Right above: International Conference on Shaping Women Leaders
Right below: Mentor Institution as part of UGC PARAMARSH Scheme workshop in SMC for Sindhi College



CGC

Career Guidance Cell

The Career Guidance Cell, an initiative of the Alumni Association of Stella Maris College (AASMC) aims at providing a platform to connect students with companies on campus. The demand for trained skill sets in freshers inspired the CGC to find new avenues to train the students. The academic year started with 475 student registrations for campus drives.

The CGC organised several training programmes and workshops this academic year.

A four-day Pre-Recruitment Workshop was conducted on Resume writing, Cracking Aptitude tests, Interview Techniques, and Group Discussion from 27 June to 3 July 2019. Approximately 350 students attended this programme. The CGC also co-ordinated the CAMS 'Financial Literacy Programme' for the students of B.Voc. Banking, Financial Services and Insurance on 20 February 2020. A Workshop by CAMS on 'NISM certification' was also organised for the Economics students on 2 March 2020. On 17 September 2019, a session on Awareness for Overseas Education was organised in collaboration with





AECC Global for the final years and pre-final year students. The session provided insights to the students on making the right choices of Universities, their curriculum and application process.

Apart from these, the CGC also organised many guest lectures for students across various departments. On 24 January 2020, a guest lecture titled 'The Vagus Nerve in Health and Disease' was organised for the students of the Zoology Department; the lecture was delivered by Prof. James Deuchars of the University of Leeds. Another Guest Lecture on 'Communicating emotion across languages and cultures' was organised on 31 January 2020 for the students of the Psychology Department; this was delivered by Dr. Jelena Havelka, Professor of Medicine at the University of Leeds. A Knowledge Session with Mr. Jorge Familiar, Vice President, Finance and World Bank Group Controller was organised for the students of the Commerce and Economics Departments on 12 September 2019.

Mahindra Pride School, a CSR initiative of Mahindra groups of companies, had conducted 100 hours of training to students last year

and had placed them in Tata Consultancy Services and IBM. These students, who are from the economically weaker sections, underwent this free program during their last semester. This year 31 students have been selected and are being trained on soft skills and will be placed by the end of the semester.

The campus recruitment this year started in August with dream companies like Deloitte, Ernst & Young, KPMG, RBS, Barclays, Zoho, Zifo, CITI Bank and Mckinsey picking the cream of students; the IT recruitment was led by Cognizant Technology Solutions, TCS and Wipro. Our students were also selected for teaching positions in schools like Vidiyalai, Akshara Arbol and Primrose Teaching Centre. There was a huge demand for recruits to jobs related to content writing and editing this year. Companies such as Paper True, Pick your Trail etc. conducted campus interviews for job profiles as varied as job analysts, research associates, programmers, content writers, designers, teachers, customer support and HR.

The Career Guidance Cell hopes to continue and better its role as liaison between students and corporate houses in the coming academic year.

HOS TEL

MEMOIRS OF A HOSTELLER



With just a month for the college to close, waves of nostalgia began to hit the final year students. That we will miss college life was certain, but leaving our hostels which have indeed become a home away from home for the past few years evoked strong emotions among the residents of the college hostels.

Most of us came to hostels thinking it would be a very difficult journey, especially to leave behind our families which always pampered us in our comfort zones. Yet, it is this journey that has moulded us into being responsible enough to take care of ourselves, completing our college work on time, keeping a check on the money we spend etc. when Mom and Dad aren't around to do all this.

Each day spent in the hostel is a memory to be cherished. With five hostels on campus, it indeed gives the feel of being in a housing area, allowing us to make friends in all hostels, who unite over every mealtime in the mess hall. It is true that we all miss homemade food. But the fun-filled chat with our friends over the table in the mess hall buzzing with activity makes us forget all these shortcomings. The fond memories of our hostel life are marked by waking up late and then hurrying to college on working days or grabbing breakfast on holidays, spending hours before/ after college immersed in our gadgets, evening walks and playing games in the campus, chatting in the study hours or sneaking into other rooms to borrow snacks from friends and occasionally getting caught by our warden, weekly cleaning of our rooms, attending and longing for the weekend



outings, group studies during exams and above all counting the number of days before our next visit home.

The important annual events of the hostel with special mass celebrated for all the hostellers, cultural programs and sumptuous dinners in the evening are what we look forward to throughout the year.

Our hostel year begins with the Freshers' Day Celebrations to welcome the newcomers and later Christmas Celebrations in mid-December, the highlight of which is the carol singing and finally, the Hostel Day Celebrations, along with the Hostel Sports Day, the most awaited celebration of the year. A one-day leadership workshop is conducted for the floor representatives of all the hostels. Apart from these events that bring together all five hostels, hostel-wise events such as Social Return Program by the freshers, Secret Santa Gift Exchange during the Christmas season and one-day trips and farewell parties for the final year students are more like family get-togethers.

Many of our day scholar friends might consider college hostel as a





restrictive space for many reasons. The compulsory morning mass for Catholic students might seem hard to attend initially, but many of us find spending time in the serene ambience of the chapel helpful throughout the day. In the beginning, we all despised submitting our mobiles at night. We later realised that handing over the mobiles has actually helped us concentrate on our studies and also bond better with our roommates. Over the three years, we have understood that behind the strict words of the wardens is the parental affection necessary to safeguard and guide us. Somewhere between our coming to hostel and leaving it, we have gained an extended family of friends, who have almost become siblings and our wardens, who with their love and care for us have indeed created a home away from home for us.

B. AMALA KAVYA

III B.A. English Literature





Stella Maris Association
of Retired Teachers



Dr. Sr. Flavia & Ms. Arumugalakshmi

The members of the SMART—the Stella Maris Association of Retired Teachers—get together in the College to enjoy each other's company and cherish the moments they spend together.

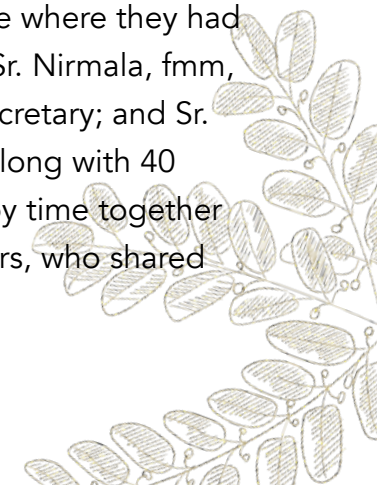
In the first meeting of this academic year, SMART had a lively interaction with the office bearers of the Students Union who presented their Logo, Motto, Theme and other plans for the year 2019-2020.

Dr. Bhuvaneswai conducted a yoga session for the SMART members who felt stronger and younger after attending a practice session on pranayama and ten other simple asanas like sukasana and other standing vyayamas which they were determined to continue with every day. It was a happy sight as each member tried her best to stretch and bend to the rhythm of counting.



The SMART Christmas programme was a very cheerful get-together, reverberating the joy of Christmas. It was held on 17 December 2019; SMART members sang carols celebrating the birth of Jesus. In the Christmas message, Sr. Christine, fmm highlighted the love of Jesus which embraces the entire humanity.

The felicitation of octogenarians and nonagenarians on the theme 'Celebrating Togetherness' was the greatest event of 2020. Among our 16 retired faculty above the age of 80, eight attended the felicitation with a lot of excitement to revisit the place where they had spent the prime of their life. Sr. Nirmala, fmm, Provincial; Sr. Susan, fmm, Secretary; and Sr. Rosy Joseph, fmm Principal along with 40 SMART members had a happy time together with the super-senior members, who shared



their memories at Stella Maris College. Every moment of the programme reiterated Abraham Lincoln's saying, "Age is merely the number of years the world has been enjoying you." Dr. Ulaganayagi Palani delivered the felicitation address in her own unique poetic Tamil. After they were felicitated, a cake was cut and the SMART members sang 'May the good Lord bless and keep you'. We felicitated Sr. Helen Vincent, fmm, former Principal by visiting her at the convent.

Besides getting together periodically SMART members also meet virtually through the SMART WhatsApp group, wishing each other on birthdays and special occasions, sharing happy moments and extending support at difficult times.



*Right: Office Bearers Dr. Razia Tony & Dr. Thilagavathi Joseph with the Principal
Below: Seniors & Super Seniors*



VALUE EDUCATION



The Department of Value Education of Stella Maris College is committed to inculcating a strong sense of ethics and justice among the students. To this end, it organises annual retreats for Catholic students and workshops for students of other faiths, for both undergraduate and postgraduate students. An interactive meeting with the parents of the first year Catholic students was organised in July 2019. It was well attended and much appreciated by the parents.

Sessions on St. Francis of Assisi, the patron of our College and Blessed Mary of the Passion, the Foundress of the Franciscan Missionaries of Mary served to enhance students' understanding of the ethos of the College; these were conducted respectively in July 2019 and March 2020.

A new initiative of the Campus Ministry for the academic year 2019-20 is the launching of the Star of the Sea Group (SSG). It was inaugurated on 27 August 2019. Dr. Sr. Nirmala Gnanapragasam fmm, former Vice-Principal of the College was the Chief Guest of the occasion; she highlighted the two important objectives of SSG, namely to develop leadership skills and to promote faith formation of the Catholic students. The 350 members of the SSG have displayed a healthy team spirit by their enthusiastic participation in activities such as praise and worship, Bible quiz, Feast day celebrations of the Patron and Foundress, Christmas celebrations of the College and the College choir. They also spent a whole day organising games and action songs at Sarva Shiksha Abhiyan, Kattur. The first copy of the SSG Newsletter was released at the Youth Convention.



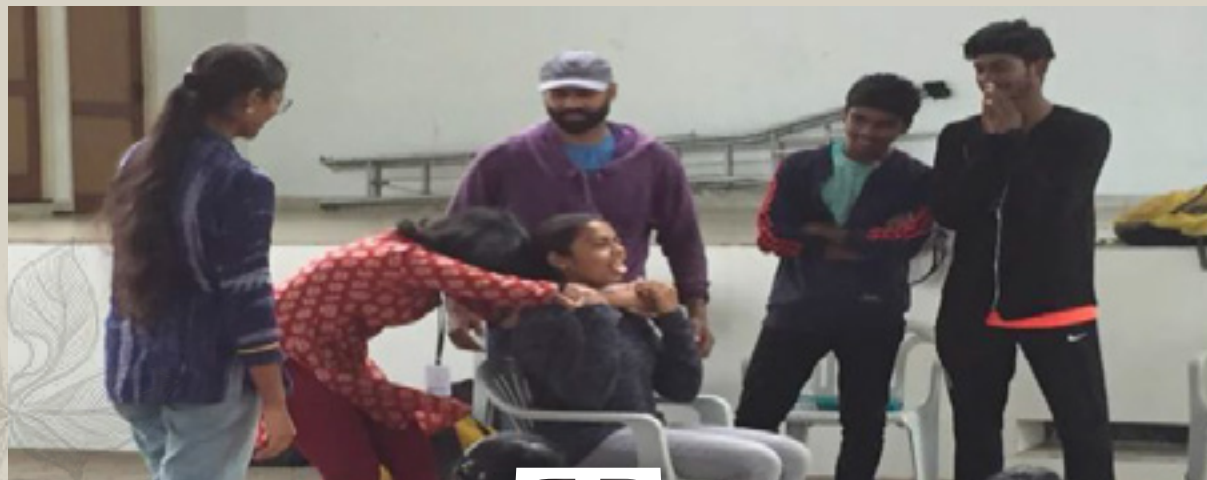
"Staying Anchored in Christ" was the theme chosen for the Youth Convention which was held on 8 February 2020 by the Campus Ministry wing of the Department of Value Education. This was in keeping with the Year of the Youth celebration by the Catholic Church of India. The Inaugural session had as its special guest Rt. Rev. Dr. George Anthonysamy, Archbishop, Diocese of Madras-Mylapore. Notable speakers on the day included Fr. Lester who shared his profound insights on the theme; Rev. Fr. Joe Arun SJ, Director of LIBA who alerted the audience to the dangers of addiction to social media and encouraged the audience to use them creatively. The Valedictory session was chaired by Dr. Bernard D'Sami; his radical viewpoints on social awareness and social action were an inspiring clarion call to the 1500 youth assembled.

The Department of Value Education looks forward to even more fulfilling and spiritually enriching activities in the forthcoming academic year.



CWS

Centre for Womens' Studies



Self Defence Workshop

The academic year began for the Centre for Women's Studies with a special address delivered by Mr. Rakshit Tandon, Director, Executive Council, Council of Information Security, New Delhi on 'Safe Surfing: Getting Online With Awareness & Knowledge' at the open-air auditorium for all students of Shift II on 27 August 2019. The session was highly interactive and Mr. Tandon addressed many concerns of the students regarding online safety.

An international conference titled 'Shaping Women Leaders' was organised in collaboration with IQAC, Stella Maris College and the University of Melbourne, on 12 December 2019. The one-day conference hosted speakers

like Prof. Kate Mac Neil, Prof. Amanda Sinclair, Prof. Dolly Kikon, Dr. Lilian Jasper, Dr. Mercy Pushpalatha and Ms. Kirthi Jayakumar, all of whom shared their personal experiences and narratives. The overwhelming and enthusiastic participation of the students made the conference relevant and meaningful.

International Women's Day was celebrated on the campus in collaboration with the Stella Maris College Gender Centre. Women who have overcome obstacles and have made a special place for themselves were invited to share their experiences with the student body. Ms. Ramya, a firefighter; Ms. Smitha Sadasivan, disability rights activist and Ms. Renu Meera parent of a mentally challenged child were the invitees of the occasion. A brief drama was also presented by Ms. Surbhi of The Great Indian Women Festival.

The Damini Club, the students' wing of the CWS organised a self-defence workshop conducted by Mr Anthony Rozario on the 22 July 2019. The club also invited Ms. Vijaya Thilagam, Assistant Commissioner, Department of Civil Supplies and Consumer Protection, Government of Tamil Nadu to talk on the rights of women on 16

September 2019. On 25 November 2019, the International Day for Elimination of Violence Against Women, a discussion was held and the oath administered. An art workshop on moving paintings and portrayal of women by artist Dhakshini was also held in February 2020.

The Women's Indian Association organised a Seminar and Competition on Gender and Climate Change on 2 August 2019 at Anna University. A team of three students from Stella Maris College won the third prize at the competition. Members of the Damini Club also attended Paavai, the intercollegiate cultural festival organised by the Women's Cell of Ethiraj College and won first place in Creative Writing & Poetry and second place in Debate & Poster making contests.

Online Slogan Writing, Photography and Poetry Writing competitions were also held in College to raise awareness and foster participation in Women's issues.

Shaping Women Leaders - International Conference



Women's Day Celebration



GENDER CENTRE

The Stella Maris College Gender Centre is an extension activity of the Department of Sociology. The Centre conducted its first event for the academic year on 17 July 2019 which was a workshop titled 'Gender and Sexuality' in collaboration with NGOs Nirangal and Saathi. The workshop oriented the students on the basics of gender and sexuality, a theatre performance was put up by transgender activist Ms. Revathi on the trials and tribulations of a being a transgender.

The second event, '#UnTagYourself', was conducted in collaboration with ProACT Behavioral Services on 6 August 2019 which aimed at providing a safe space to discuss various types of tags, a label given to us by the society. This program helped the students in nurturing self-acceptance and self-love.

On 25 September 2019, the Gender Center organised a workshop on self-defence. The workshop enabled the participants to build self-confidence, boost their morale and to understand that violence is not always the solution. The participants were also taught techniques on making use of their presence of mind and making fitness a part of their routine.

The Gender Center organised its very first intercollegiate Panel Discussion on 17 December 2019 on 'Redefining Masculinity.' More than 60 students from various city colleges such as Dr. Ambedkar Law University, School of Excellence in Law, The New College, D. G. Vaishnav College, Women's Christian College participated in the discussion.



The Gender Centre organised Women's Day Celebrations in College separately for Shift I and Shift II on 9 March 2020; this was done in collaboration with the Centre for Women's Studies. The theme of the UN reflecting 'Each for Equality' and rising against everyday challenges was set as the backdrop for the event. The chief guests for the sessions were Ms. Smitha, Disability Rights Activist and Accessibility Consultant for the Election Commission of India; Ms. Remya, the first South Indian firefighter and Ms. Renu Mira, an experienced counsellor who specializes in counselling for parents of special children, storyteller and a mother of a special child. These extraordinary achievers in their ordinary lives were felicitated for being exceptional role models. The session also had the student audience getting involved in a participatory psychodrama exercise. The programme concluded on a positive note celebrating and empowering womanhood.

Above: Gender & Sexuality

Below: Self Defence Workshop



Serendipity. When you set off on a long journey, pause halfway and suddenly realize you have reached just where you wanted to go. Or you set out to cook a rare delicacy and end up with a concoction far more delicious than what you intended. 'I of the Beholder'!

Samyukta P.C had no dream. In fact, not even an idea. All she had was the confidence—the fecund minds of the 47 wondering wanderers of the Dramatics Club would provide the necessary seed, fertilizer, water and sunlight. And they did.

The countdown began. 6, 5, 4, 3, 2, 1.

6 months ago, it started. In the beginning, days and nights went by with endless discussions, 33 minds struggling to focus on one common theme. We wondered if we should talk about a glass dome, a false glass ceiling, a look out glass, a one-way mirror, or all of them. Numerous powerful emotions were recollected in tranquillity and poured into our ideation blackboard. None of us agreed on anything. Rather, all of us agreed on everything, which seemed like focus and progress were impossible. 47 is an impossible-looking prime number, indivisible by nothing other than 1 and 47.

COLLEGE

PLAY

I OF THE BEHOLDER



As a subject, the state of being a woman seemed to be of paramount importance. However, under the combined assault of 33 passionate hearts, it quickly became evident that the issue on hand was not just about women. It was also about men; it was also about our environment; it was also about the society; it was also about our world; it was also about the individual soul just being the universal soul. It was about the how one beholds the universe. It was about the eye of the beholder!

We all wanted a script. Because that is how things are done. But we never got one. Even till the end of the last show which left us all so much more enriched than ever before. The director silently urged us to throw up ideas, feelings, concepts, emotions, misgivings. And did we throw up! Somehow, miraculously, every bone, muscle and sinew of the final product proudly displayed every single one of those ideas.

And the countdown continued.

5 was for 5 C's. The 33 of us collected together every day and collated the dozens of brain waves and from among ourselves for construction of our concept. It did not happen immediately. It took almost 4 months into the program before we already made a connection. The Connecting moment was the realization that our theme was powerful enough to make people sit up and take notice. Thus began the monstrous pain of creation.

Monstrous because anything beautiful can only be brought out through intense pain. Monstrous because the task involved unifying the different versions of the same passion from among 33 minds. And monstrous because ultimately, it was about the monster in each one of us.





So 5 went: Collection, Collation, Construction, Connection and Creation.

Then 4: the 4 mentors. Sanguine Sam, mirthful Muthu, keen Krishna and sincere Sayujya ma'am, were often at the end of their wits keeping the unruly flock together. But they succeeded, and how! Sayujya ma'am gave us a complete carte blanche and trusted us with our creative freedom. Krishna was the proverbial mother goose, always looking after our well being. Muthumoorthy made available his worldly possessions for us – his collection of musical instruments and corrected us note by note. Sam synergized the creativity of the entire team and made the whole greater than the sum of the parts.

And 3: three shows were scheduled on 21, 22 and 23 of February 2020 at the historical Egmore Museum Theatre and made available on Book My Show App. A teaser came out first; a trailer followed. And the buzz grew.



On to 2: The two who should do the final job: the Cast and the Crew. The cast consisted of 21 talented actors and 11 live-wire musicians, who happily sacrificed their classes knowing that this is also learning. The actors imbibed the energies of the whole group and gradually emerged from their inhibitions, giving us glimpses of thespian grandeur. The music was perhaps the most powerful presence on the stage, catalyzing the metamorphosis of all for one – one for all, in front of a packed audience for 3 nights.

All for 1. It all came down to one message: the Monster is not out there. The Monster is here, within us, in the hitherto unexplored corners of our soul. It is up to us to throw light into those corners and 'Become' before we 'Behold'.

'I of the Beholder' was completely different from the works put up by the Stella Players earlier. An enriching, rewarding, enlightening experience not only for the 47 players but also for the hundreds in the audience who lived through the experience with us for three days.

We laughed, we cried, we cribbed, we pointed fingers, we criticized, we acted, we lived. It's time to thank the enlivening, broadminded ambience Stella Maris has created for us in our beautiful campus, which encouraged each of us to come out with our best. The Dramatics Club is sure that through 'I of the Beholder', we leave behind a legacy for the future members and drama enthusiasts to emulate and perchance, surpass. Adios!

SHREE SAUPARNIKA
I BA English Literature



DEPARTMENT

ACTIVITIES



HIS TO RY

The Department of History has been maintaining a notable record as a centre for higher learning through innovative and committed classroom teaching supplemented with a range of activities. The B.Voc. Tourism and Hospitality programme which was sanctioned in June 2019 was launched this academic year with 27 students.

Through the academic year 22 guest lectures were organised. Experts in various fields such as History, Archaeology, Archives, Hospitality, Tourism Industry and Airlines were invited to share career challenges, prospects and interact with students. An academic writing workshop was conducted with Dr. Radhika Lakshinarayanan, former faculty of the Department and Professor at the American College, Kuwait. The workshop focussed on the

nuances of research. A workshop titled 'The Indus Valley Civilization' was conducted in collaboration with Sharma Institute of Heritage Management at their campus on 11 and 18 August 2019 with Dr. Shanthi Papu and Dr. Kumar Akilesh as resource persons. A workshop on 'Tour Guide and Travel Consultants' was organised on 14 and 28 February 2020 with Ms. Vaidehi Satheesh, Manager, Thomas Cook, as the resource person. A workshop on 'Ways to Use Stories and Storytelling in Relation to History, Travel and Tourism' was organised on 17 February 2020 with Mr. Eric Miller and Team.

The annual Sindhu Memorial interdepartmental classical dance competition was held in July 2019 with active participation from students across the College. The Department along with the Centre for Research and International Programmes and a

few other Departments in the College organised an international conference titled 'Leadership, Connecting Globally: Emerging Strategies in Global Leadership' on 16 and 17 September 2019 in collaboration with Trinity Western University, Canada. A national conference on 'Rekindling the Gandhian Spirit' was organised by the Department in collaboration with the Campus Ministry of the College on 1 October 2019.

The Department organised field trips to places like the Vellore Fort, Sripuram Golden temple, the Fort St. George, Vivekananda Illam and Santhome Cathedral, Mahabalipuram, Dakshinchitra, Pondicherry, Government Egmore Museum, Marine Museum, Tamil Nadu Archives, Roja Muthiah Research Library in addition to Heritage Walks.

The Department conducted various exhibitions such as 'The Madras Week Exhibition', 'Tourism Day Exhibition', 'Culinary Exhibition' and 'Ancient India' and 'History of Europe' thereby providing a practical dimension to learning. The first ever Stellarchives exhibition in collaboration with the Stella Archives was organised. In February 2020 students of first and second year BA History and first year B.Voc. Tourism and Hospitality set up counters in the Education Department stall at the 46th Tamil Nadu Tourism Trade Fair held at Island Grounds, Chennai.

The Department also organised certificate courses on 'Introduction to Archaeology', 'Event Management', 'Archives Keeping', 'Museology', 'Tour Guide and Travel Consultants'. IAS coaching classes were conducted by the Department. The annual intradepartmental cultural competition, "BC to AD" 2019 was celebrated on 3 December 2019; Mr. Bennet Richardson, Former Principal, Vels Institute of Hotel



Indus Valley Workshop



Left: Workshop by Mr. Eric Miller & Team

Below: Final year study tour to Mysore



Management, SRM Institute of Hotel Management and Hospitality Consultant was the chief guest of the programme. The students of third year B.A. History emerged as winners. As part of the programme an intercollegiate quiz was organized for students of the Department of History and Tourism. Students from various city colleges participated and Loyola College won the first prize. The students of our Department participated and won several prizes at competitions conducted by different city colleges as well.

Dr. Cinthia Jude, faculty of the Department was conferred the Dr. Radhakrishnan Award – Best Teacher Award, by the Uyirthalir Research Foundation and Kamalayam Trust on 13 October 2019. Maria Akshita and Hinduja of second year B.A. History won international and national fencing medals respectively. Santra Martin of first year B.A. History has won several national level medals for athletics. The faculty of the Department participated in numerous international and national conferences and workshops. The faculty members published six papers in conference proceedings and in books as chapters. Project proposals of three faculty members were approved by the College for seed funding.

SOCIOLOGY



Sociogenesis

The Department of Sociology was engaged in a wide array of sociologically enriching activities during the academic year 2019-2020.

Gender was the theme of the Department for all the events organised through the academic year. The first event for the academic year was 'Socio Genesis' – an annual interschool competition held on 28 August 2019. Many schools across the city participated in various events such as Documentary Making, AdZap and Story through Pictures. The overall cup was won by SBOA School and Junior College. The schools were appreciative of the event since it raised social consciousness and catered exclusively for students from the arts stream.

'August Revel' – an intradepartmental cultural competition was conducted by the Department on 13 December 2019. Students participated enthusiastically in events such as Poetic Sociology, Dramaturgical Action, Social Statics and Dynamics, Sociological Enquiry, Dilemma and Visual Sociology. Students from third B.A. Sociology emerged as the overall winners.

On 7 February 2020, the Department organised the second international conference on 'Social Change and the Family: A Sociological Perspective on Family and Mate Selection in Contemporary India'. Dr. Todd Martin, Associate Professor, Dean of Humanities and Social Sciences, Trinity Western University, Canada gave the inaugural address and the presidential address was delivered by Dr. R. Indira, President, Indian Sociological Society. Eminent speakers



from across the nation who shared their viewpoints at the event were Dr. Anurekha Chari, Associate Professor, Department of Sociology, University of Hyderabad; Dr. Ajailu, Professor, Centre for the study of Social Exclusion & Inclusive Policy, University of Hyderabad; Dr. Sudeshana Mukerjee, Assistant Professor, Centre for Women's Studies, Bangalore University; and Dr. Leena Pujari, Associate Professor and Head, Department of Sociology, KC College, Mumbai. The Department also received a proposal from the Indian Sociological Society to conduct a research workshop as an outcome of this conference.

The Department collaborated with Media Point, a recognised event management company to offer a Certificate Course on

Business in Event Management; this course enabled students to have hands-on training in various aspects of event planning and execution. Students also had training in Neuro-linguistic programming which helped them to discover their potential and overcome their fears.

Above Left: August Revel

Above Right: International Conference - Dr. Todd Martin



ECONOMICS



The Department of Economics witnessed yet another year filled with activities and programmes that enriched both students and faculty. The highlight of this year was the two-day national seminar titled 'Pathways to Address SDG 2 of Zero Hunger' organised by the Department in collaboration with MSSRF, Chennai on 13 and 14 September 2019. The seminar was attended by experts from different parts of the country who shared their experiences from the field and in framing policies. The areas of deliberation included distinguishing between nutrition specific and nutrition sensitive programs, different approaches to leverage agriculture for nutrition, role of social and behavioural change in this approach and gender perspectives.

Workshops have been a regular teaching method employed by the Department. This

History of Economics Workshop





Panel Discussion on Budget



year Dr. Regi Manimegala conducted a ten-day capacity building workshop in Econometrics for lecturers from different city colleges. On 27 August 2019, the Dr. Sr. Helen Vincent Endowment Lecture was delivered by Professor P.G. Babu, Director, Madras Institute of Development Studies on the topic, 'What do we Learn from Parables in Economics'.

The Chamber of Economics, a student body of the Department initiated in 2016 with a goal to create opportunities for budding economists to increase their exposure in policy analysis and to organise activities that widen their understanding of economics, organised various events involving students within and outside the college. On 9 July 2019 a few days after the interim budget was announced, the chamber organised a Panel Discussion on the budget; the panel comprised Dr. R. Gopinath, MSSRF; Mr. Vikram Vijayraghavan, FICCI; and Mr. R.Sridhar, Grant Thornton. Mr. N. Sridhar, Great Lakes Institute of Management moderated the session which allowed students to voice opposing ideas about the budget.

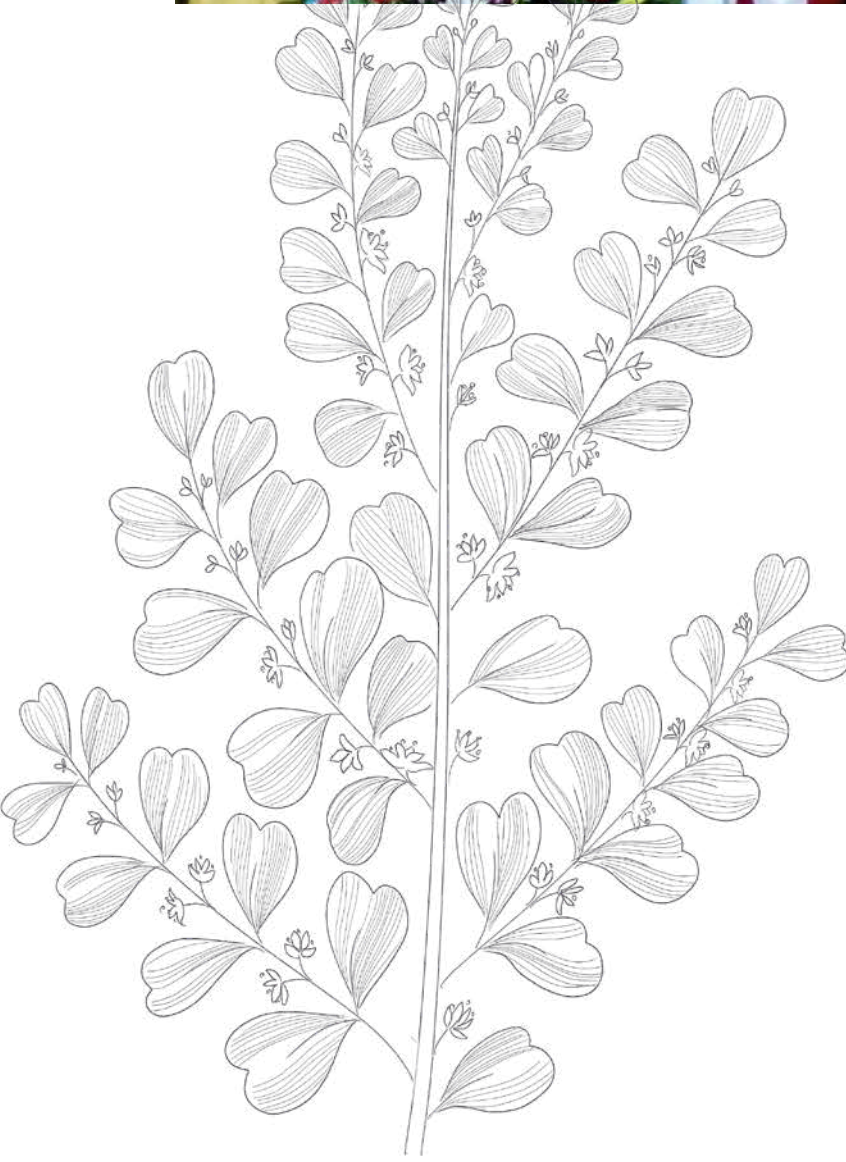
Other activities organised by the chamber included an interdepartmental Business Quiz conducted on 5 August 2019. Ms Angel of third year B.A.was the quizmaster; over 40 students from various departments participated in the quiz. An interdepartmental poster designing competition was organised on 17 July 2019. 'Ecocentric' – the annual fest of the department was organised on 27 September 2019. Mr. Jayadeep S. Halbe, founder and CEO of Halbe and Managing Partner at Schifaro Ventures, inaugurated the event. The 'perfectly competitive' event was a huge success with over 110 participants from colleges across the city; Loyola College bagged the overall cup followed by M.O.P. Vaishnav College for Women.

The final event for the academic year 2019-2020 was a workshop on 'The History of Economics: How We Got Here and What Is Next' facilitated by The Econormist. The Econormist is an economics blog and knowledge platform co-founded by Tareque Laskar, Head, Research and Analytics Division at ITW Consulting, and Jayanth Nanjappa, Chief Investment Strategist, 90-10 Financial Consultants. The workshop was a two-day programme conducted on 24 and 25 February 2020 and focused on a particular part of the economic journey over the centuries. The topics discussed were, 'The Revolution to End All Revolutions: The Emergence of the Modern Economy', 'Looking Under the



Left: National Seminar on Pathways

Right: Winners of Ecocentric 2019-20



Hood: Where Does Economic Growth Come From?', 'From Cruise To Turbulence: Why Do Economies Wobble?' The workshop had numerous activities emphasising the application of various economic concepts.

Our students took part in various competitions outside the college and won prizes. Krithya Shakthi and Aparna of first year B.A. won the second place in a national level research conference organised by the Department of Economics, Christ University, Bengaluru. They

also got the Best Paper Award for their paper presented in the two-day national conference on 'Pathways to Address SDG's of Zero Hunger'. Varshini of third year B.A represented India in the youth exchange program at Bangladesh. Aishwarya S of third year B.A won the first prize in both under-21 and seniors level Tamil Nadu State Sports Karate Championship. Vaishnavi. V from third year B.A. Economics was the winner of Young Tax Professional of the Year – India finals organised by Ernst & Young.

ENGLISH



The academic year 2019-20 was an eventful one for the Department of English. A number of guest lectures, workshops and activities were organised for the students across the academic year.

Twelve students from the Department visited Le Tourneau University, Texas, on a study tour along with students from other departments from 13 to 27 April 2019. The faculty who accompanied them, Dr. D. Nazneen Marshall and Ms. Ishleen, conducted a workshop on Indian Picturebooks for the students of Le Tourneau University.

The Department organised its annual intercollegiate student seminar titled 'Centrestage: Indian Theatre' on 17 September 2019. Dr. V. Sivaraman, Associate Professor, Department of English, Presidency College

delivered the keynote address. On 8 January 2020, the annual intercollegiate literary festival, 'Novella' was organised by the Department. Titled, 'To the Dark Side' the event centred around villains and villainy. Students from various city colleges participated with M.O.P. Vaishnav College for Women emerging as the winners. The annual Bhavana Memorial creative writing competition was held on 23 July 2019; Ms N M Mathangi from first M.A. English won the first prize.

Several guest lectures on various topics were organised both for students within and outside the Department. Ms. Niveditha Subramaniam handled a session for the students of third year B.A. on 'Picturebooks: Picture-Text Dynamics' on 9 August 2019. On 13 August 2019, the Department organised the first Niharika Memorial Lecture. Mr. A S Paneerselvan,



Readers' Editor, The Hindu, spoke on 'Journalism as the Public Sphere'. A talk on 'Japanese Literature: Obasan' was given on 16 September 2019 by Ms. Anuja Sundar, an alumna and a Ph.D. scholar. A lecture on Memory Studies was delivered by Dr. Avishek Parui, IIT Madras for the students of third year B.A. and M.Phil programmes on 17 October 2019. Ms Abhirami Girija Sriram, an independent translator and Senior Sub-editor at Frontline, spoke on 'Translating Malayalam Dalit Texts' for the M.Phil. scholars on 21 October 2019. Mr. Robert Clements, an independent journalist delivered a lecture on 'Introduction to Journalism' for the second year B.A. English and Communication Studies; the students also participated in a session conducted by Ms Arulselvi, Radio Jockey, Rainbow FM 101.4 on 'Writing a Radio Script'. Ms Deepa Krishnamurthy gave a lecture on Sufi Poetry for the second year postgraduate students on 4 February 2020. A workshop on creating tactile books for differently abled children was conducted by Dr. Namita Jacob, Director, Chetana Charitable Trust on 5 September 2019. The books that were created by the participants were exhibited on campus, and later donated to the NGO. On 5 March 2020, popular lyricist and rapper, Arivu, conducted a workshop titled, 'Let's Talk Hip-Hop' for students of the



Popular Culture General Elective course as well as other interested students of the Department.

Forty students and alumnae from the Department of English cleared the UGC-NET this year; seven of them were awarded the JRF as well. Dr. D. Nazneen Marshall and Dr. Yaisna Rajkumari received their Doctorate Degrees from the University of Madras. Ms. Nimeshika Venkatesan, Ph.D. scholar, was awarded the DORA PLUS 2.0 Long Term Mobility Fellowship awarded by the Erasmus Foundation, as part of which she spent a semester at the University of Tartu at Estonia.

Faculty members of the Department were invited as resource persons by various colleges and organisations. A workshop on Children's Literature was conducted on campus by Dr. D. Nazneen Marshall and Ms. Arpitha Bhaskar on 9

January 2020 as part of the Chennai Literary Festival organised by the University of Madras. Students and faculty of the Department were involved in planning and conducting Communicative English classes for the less-privileged rural children at Tiruppachur and Perumalmalai in May 2019.

The Department also coordinated the Language Partnership Programme which is a peer teaching programme aimed at improving the spoken English skills of first year undergraduate students who require special assistance. Volunteers from the second and third year undergraduate programmes were given training to conduct the programme and were provided with material specially prepared for this purpose.

Faculty and students of the Department attended workshops and conferences both within and outside the city to enhance their knowledge. Across the year, 18 papers were presented at national and international conferences and 6 chapters and articles were published in highly reputed international and national journals. The members of the faculty also held positions as Board Members, Subject Experts, Doctoral Committee members and Examiners in various colleges and organisations.

Left: Tactile Book Workshop

Right: Teaching students at Thirupachur

FINE ARTS

Dr. Sr. Edith Tomory Endowment Lecture - Mr. Alexander Zachariah

The academic year was enlivened by a number of activities that enabled students and faculty to engage with art and design. The annual Dr. Sr. Edith Tomöry Endowment Lecture was delivered by Mr. Alexander Zachariah, Founder and Creative Director, Rubecon Communications Pvt. Ltd., Chennai, on 24 July 2019. The lecture titled 'Stories Well Sold' enthralled the audience with narratives of advertising strategies developed by Rubecon for leading brands in the country.

Taking forward its initiative to partner with international institutions, the Department organised a series of three-day workshops in collaboration with Southern Illinois University, Edwardsville, USA, in June and July 2019. A total of 62 students and six faculty members from the Department participated in these



workshops. The visiting faculty from SIUE were Dr. Laura Strand, Head of Textile Arts, Art and Design Department, and Dr. Jayashree George, Assistant Professor, Art Therapy Counselling Programme. Dr. Strand conducted a workshop on 'Textile Design' for students of first M.A. They developed print-ready artwork inspired by culture and contemporary issues, using photography and digital tools. Dr. Jayashree George, alumna of the Department, served as resource person for two workshops titled 'What is Art Therapy' and 'Creativity without Rules', for the B.V.A. students. These two workshops were integrated into a two-part programme with studio practice. The first looked at socio-cultural contexts for the teaching, learning and practice of art therapy. The second presented insights into technique-based work versus technique-free work, with students exploring multiple artistic languages for personal expression.

August 2019 brought another international visitor to the Department. The U.S. Consulate General, Chennai, facilitated a workshop titled 'Making Abstractions about Place' by Dr. Benjamin Moore, Head, Department of Visual and Performing Arts, Luther College, Iowa, USA. The workshop focused on how creative practice could evolve outside the traditional studio space and on the making of abstract imagery.

A series of workshops organised by the Goethe-Institut, Chennai, in September 2019, provided new learning experiences on 'Interactive Painting', 'Ebru-Paper Marbling', 'Digital Drawing & 3D Printing', and 'Electronics with Art and Music'. Sixteen students from third and fourth year B.V.A. attended these workshops.

Course specific activities complemented the vigorous academic schedule. These included a workshop on advertising conducted by Ms. Meera Zachariah for the second year M.A. class. The third year B.V.A. students of art specialisation attended workshops on still life painting by Ms. Harshavardhini and Mr. Srinivas, as well as a guest lecture by photojournalist and documentary photographer Mr. Pattabi Raman. The first year M.A. Soft Skills course was enhanced with guest lectures on 'Conflict Resolution' by Ms. Shantha Mary Joseph, Department of Psychology and on 'Portfolio Development' by Ms. Namrata Chabria, Freelance Artist.

Mrudula Maria Isaac, Sarrah Mustafa, Lipi Wadhawan, and Russati Murali interned for Gallery Veda at the India Art Fair 2020 held at New Delhi from 28 January to 3 February 2020. Students of fourth year B.V.A. went on a week-long study trip to heritage sites in Aurangabad, Ajanta, Ellora and Hyderabad. As part of the Service Learning initiative, students of fourth year B.V.A. painted wall murals at the Dell



Art Therapy Workshop - Dr. Jayashree George





Left: Textile Design Workshop - Prof. Laura Strand

Right: Mural in Stella Canteen



FINE ARTS



Youth Learning Centre run by Hope Foundation at Thoraipakkam, Chennai. The Service Learning activities for the Second year M.A. students included a project to give a makeover for the Stella Maris canteen. Vibrant paintings on food and healthy eating transformed the canteen into a cool place to spend break time on campus.

Faculty of the Department were active participants in several programmes including ten workshops. Seven papers were presented at various international conferences and seminars. Dr. Lakshmi Priya Daniel participated in a Leadership Seminar organised under the aegis of the United Board Fellows Programme and the Singapore Management University on 24 and 25 June 2019. Dr. Margaret Thomas and Dr. Swapna Sathish conducted a workshop

titled 'The Aesthetics of Colour' at the Light and Life Academy, Lovedale in August 2019. Dr. Anne Samuel's artwork was featured in a Women Artists Show curated by Klub Fankaar, at Ujjain in March 2020. Ms. Christeena Shaju's painting was selected for exhibition at the Museum of Goa as part of the Goa Affordable Art Fest. Faculty of the Department also delivered invited lectures at talks at various institutions in the city.

The academic year also marked a year of transition for the Department, with all classrooms being accommodated in the new Sancta Sofia Block and the art studio relocated at the Sr. Edith Tömöry block. With these new changes in place, the Department looks forward to an equally, if not more, fulfilling time the coming academic year.

MATHEMATICS

Exhibition - Application of Math in real life



The Department of Mathematics has grown from strength to strength. This year, the faculty of the Department were invited to deliver guest lectures, keynote addresses, review and sanction research projects and chair paper presentation sessions at national and international level. A significant highlight of the year was that Dr. Felbin C Kennedy was invited to Liverpool Hope University to be part of their 175th Graduation Day ceremonies held on 16 August 2019.

Faculty and students of the Department have published 10 research articles in reputed peer-reviewed journals. Currently, there are five Ph.D. supervisors guiding altogether 18 Ph.D. scholars. This year, Dr. V. Dhanalakshmi under the guidance of Dr. Felbin C Kennedy and Dr. K. Arputha Christy under the guidance of Dr. Sr. Jasintha Quadras received their Ph.D. degree.

The Department has motivated both undergraduate and postgraduate students to excel in academics as well as in co-curricular and extracurricular activities. Ms. Athulya Tessy Mathew of second M.Sc. got the British Council India Scholarship and has joined Liverpool Hope University to pursue M.Sc. Data Science. Ms. Sowminy of third year B.Sc. Shift II cleared an NPTEL certificate course on 'Discrete Mathematics' and was awarded the Elite Silver Certificate. G. Narmadha of second year B.Sc. Shift I was awarded the Kalai Sudar Virudhu for state-level drawing competition organized by Agathiya Mammunivar Kalai Ilakiya Panpattu Ayuvu Maiyam.

The Department organised an International Workshop on Data Analytics and Matlab on 6 September 2019. Dr. Junzo Watada, Professor Emeritus, Waseda University, Japan and Dr. Shankar Narasimhan Professor, Dept. of Chemical



International Workshop on Data Analytics and Matlab



Math Zoom 2019

Engineering IIT Madras, Chennai gave lectures on Data Analytics. Dr. Danny Raj M, DST-INSPIRE faculty, Department of Chemical Engineering, IISc Bangalore conducted a session in solving complex mathematical functions using MATLAB. Several guest lectures were also organised on Number Theory and Cryptography, Differential Equations and Graph Theory.

On 7 September 2019, the Department held the Dr. J. Thangamani Endowment Lecture which was delivered by Dr. Junzo Watada, Professor Emeritus, Waseda University, Japan on the topic, 'A Hybrid Optimisation Approach to Big Data Mining and its Analysis of Customer Relationship Management'.

The Department conducted its annual intercollegiate fest, 'Math Zoom' on 20 September 2019 in which 37 Arts and Science, and Engineering colleges participated. The year-long activities of the Integra forum whose main purpose is to promote mathematics by making it interesting through various activities, culminating in the inter-class Math Fest 'Math O Match' which was conducted on 10 February 2020. The inaugural talk on 'Astronomy – The Universe' was delivered by Dr. Teresa Arockiamary S. Students of both shifts

participated and the overall trophy was bagged by third year undergraduate students of Shift II.

An exhibition on 'Application of Mathematics in Real Life' was organised by Ms. V. F. Fancy and Ms. Benazir Obelia for the final year undergraduate and postgraduate students of both shifts on 25 February 2020. School students were also invited to visit the exhibition and an Olympiad was conducted for them on the exhibits.

This year, the Department also offered certificate courses 'Data Analytics using R' and 'Mathematics for Competitive Exams' and 'Mathematical Sciences for joint CSIR-UGC Exams' in order to enhance the employability skills of the students.

The undergraduate students of the Department were taken on a study tour to the digitalized Birla planetarium in Chennai as well as in Hyderabad. A visit to ISRO, Trivandrum was also organised; here the students got to witness the setting up and the launching of rockets and satellites directly. The postgraduate students of the Department were also taken to Visvesvaraya Industrial and Technological Museum, Bangalore to witness a demonstration of the working of mechanical and electronic machines based on several mathematical concepts.



PHY SICS

The Department of Physics introduced the M.Sc. programme in Physics in June 2019 with a vision to prepare the students for a career in research in physics or in higher studies at the university level. About 25 students have been enrolled for the programme; the programme gave students practical experience through hands-on projects in classes, besides preparing them for senior capstone research projects or professional internships. The faculty of the Department have published about six research articles in the international journals during the current academic year.

The Department of Physics organised a three-day workshop on 'Digital Logic Fundamentals' for B.C.A. students between 17 and 19 September 2019; this was done with a view to making the students gain in-depth

knowledge in Digital Logics of Electronics. The Department also organised a two-day workshop on Post-Graduate Experimental Physics on 11 and 12 November 2019 with the aim of training the faculty in Postgraduate Experimental Physics. At the workshop, Dr. Joe Jesudurai, former Vice-principal and Head, Department of Physics, Loyola College, Chennai gave a brief idea about microprocessors and interfacing techniques. Technical sessions were handled by Dr. J. Mary Linet and Ms. Sreekumari, Assistant Professors, Department of Physics, Loyola College.

On 20 September 2019, Dr. Lakshmi Natarajan, Professor, Bombay University addressed the first year postgraduate students on the topic 'Quantum Mechanics'.

Another notable yearly event of the Department is the Popular Lecture Series wherein eminent scientists from premier institutes of the country are invited as guest speakers. This year, Ms. Rajeswari Prabhakaran, Senior Management Role, OmniVision Technologies, Inc, California, United States addressed the students on 6 September 2019; she shared ideas on the techniques and applications of modern electronics. Mr. Barnabas Tiburtius, Mentor at Livingspark, addressed the students and



delivered a lecture on Current Cosmology – Edge of Time on 7 February 2020.

The Department's annual magazine 'Physik 2020' was released on the same day as an e-magazine; Mr. Barnabas Tiburtius released the magazine which is a product of effective team work by the student editors of the Department, under the guidance of Sr. Francisco Nirmala, fmm, Ms Anceila and Dr Sukanya. The magazine publishes articles written by the students of the Department. On the same day, a science exhibition was conducted in the Department wherein the undergraduate and postgraduate students showcased static and working models which can be used for learning various scientific concepts for school children of the age group 10-15 years. Around 550 students from various schools around Chennai city visited the exhibition. The objective was not only to inculcate a scientific attitude and research-mindedness but also to create teaching aids.

The Department was proud to welcome its alumna Dr. Manisha Caleb, Post-Doctoral Researcher, University of Manchester, the United

Kingdom to deliver a lecture on Radio Astronomy and Fast Radio Bursts on 8 January 2020. During her doctoral work at ANU, she had the First Interferometric Detections of Fast Radio Bursts in 2017. This was a real breakthrough in the field of Astronomy and was recognised globally. Science students from within the college and from other city colleges participated in this programme.

As always, the students of the Department did us proud. Ms. J. M. Afi of second year B.Sc. was selected to do summer workshop at IISER, Kolkata through NPTEL and five students from third year B.Sc. were selected to do their summer internship at various prestigious institutions. Ten students from the third year B.Sc. course successfully completed the project reports as a part of Nanoscience Certificate Course offered by CRIST, Stella Maris College. Ms. N. Nethra of third year B.Sc. completed the NPTEL certificate course in 'Experimental Physics 1' with a score of 90%. She has also completed the Research Project on 'UV-Visible spectroscopy' under the guidance of Dr R. Shanmugasundari, Assistant Professor from the Department. Ms. Zenia Zuraig of third year B.Sc. completed the NPTEL certificate course in Statistical Mechanics.

Left to right: Dr. Manisha Caleb | Dr. Lakshmi Natarajan | Mr. Barnabas Tiburtius | The e-Magazine Committee

CHEMISTRY

International Conference



Royal Society of Chemistry Lecture

The Department of Chemistry at Stella Maris College is committed to quality and excellence in education and research. The academic year 2019-2020 was an eventful one; an international conference and many workshops and lectures were organised. The students, faculty and non-teaching staff of the Department have been dynamically involved in making every event a great success. The Department also saw the visit of various eminent scientists of international and national repute from various fields of chemistry. It was a valuable experience for both the faculty and the students. Research activities conducted individually and in association with industries and national laboratories are an added feather in the Department's cap.

A two-day international conference on "Recent Advances in Nanoscience and Nanotechnology" was organised by the Department in collaboration with IIT Madras on 11 and 12 December 2019. Attended by eminent scientists of international repute, the conference was inaugurated by Dr. K. Radhakrishnan, former Chairman, ISRO, Bangalore and the keynote address was delivered by Dr. R. Graham Cooks, Professor, Purdue University, Indiana.

The Dr. Sr. Annamma Philip Endowment Lecture was delivered by Dr. Maria L Craig, Department Chair, Department of Chemistry and Physics, Mary Baldwin University, Staunton, Virginia, USA on 13 December 2019.

The Department along with the Royal Society of Chemistry (South India Chapter) and the Indian

Chemical Society (Tamil Nadu Branch) organised a lecture by Prof. P. Kuppusamy, MS., Ph.D., MD (hc), D.Litt., Professor of Radiology & Professor of Medicine, Dartmouth Geisel School of Medicine, One Medical Center. He spoke on the topic 'Take a Deep Breath: Sense and Sensibility of Oxygen- Chemistry to Clinic' and opened up a new world relating oxygen to human health. The talk also gave the students and faculty useful insights into research in this field.

The Department collaborated with CRIST and the Departments of Physics, Biotechnology and Bioinformatics in conducting a three-day Intercollegiate Workshop on 'Analytical Instrumentation Techniques' between 25 and 27 February 2020. The workshop was inaugurated by Padmasri Dr T. Pradeep, Institute Professor, Deepak Parekh Institute Chair Professor and Professor of Chemistry, Department of Chemistry, Indian Institute of Technology Madras (IIT-M). The function also saw the felicitation of Prof. Dr. T. Pradeep on the conferment of the Padma Shri Award for 'Distinguished Service in the Field of Science and Technology'.

Dr. Sr. Nisha George





Preparation of hand sanitisers



The students of third B.Sc Chemistry and both the postgraduate years organised the annual intercollegiate cultural event

'Chemfest-Reactions 2019'. The program was well attended by students from other city colleges. The over-all trophy was bagged by Women's Christian College, Chennai and the winners of the PG quiz were Guru Nanak College, Chennai.

The Department initiated a certificate course on Scientific Language Editing Programme (SLEP) in collaboration with TNQ Books and Journals. It was coordinated by Dr. Shiny John Vairamon and Dr. Sripriya Rajagopalan. The course was very beneficial to the participants. Dr. Mary N.L. was the recipient of the Golden Jubilee Research award for her contribution to research for the year 2019. Sr. Nisha George, who worked under supervision of Dr. Mary N.L, Head, Department of Chemistry was awarded the Ph.D. degree in August 2019; this was the first Ph.D. to be awarded in the Basic Sciences in the College.

The faculty and students have also been part of the research and learning at international universities. Dr. Mary Teresita, Assistant Professor has been selected to go to Trinity Western University, Canada as part of the

Leadership Training Programme for Women in Higher Education. Three second M.Sc. students, Ms. Antonia, Ms. Lavanya and Ms. Dharshini did their internship at Fu Jen Catholic University, Taiwan. Ms. Swetha also of II M.Sc, completed her final semester project work at KIT, Germany.

Accolades have been won at the national level as well. Two of our alumna, Ms. A. Ahalya and Ms. Mekha Mariam Mathew have cleared the UGC-NET examinations this year. Ms. Aksa Joseph, an alumna of the Department and Ms. Christa Treasa Thomas of I M.Sc. have received the INSPIRE Scholarship of Rs. 60,000 per annum each to pursue their higher education. Faculty members have published nine papers in international journals of repute and research scholars and second year postgraduate students have presented papers/posters at national and international conferences. Faculty members have also actively served as members for Boards of Studies, Academic Audit and a number of other committees both within the College and outside.

The Department also swung into action during the outbreak of pandemic due to COVID- 19. Hand sanitisers were prepared and distributed in the College.

The Department looks forward to an equally fulfilling time in the next academic year.

BOTANY



Bottle Gardening

The academic year 2019-2020 proved to be a fruitful year for the Department of Botany. Several Go Green interdepartmental competitions on current environmental affairs-related topics were conducted all through the academic year. The competitions boosted the confidence and enthusiasm of the students and made them more eco-conscious, eco-sensitive and eco-friendly. The Go Green Outreach Programme was also conducted for school students of Sarva Siksha Abiyan -Boys & Girls, Kattur on 29 June 2019, where students from the Department participated.

The Department organised a training programme on Bottle Gardening for the faculty of Stella Maris College in two batches on 6 August 2019 in which 34 faculty members participated. Mr. Roy Proprietor, Maple Gardens, the resource person gave insights on bottle gardening through a video presentation followed by hands-on training.

The Department also organised a Tree Plantation Drive as a green initiative programme on 15 October 2019 as a part of Service Learning. The third year students were taken to Lucas TVS, Nettappakkam (near Puducherry) where the Tree Plantation Drive was carried out. The students enthusiastically participated in this event and planted around 1360 tree saplings

using the Miyawaki Plantation method. The main objective of the project was to restructure and restore the environment to ensure sustainable growth. Around 21 different species like Mango, Neem, Magudam, Vagai, Badham, Malai Vempu, Athi, Thandri, Bauhinia, Poongai etc., were planted.

The annual intercollegiate department fest—'Astera'—was held on the 7 February 2020. Ms. Gauri Venkatesan, an alumna of Stella Maris College currently working as General Manager in United India Insurance Company Ltd., Chennai, was the Chief Guest. Around seven Colleges participated in all the events and Ethiraj College emerged as overall champions while Presidency College were the runners-up.

As a part of the curriculum, a study trip was organised for first year students to Kovalam to study the biodiversity of algae in their natural habitat; a herbarium was also prepared. The second year students were taken to North Chennai's Biggest Exhibition, "Plants Meet" at Thanga Malligai, Tollgate where they studied several medicinal plants. The third year students were taken to Coorg, Mysore for 3 days as part of their educational trip.

The Department looks forward to continuing its work in the new academic year and hopes to venture into new areas of research and study.



Tree Plantation Drive

ZOOLOGY

Shikra Club at Adyar Poonga



The academic year 2019-20 was filled with myriad activities for the Department of Zoology. A new certificate course on Medical Biotechnology was introduced for the students of third year B.Sc. The Department also offered its first online General Elective course titled 'The Fascinating World of Insects'.

The Shikra Club comprising interested students of second and third B.Sc. and faculty of the Department was formed on 26 June 2019 to encourage an interest in fauna in and around Chennai. Its activities this year included a field visit to Adyar Poonga and the Theosophical Society, where club members observed and documented biodiversity. Their sighting of an early migrant, the Common Sandpiper, during the latter visit, found mention in The Hindu Metroplus.

In keeping with the theme selected by the United Nations Environmental Programme for World Environment Day, #Beat Air Pollution, a guest lecture was organised on Air Pollution and Air Quality Monitoring on 5 July 2019. The Department installed an Air Quality Index Monitoring Device to monitor the air quality index on campus. A group of students accompanied by two faculty members participated in the World Environment Day 2019 celebrations at the Chennai Snake Park Trust on 5 June 2019.

A workshop on 'GIS-mapping of the campus for Conservation Planning' was organised on 6 July 2019 for students and faculty of the Department, in collaboration with Care Earth Trust, Chennai. A unique workshop was conducted on 15 February 2020 on 'Nature-writing in Tamil for Women' for students across Departments and other city colleges.

As many as 37 species of butterflies were documented on campus during the Butterfly Week held in the second week of July. The Spot Swordtail, Painted Lady, Scarlet Tip and Indian Sunbeam were observed for the first time.



Ms. Zai Whitaker, Joint Director, Madras Crocodile Bank Trust, delivered 'The Dr. Meera Paul and Dr. Hannah John Endowment Lecture' titled, "Some thoughts on Conservation" on 12 September 2019. To commemorate Wildlife Week in October, a Bird Quiz was organised for the students.

Topics of guest lectures organised ranged from 'Indian Snakes and Snake Bite Management' to 'Diving with Dugongs' and 'Food as Medicine'. Ms. Joefin Milred Peter, Graduate Student, Canadian Mennonite University, participated in select practical and theory classes in the Department as part of her practicum. She also gave a presentation to the third year B.Sc. students on the preparation of laboratory reports.

As part of the Service-Learning Programme, the third year B.Sc. students visited the Government Higher Secondary School, West Mambalam and Raphael's Higher Secondary School, Santhome, where they made presentations on health and hygiene to students of classes VI to VIII.

The annual intercollegiate fest – 'Synapse 2019', was organised on 17 October 2019. Dr. Ahana Lakshmi, Senior Scientific Consultant, National Centre for Sustainable Coastal Zone Management, Chennai, delivered the inaugural address. Guru Nanak College emerged the overall winner. Mrs. Sunderathai Lazarus, Principal, Union Christian Matriculation Higher Secondary School, Chennai, delivered the valedictory address.

The annual 'Exzoobition', which showcased the creative talents of the students was conducted on 7 February 2020. The students set up working models for several topics in Zoology, keeping the visitors spellbound.

Having participated enthusiastically and successfully in several intercollegiate fests, the students were declared the overall winners at the Zoology fest conducted by Loyola College. Ms. Sanjana Shyam of third year B.Sc. presented a paper at an international conference organised by the Social Work Department.

During Campus Bird Count 2020, 173 checklists were uploaded by 43 birders documenting 27 species. Several activities were also conducted to initiate first-time birders into birdwatching. Faculty of the Department have published books, and have actively participated in several faculty development programmes, presented papers at international and national conferences and



Campus Bird Count



'Lesser Known Embiids' by Dr Rita Jayaraj

registered for and completed online courses to update their knowledge base.

The students of first and second year B.Sc. attended the exhibition on 'Water Matters', curated by the Care Earth Trust in collaboration with the Smithsonian Foundation. Students of third year B.Sc. visited the Microbiology, Genetics, Molecular Biology, Animal Breeding and Biotechnology laboratories at the Madras Veterinary College, Vepery and learnt about several instruments used in these fields. During a field trip to Vedanthangal Bird Sanctuary in Kancheepuram, the students observed, photographed and documented 50 bird species and their behaviour.

The Department looks forward to an equally enriching experience in the forthcoming academic year.



COMMERCE

SHIFT I

The academic year 2019-2020 was a fulfilling year for the Department of Commerce, Shift - I. The Department equipped its students to face many challenges, by focusing on student enrichment programmes such as conferences, certificate courses, workshops, guest lectures and cultural events to positively impact students' emotional, intellectual, social, and inter-personal development.

A one-day international conference titled 'The Future of Work – Interrelated Dynamics of Work, Workforce and Workplace' in collaboration with RR Donnelley and Miles Education was held on 20 February 2020. The international speakers at the conference were Dr. Kasturi Prahlad, Chair, Department of Economics, Davis College, Radford University, USA and Dr. Imbenzi George, Director, Business

Stream, Trinity Western University, Canada. The panel discussion on 'Industry 4.0' was greatly appreciated and enticed the audience. Students and faculty from various colleges in the city attended the same.

The Department also organised a number of workshops for the students on topics such as 'Emotional Intelligence, Interview Skills and Motivational Skills', 'Accelerating Young Leaders' and 'Baking Skills'. A Series of guest lectures were also held during the academic year on the following topics, 'Firewall and Network Security Risks', 'Types of Innovation', 'Principles of Traditional Food', 'Leadership and Understanding Self'.

The Department is proud to record two recent MOUs signed with Miles Education Pvt. Ltd. – Learning Center for US CMA and Finmark Trainers India Pvt. Ltd., to offer a certificate course in 'Financial Market Education'. In relation to this, the Department initiated a Certified Management Accountant Professional Certification Program in collaboration with Miles Education Pvt. Ltd. – Learning Center for US CMA, for students who wish to pursue a global career in Management Accounting. A certificate course in 'Mutual Fund Module' was offered by the Department of Commerce Shift - I in

collaboration with Finmark Trainers Pvt. Ltd., to provide an insight on trading in capital markets with special reference to India.

The cultural extravaganza 'Tresalanza', was organised by the Department on 18 September 2019. The inaugural address was given by Rev. Fr. Joe Arun, SJ, Director of Loyola Institute of Business Management (LIBA). The event motivated the students to showcase their talents and develop a healthy competitive spirit among them. Students from III B.Com. won the overall trophy.

International conferences and regional workshops were also attended by the faculty members of the Department. Dr. Agnes Rozario was nominated and elected to represent Stella Maris College for the Academic Council, University of Madras. Ms. Victoria Henry presented a paper in an international conference on 'Transformation in Industry in an Era of Digitalisation: Challenges and Opportunities' held at Guru Nanak College, Chennai. She also published a paper in the International Journal of Recent Technology and Engineering, a Scopus Indexed Journal.

The Department is proud to announce that its students have been placed in Ernst & Young, Deloitte, RBS and various other industries through the career guidance cell of the College. Three students from third year B.Com. have successfully completed their Cost and Management Accountancy intermediate examinations.

International Conference



COMMERCE

SHIFT II

The academic year for the Department of Commerce (Shift II) began with 'Nexilis'- the intradepartmental commerce cultural competition organised for all the seven classes of the Commerce Department. The event was held from 3 September 2019 to 13 September 2019 and its objective was to provide an opportunity for the students to bring out their talents and to facilitate the participation of the Department in events organised by the College. In addition to cultural programmes, the events that were organised enabled the



Business Summit - I

students to develop entrepreneurial and business skills. Students actively participated in all the events with a competitive spirit and B.B.A students emerged as the overall winners.

A one-day seminar on 'Transformation of Auditing through Digitization' was held on 15 October 2019 for the final year Auditing students of B.Com., B.Com. (CS) and B.Com. (A&F). The main motive of the seminar was to bring technological developments in auditing and to create awareness among students regarding the practical aspects of technology.

On 10 December 2019, the International Human Rights Day, the Department of Commerce (Shift II) organised a colloquium on 'Harnessing Synergies in Promoting Businesses as a Cause for Social Good'. The chief guest for the colloquium was Dr. Kannegi Packianthan I.A.S. (Rtd.) Chairperson, Tamil Nadu State Commission for Women. The conference started with the inaugural address by the chief guest followed by two different sessions and a panel discussion on 'Business and Human Rights' by three speakers from varied industries. The students were given insights on how organisations take care of the welfare of their employees. Poetry, slogan, essay and poster making competitions that were organised enabled the students to understand the importance of human rights in the business world.



Top left & right: Colloquium - Harnessing Synergies in Promoting Businesses as a Cause for Social Good



EPIC 2020



Left : Seminar: Transformation on Auditing through Digitization

A seminar on 'Goods & Service Tax' was organised for the students of B.Com. (A&F) on 22 February 2020. The seminar created an awareness about the need for GST and its working procedures among the students.

An Entrepreneurial Conclave, EPIC is held annually by the Department of Commerce (Shift II). The theme of this year's EPIC 2020 was 'Innovare'. The conclave was held from 3 March 2020 to 5 March 2020 and was inaugurated by Dr. Sr. Rosy Joseph fmm, Principal, Stella Maris College. The conclave was open to participants from other colleges as well and consisted of competitions, workshops, sessions conducted by entrepreneurs from various fields and a display of innovative products. Students actively participated and put up a range of stalls that sold food, accessories and art on the campus.

'EMPORIO '20', the intercollegiate Commerce fest organised by the students of M.Com. took place on 11 March 2020. Students from 16 colleges across the city participated in the event and Loyola College emerged as the winners. Students actively took part in the 15 events that were organised as part of the fest and made it a great success.

PSYCHOLOGY



Above: International Conference | Below: Mental Awareness Rally

The Department of Psychology had a very eventful and academically enriching year with a series of lectures by scholars, researchers and clinical practitioners who shared their expertise with our students.

A major hallmark this year was the three-day conference titled 'Emerging Trends of victimization: A Multidisciplinary Perspective' held from 28 February to 1 March 2020. Held in collaboration with the Department of Criminology, University of Madras, this was the 'Seventh International and Eleventh Biennial Conference of the Indian Society of Victimology'.

The students and faculty of the Department have spent considerable time and effort in research and writing. A total of 12 papers were presented by students and faculty at various national and international conferences. Ms. Himaja Boinapalli, a third year student has also received an acceptance to present her paper at the Indian Congress of Psychology at Prague in the month of July 2020.

The Department conducted several workshops this year. Ms. Reshma Malick was the resource person for a workshop on Art Based Therapy on 30 July 2019 and a workshop on Neuro-Linguistic Programming was conducted

by Ms. Rachel Jayaseelan on 30 September 2020. A special lecture on the topic 'Family Relationships: An Intercultural Perspective' was delivered on 6 January 2020 by Dr. Preeti Premkumar, Senior Lecturer, Nottingham Trent University. In collaboration with the Students' Union of Stella Maris College, the Department organised the 'Mental Health Week'. Various competitions such as poetry writing and poster making were conducted between 14 and 19 October 2019; a special lecture by Dr. Nappinai Seran, an eminent psychologist working in Chennai, was also organised, as was a rally that was held within College as a break time event. This was followed by a human chain formed on Cathedral Road outside the College to create awareness about mental health.

Dr. Divya Dovina T, faculty of the Department was awarded the 'Best Young Researcher Award' in August 2019 by IRDP; she was awarded her Ph.D. in December 2019. Faculty of the Department also attended various workshops and conferences besides having been invited as resource persons for many others.

The Department is happy about the progress it has made and is looking forward to flourishing in the years to come.



COMPUTER SCIENCE

The Department started the academic year with Orientation Programmes for the first year undergraduate and postgraduate students on 19 and 26 July 2019 respectively. This event outlined to the students the objectives of the B.C.A. and M.Sc. IT programmes. They were also made aware of higher education opportunities in India and abroad.

Ms. Maria Ramya Caesar, an alumna of the Department, currently working in Intellect Design, gave a Hands-on Training on UI/UX on 5 July 2019. This training was taken up by 49 students of the Department. Students were trained on a UI/UX tool Figma. The participants had to develop a project using the training that they had received.

“WizIT ‘19”, the Department’s Annual Intercollegiate Technical Competitions, was held on 6 August 2019. Mr. Chinni Krishnan, VP, Cognizant Retail and Consumer Goods, presided over as Chief Guest. His speech motivated aspiring professionals in the IT field and offered guidance on ways to equip themselves to take up a profession in this field.

The faculty of the Department undertook a Faculty Development Programme on Block

Chain and BitCoin on 17 August 2019. The resource person for this programme was Dr. N. Bhalaji, Associate Professor, Department of Information Technology, SSN College of Engineering.

A workshop on Agile Methodology was conducted for the students of second year B.C.A and first year M.Sc IT on 28 August 2019 by Mr. M.V Venkatesh, Associate Director, CTS. This workshop enabled students to understand the industrial practices that promote continuous iteration of development and testing throughout the SDLC of a project.

On 31 August 2019, 22 students of the Department from third year B.C.A. and second year M.Sc IT took up a hands-on training on Java Programming—Best Practices by Mr. A. Steve Anand, Software Consultant, Qenz. This training gave an insight into the best practices that a java developer needs to practice when developing applications and what are the benefits of following these practices.

A session on Cryptography by Dr. Chester Rebeiro, Assistant Professor, IIT-Madras was organised for the post graduate students on 3 October 2019. This session highlighted the techniques for secure communication in today's digital world.



On 23 November 2019, the department had a reunion for the alumnae. The alumnae shared their cherished moments and enjoyed being back in college with their friends.

The Department organised its Second International Conference on Advancements of Computing Technologies (ICACT 2020) on 10 and 11 January 2020. The conference was a platform to gain insights on the current trends in the field of Computer Science. A number of talks were given by experts on various topics. Dr. Robin Doss, Deakin University, Australia spoke on 'Security and Privacy in the Age of Internet of Things', Dr. Roshan G Ragel, University of Peradeniya on 'The Impact of Computers and Machine Intelligence in Human Life: A Systems Perspective', Dr. R. Gunasekaran, MIT, Chennai on 'Autonomous Vehicles and Drones: Views and Business Benefits', Mr. Narayanan Jayaratchanagan, Cognizant on 'Most Important Change in Industrial Trends from an IT industry standpoint', Mr. Rajeshkumar and Mr. Vinoth Kannan Baskar on 'Evolving Networks', and Dr. Debabrata Samantha, CHRIST University spoke on 'Women Protection based on Advanced Computing Technologies'. Fifty papers were presented on various topics pertaining to Computer Science and Applications during this conference.

Professor Dr. Ken Rouse, Department of Computer Science, LeTourneau University, visited Stella Maris College on 22 January 2020 and interacted with the faculty and students of the Department of Computer Science. Professor Rouse discussed the various courses being offered and job opportunities that students have at LeTourneau. He also spoke on Artificial Intelligence to the students.

'Links', the Department Club conducted various competitions that promoted technology education. The event "Developers Contest" conducted by the club, encouraged students to develop applications.

Faculty and students actively participated in conferences and seminars throughout the year and faculty served on several committees both within and outside the College.

Above: Dr. Ken Rouse

Below: International Conference



SOCIAL WORK

In a world filled with incredibly complex, pressing challenges and various kinds of injustices the Department of Social Work organises various programmes to make a difference in the lives of individuals and members of the community. Most of the programmes organised during the academic year 2019-2020 aimed to enhance professional and technical skills of students to serve the society better.

Dr. Kaaleswaran, Director, Alternative Media Centre conducted a workshop on 'Street Theatre and Folk Arts' for the first year M.S.W. students on 14 July 2019. A workshop on 'Good Governance and Effective Participation' was held on 27 July 2019 by YUVA Active Advocacy Forum. A workshop titled 'Exploring Oneself' was conducted by Ms. Srinidhi,

Freelance Clinical Psychologist on 30 July 2019. Commemorating the International Breastfeeding Week from 1 August 2019 to 7 August 2019, the Department collaborated with the Kanchi Kamakoti Child Trust Hospital and organised a poster making competition for students on the theme, 'Empower Parents, Enable Breastfeeding'. A workshop on 'Mind Management' was conducted by Mr. Rajesh, CSR Consultant on 13 September 2019. Rtr. Tarun Murugesh, Founder Director, Life Guarding and First Aid, Rashtriya Life Saving Society conducted a workshop on 'Life Guarding and First Aid' and Dr. Prabha Murali, Counsellor delivered a guest lecture on 10 October 2019. Ms. Bhavani, Director, Sarwin Counselling conducted a workshop on 'Critical Thinking Skills' on 3 December 2019. The Department in collaboration with YRG Care organised a workshop on 'Working with Children



Left: Endowment Lecture

Right: Workshop on Good Governance & Effective Participation



with Chronic Illness Using a Therapeutic Recreational Model' on 24 January 2020 for the postgraduate students. A workshop titled 'Child Sexual Abuse' was conducted by Ms. Sherin Mary, Coordinator, Justice and Hope on 30 January 2020. On 7 February 2020, a workshop on 'Photo Journalism' was organised in collaboration with World Vision India. On the same day, a workshop on 'Health Information' was organised for the postgraduate students of the Department. As part of the Chennai Storytelling Festival, Dr. Eric Miller conducted a workshop on 'Storytelling' on 12 February 2020. The Tamil Nadu's Women's Collective organised a workshop on 'Low Cost Nutrition' on 18 February 2020. Ms. Magdeline, Director, East West Counselling Centre conducted a workshop on 'Psychodrama' on 21 February 2020. On 13 March Mr. Saswathan conducted a workshop on 'Protection of Environment'.

Commemorating 30 years of the Convention of the Rights of the Child, the Department and UNICEF on Campus Club in collaboration with Thozhamai, an NGO organised an interaction between the Youth Advocates for Child Rights and Ms. Trisha, UNICEF Celebrity Advocate on the theme, 'Ending Violence Against Children' on 28 August 2019. Commemorating the 160th birth anniversary of Mahatma Gandhi the Department in collaboration with the Departments of Value Education, International Studies and History, jointly organised a one-day national conference on

'Rekindling the Gandhian Spirit' on 1 October 2019.

The Department in partnership with various national and international agencies trained students to work with children, women, adults, vulnerable and disadvantaged populations. A skills training workshop by Madras Christian Council for Social Service was organised for the students on 27 July 2019. Students were taught to make soap, phenyl, pain relief cream, thread work so as to impart these skills to women living in slums as an income generator for financial self-reliance.

On 1 October 2019, Mrs. Nirmala Kurien, daughter of Dr. Verghese Kurien, the Father of the Milk Revolution in India delivered the Rev. Sr. Thecla Camacho Endowment Lecture on 'The Social Impact of Operation Flood'.



International Conference on The Environment and Sustainable Futures

Ms. Sudha Mani, Consultant, Corporate Hospitals of Southern Tamil Nadu, and alumnus of the Department; Ms. Stegna Jency, Programme Officer, Centre for Child Rights and Development; and Ms. Karunaya Devi, Advocate, were part of a panel discussion on 'Social Inclusion'. They were also felicitated for their services in their respective fields.

An international conference titled 'The Environment and Sustainable Futures' was held in collaboration with United Board for Christian Higher Education, Kent School of Social Work and CL Brown Environment Institute, University of Louisville, USA on 9 and 10 December 2019. A Seminar on 'Democracy, Minority Rights and Participation' was conducted by the Department in association with National Campaign for Diversity and Harmony on 8 February 2020. In collaboration with the Madras Dyslexia Association, the Department organised a Dyslexia Awareness Programme on 17 February 2020.

A seminar on 'Youth for Plant Health' and an intercollegiate cultural fest was organised by Unnathi, the students forum of the Department on 4 March 2020. Throughout the year, the members of Unnathi, the UNICEF on Campus Club and Youth Advocates for Child Rights organised and participated in several

competitions on street theatre, mime, thematic dance, singing, digital poster-making, logo-designing, photography and meme creation. They also performed street theatre, dance and puppet shows on Child Rights and ending violence against Children in the public places, in the slums, schools, colleges and at events hosted by the Government.

In collaboration with SMCDRIVE and The Banyan, a certificate course in 'Basic Counselling' was offered for the undergraduate students from 20 January 2020 to 16 March 2020. The Department also collaborated with various centres in the College and organised workshops on 'Academic Writing', 'Employability Skills' and 'Social Work Communication'.

An eight-day rural camp was organised at Nagapattinam and Karaikal for the first year M.S.W. students. The Second year M.S.W students visited Goa as part of their educational trip; they also went to Thirupachur for a rural camp and Kolli hills for Tribal visit.

The work of the students of the Department has been recognised at various forums throughout the year. On 17 September 2019, Ms. Germina of second year M.S.W presented a paper at a conference organised by the Kodaikanal

Christian College and received an award for the best paper. Third year B.S.W. students Ms. Raghavi and Ms. S. Balagowri received 'You are a Gem' Award from United Way, Chennai on 2 October 2019 for their exemplary voluntary services. On 8 November 2019, Ms. B. Monisha, Ms. Gowri. P, Ms. Tryphena Persis, Ms. S. Balagowri, Ms. Zerlin Cinderella and Ms. Ragavi of third year B.S.W received the 'Best Student Leadership Programme Mentor Award' from the Indian Development Foundation for teaching life skills at various less privileged schools.

Members of the faculty presented papers at international and regional conferences and won a number of awards and fellowships. Dr. Nirmala Alex, received the 'Narsamuga Semmal' award from Tamil Literature Council, Chennai and the 'Teacher for Peace Award' from the Gandhi Peace Foundation for her exemplary service. Dr. Sr. Lourthu Mary fmm received Friends of Greater Chennai Police' Award from Dr. A. K. Viswanathan IPS, for her valuable service and support rendered to the Greater Chennai Police; she also presented a paper at an international conference at KaTho University, Germany. Dr. Madhavi K attended a Leadership Training Programme at Hawai International, Hawai and Ms. Vijayalakshmi received the UBCHEA fellowship to attend the Annual Peacebuilding Training Programme at Mindanao Peacebuilding Institute.

The Department of Social Work is justly proud of its achievements this academic year and looks forward to even more enriching experiences in the next academic year.



Street Theatre performance

B. VOC

FOOD PROCESSING & QUALITY CONTROL

The four-year-old department had a proud and memorable moment as it witnessed the conferring of the B. Voc.—Food Processing and Quality Control degrees on the first batch of students. This was possible due to the concerted effort of all the stakeholders—students, faculty, industry partners and the management

In the constant quest for excellence, various activities were conducted to provide our students with a holistic education. MoUs were signed with seven Industries namely Mega Foods Private Ltd., HECS Laboratories Pvt. Ltd., Exel Water Systems Pvt. Ltd., Moon Foods, Naga Limited, Jas Global Services and Armats Biotek Laboratory to further the industry-academia partnership.

The much-awaited Food Analysis Laboratory, an addition to the existing Food Processing Lab and Baking Lab, was inaugurated on 27 January 2020.

In order to gain real-time experiential learning, the students interned at KVIC, Writers' Café, and Aavin. Visits to food processing industries in Tamil Nadu such as Naga Limited, Dindigul, Kwaliti Milk Foods, Kanchipuram and State Ground and Surface Water Resources Data Centre, PWD, Taramani gave the students an exposure to the nuances of running an industry.

Several skill-building activities were organised throughout the year to enhance entrepreneurship and employability. In collaboration with Nestle, a workshop on innovative Monsoon Cookery was conducted. The Intercollegiate fest 'Food Pro – 2019' was organised on 13 October 2019 as part of the National Nutrition Week activities.

Guest lectures by eminent resource persons on Energy Conservation, Research and Thesis Writing, Business Planning and Entrepreneurship were organised periodically which opened the minds of the students on report writing, SWOT analysis etc. in starting an enterprise.



Students performed very well in intercollegiate events of the city and won prizes in events like short film making, cookery, T-shirt painting and poster presentation. Ms. Sakshi Agarwal of the third year was appreciated for her novel idea at FSSAI's Salt Challenge. Ms. Shwetha S also of third year cleared two NPTEL courses, one in Elite category. Ms. Preethi Ilavarashi a second year student attended a 14-day Leadership Summer Program at Trinity Western University, Liverpool as part of the Student Exchange Program. The NDSC assessments were conducted successfully for the respective Qualification Packs to keep pace with the developments in the field.

Faculty of the Department too updated their knowledge by attending conferences and workshops.

The academic year was eventful and fruitful. The Department strives to work together and push boundaries to raise benchmarks and make a difference in the world we live in.

Right: Food Pro 2019 Fest-O-Fit
Below: Inauguration of Food Analysis Laboratory



B.VOC

SUSTAINABLE ENERGY MANAGEMENT

Inauguration of Sustainable Energy Lab



D'Trash - No Time to Waste



The Department of Sustainable Energy Management, in the academic year 2019-2020 reaffirmed its commitment to equip students with skill sets so that they become game-changers in the renewable energy sector. This is all the more important as, fossil fuels fast running out, the use of alternative energy is the need of the hour.

To this end, MoUs were signed with NIN Energy India Pvt. Ltd, Radicle Eco solutions and ARUNIKA Green Energy Pvt. Ltd. which would strengthen the industry-academia networking. This year, in addition to the existing laboratory a new sustainable energy laboratory has been set up to facilitate the practical work and work related to projects.

A number of industrial training sessions were arranged in collaboration with the industry to provide on-the-job experience in areas such as Energy Auditing, Installation and Maintenance of Solar PV systems, Biogas production and Redefining Waste. The students also attended a renewable energy expo held at Nandambakkam. A number of guest lecturers were organised on pertinent topics such as Demand for Alternate Energy, Writing Business Proposals, Language of Science--Writing Research Articles, Women Entrepreneurship and Waste Conversion for Green Energy.

Assessment and certification by National Skill Development Corporation (NSDC) were conducted for the respective qualification packs successfully.

To keep pace with the ever-changing scenario in the renewable energy sector, the students had an interactive on-site session with scientists of CSIR Madras complex on effective waste water treatment using sustainable materials. They also studied the first platinum-rated green building of India and the Adyar Estuary restoration project. An annual intercollegiate cultural fest 'SYNERGIA 2019- by the doctors of the planet' was conducted on 1 October 2019 with an emphasis on 'Go Green'. Eminent environmentalist Mr. Ashok Srinithi delivered a lecture on Climate change.

A one-day regional workshop on waste management titled 'D'Trash-no time to WASTE' was organised on 26 February 2020. Lecture Demonstrations on composting, transformation and upscaling of waste were performed by the experts from VNS Enviro Biotechq Pvt. Ltd., Radicle Eco Solutions, Nammabhoomi and Tamilnadu biogas. The projects of the final year students were also exhibited which included working models of solar cap, waste management and mini-biogas plant and prototypes on green buildings.

To keep abreast of the latest developments in the field, faculty members attended several conferences and workshops conducted within and outside the College. Dr. K. Sownthari presented a poster in an international conference conducted by the Department of Social Work, Stella Maris College. Ms. N. Mahalakshmi cleared the NPTEL course on Solar Photovoltaics. She was an editorial member for 'Physics-Vol. 1 for 12th standard' by DON Publications (P) Ltd.

Four students participated in a two-week leadership program titled 'Leadership, Environment and Development' at Trinity Western University, Canada during June 2019. Ms. Vinisha M student of first year secured second place in the event Voiceover, conducted by the Department of Zoology, Loyola College, Chennai.

2019-2020 was a particularly special year as our first batch of students were awarded the B. Voc.–Sustainable Energy Management degrees.

Our career-ready graduates have the holistic skills to meet today's industrial needs, develop solutions for the implementation of green energy and a strong entrepreneurial spirit that will contribute to individual and national prosperity.



Above: Industry visit

Below: Renewable Energy Expo

INTERNATIONAL STUDIES



The Department of International Studies has consistently provided students with a global perspective on key issues in the field. The academic year began with the 12th Dr. Kamala Aravind Endowment Lecture which was held on 5 August 2019. The lecture was delivered by Dr. Alan J. Kuperman, Lyndon B Johnson School of Public Affairs, University of Texas, Austin, USA. His talk on 'Iran, North Korea and the Future of Nuclear Non-Proliferation' was thought provoking.

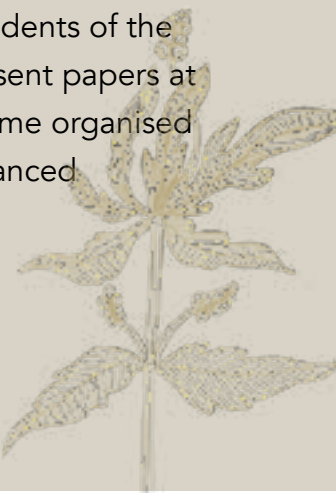
Commemorating the 150th birth anniversary of Mahatma Gandhi, the Department in collaboration with the Departments of Value Education, History and Social Work (UG) jointly organised a one-day national conference on 'Rekindling the Gandhian Spirit' on 1 October 2019. The conference aimed to awaken the

spirit of Gandhi and Gandhian values amongst the youth of today.

One of the important annual events of the Department is the student seminar- 'Kriya'. This year, the seminar was conducted on 24 January 2020 and was titled 'Climate Change and Disaster Relief: Impact and Responses'. The programme was inaugurated by Mr. G. Sundararajan from Poovulagin Nanbargal, an environmental organisation.

The Annual Scholar-in-Residence Programme was conducted from 4 to 7 February 2020. Dr. Shibashis Chatterjee, Director, School of International Relations, Jadavpur University, Kolkata was the resident Scholar; he delivered lectures on International Relations Theories and Foreign Policy of India.

The Department of International Studies is a partner institution with the International Peace Research Institute (IPRI) funded by Konrad Adenauer Stiftung Foundation, Germany. As a part of this initiative the students of the Department were invited to present papers at the Young Researchers Programme organised by the National Institute of Advanced Studies, Bengaluru.



PUBLIC RELATIONS



The Department of Public Relations offers a well-articulated and holistic postgraduate programme. The academic year began with a Social Awareness Programme organised by the Department. As part of the programme, the students conducted a study on the living conditions and livelihood of silk weavers of Kanchipuram in August 2019. The study was undertaken in association with the Digital Empowerment Foundation, a body that aims to connect unreached and under-served communities of India in an effort to bring them out of digital darkness and equip them with access to information. The objectives of the visit included a study of the working conditions and lifestyle of the community, to measure the reach of the Digital Empowerment Foundation project and analyse the level of awareness towards health, hygiene and education.

Consistent with the Department's effort to bring in resource persons to conduct sessions, a two-day International Scholar-in- Residence programme was organised on 17 and 18 September 2019. The session was addressed by Dr. Sheila L. Tefft, Professor of Journalism, Emory University, Atlanta. She is a 2019 Fulbright -Nehru Academic and Professional Excellence Scholar at Ahmedabad University. She discussed various aspects of Public Interest Communication with the students in-depth. The program culminated with a highly engaging and stimulating discussion on potential ideas for the Department's annual PR campaign.

In collaboration with the Stella Maris Research and International Programmes Centre and Trinity Western University, the Department of Public Relations organised an international conference on 'Leadership, Connecting Globally: Emerging Strategies in Glocal Leadership' on 16 and 17 September 2019.

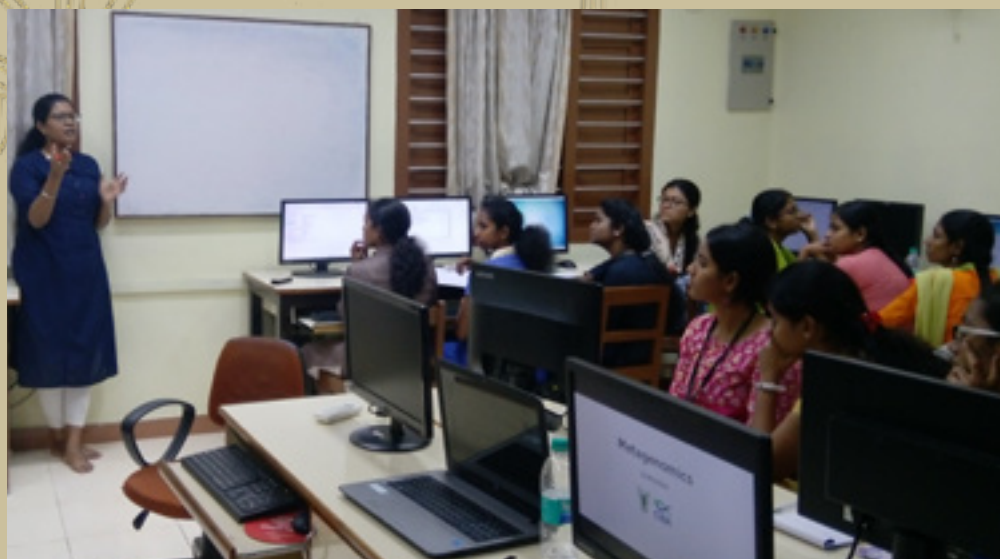
As its annual PR campaign, the Department steered a campaign on e-waste management. The campaign was done in association with 'Virogreen', a certified e-waste recycling organisation and was inaugurated by Ms. Swetha Mohan, Playback Singer and alumna of the college and Mr. Raj Mohan of Green Peace International on 18 February 2020. The campaign titled 'E-Race' aimed at responsible disposal of e-waste, eliminating the probability of harmful chemicals seeping into the soil or water and harming the flora and fauna present and changing the environment for the better. The students carried out a month-long PR campaign to promote and further the cause of e-waste management. It included an e-waste management drive through collection and disposal of e- waste safely.

The faculty of the Department also published five research papers in an UGC Care approved International Journal, 'Studies in Indian Place Names' in the March 2020 edition.

*Left to right: Dr. Sheila Tefft | Launch of E-Race Campaign
Below: Social Awareness Programme - Kanchipuram*

BIO INFOR MATICS

Metagenomics Workshop



The year 2019-2020 was an academically fulfilling and enriching year for the Department of Bioinformatics.

The Department organised a workshop on 'Metagenomics' on 11 March 2020. Two keynote addresses were delivered, one by Dr. N. Murugan, Scientist and Manager, Molecular Genetics, Lifecell, Chennai and Ms. N. Suganya, Young Scientist Fellow, CIBA-ICAR, Chennai. A guest Lecture on 'Next Generation Sequencing and Analysis' was delivered by Dr. M. Milner Kumar, Proprietor, BlackBuck Technologies, Chennai on 6 December 2019.

Faculty and students of the Department participated in a number of workshops and conferences this year.

Ms. R. Sagaya Jansi, faculty of the Department participated in a two-day state-level technical workshop on 'Intellectual Property Rights' conducted on 11 and 12 November 2019 which was organised by the TNSCST and Stella Maris College, supported by DST, Govt. of India. She also attended a workshop titled 'Millennials in the Classroom: A Holistic Approach to Engaged Education in 2019 and Beyond' on 23 November 2019; the workshop was facilitated by Dr. Brenda-Lee Sasaki of Trinity Western University, Canada.

Three faculty members Ms. S. Aishwarya, Ms. R. Sagaya Jansi and Dr. M. Sharanya along with students of the Department attended an International Conference titled 'Shaping Women Leaders' on 12 December 2019; the Conference was jointly organised by the University of Melbourne and Stella Maris College, Chennai.

Ms. S. Aishwarya, faculty of the Department, along with Ms. Meena R and Ms. Indhumathi B of second year M.Sc. participated in a National Conference titled 'Emerging Paradigms in Higher Education: 2020 and Beyond' on 22 January 2020 organised by IQAC, Stella Maris College, Chennai.

Ms. S. Aishwarya and Dr. M. Sharanya, along with the first year students of the Department participated in a workshop titled 'Artificial Intelligence Tools for Accelerated Drug Discovery' conducted by Wisecorner Laboratories Pvt. Ltd. on 22 and 23 February 2020.

Ms. Ananya Chinni Krishnan, a second year student, has been selected for the MS Programme in Genetics, Genomics and Bioinformatics at Jacobs School of Medicine and Biomedical Sciences, University of Buffalo. She also got offers to pursue MS at the University of Leicester, University of Manchester and Cardiff University.

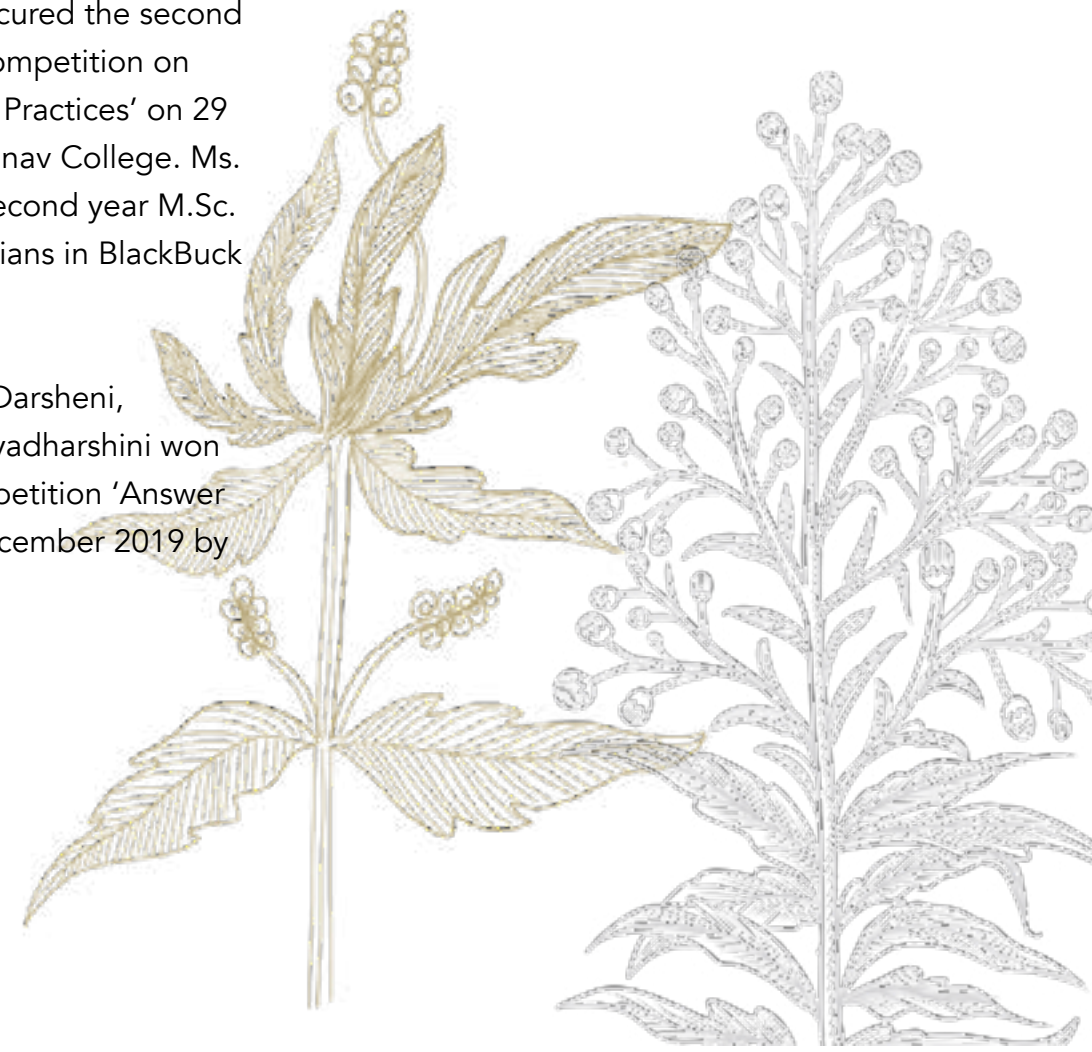
Students of the Department also did us proud by winning in a number of co-curricular and extra-curricular competitions. Ms. Ananya Chinni Krishnan won the first place in oral presentation in the second National Conference on Computational Biology and Medical Biotechnology in Health Care (CBMH-19) organised on 17 and 18 September 2019 by the Department of Bioinformatics, Sathyabama Institute of Science and Technology. She also secured the fourth place in the 'All India Intercollegiate Military History Quiz' conducted on 21 July 2019 organised by Colours of Glory Foundation, Kotturpuram, Chennai.



Left: Ms. Ananya Chinni | Right: Ms. Varsha & Ms. Priyanka

Ms. Varsha M and Ms. Priyanka respectively of first and second year jointly secured the second place in poster presentation competition on 'Gender Neutral Management Practices' on 29 August 2019 held at D.G Vaishnav College. Ms. Priyanka I and Ms. Meena of second year M.Sc. were selected as Bioinformaticians in BlackBuck Technologies, Chennai.

First M.Sc. students, Ms. Tina Darsheni, Ms. Idaa Josphine and Ms. Priyadharshini won the third prize at the quiz competition 'Answer or hands down' held on 14 December 2019 by Loyola College, Chennai.



BIO TECH NOLOGY



Inauguration of Research Laboratory

The Department of Biotechnology, in keeping with the vision of the College, combines interdisciplinary areas of science to bring out globally competent professionals from diverse backgrounds. The program offers to students both conceptual knowledge as well as hands-on training skills in various aspects of the discipline.

A state-of-the-art Research Laboratory was inaugurated in the Department with a ribbon-cutting ceremony in January 2020 with the blessings and prayers of Principal Sr. Dr. Rosy Joseph fmm and Secretary Sr. Susan Matheikal fmm. The laboratory comprises a fully air-conditioned plant tissue culture lab, microbiology lab, high-end sophisticated instrument lab and working station for the students.

Dr. Aruna Sharmili S was recognised by the University of Madras as a supervisor for the Ph.D. programme. The faculty members of the Department have published seven articles in international journals, one research article in a national peer-reviewed journal and six chapters in books, published by renowned publishers. Dr. K. Veena Gayathri won many Best Paper awards in international conferences and Dr. S. Jayashree

was selected for Women Scientist and Entrepreneurs Conclave in India at the International Science festival organised by the Government of India held in Kolkata. The postgraduate students and research scholars won many best paper and poster awards in various national and international conferences.

Three workshops on 'Nanobiotechnology and Bioinstrumentation' were conducted; separate sessions were conducted for the students of Stella Maris College and for students from other Colleges. Students appreciated the hands-on technical sessions that formed part of the workshops.

'Bioark', a science exhibition was held in August 2019 wherein students showcased static and working models for learning various biotechnology concepts. This enabled students to understand the real-world cutting-edge biotech industrial perceptions.

First year M.Sc. students won the overall trophy in 'Prakrithi', a cultural event held in Kumararani Meena Muthaiah Arts and Science College in February 2020. In October 2019, the first year students organised a Social Awareness Program titled 'Nutrition and Hygiene' in Government High School, Villivakkam. The objective was to enhance awareness amongst students about nutritional foods, hazards of junk food and the importance of hygiene in leading a safe and healthy life. Students of the Department prepared hundred seed balls with seeds of different plants; these were distributed to students and teachers as part of the programme.

The Department looks forward to an even more academically fulfilling and enriching year in the coming academic year.



Above left: Dr. Veena Gayatri | Right : Dr. S. Jayashree

Below: Nanobiotechnology and Bioinstrumentation Intercollegiate Workshop

தமிழ்த்துறை

‘மங்கையராய் பிறப்பதற்கே நல்ல மாதவம் செய்திட வேண்டுமம்மா’ என்ற கவிமணியின் வரியை வழிமொழியும் வண்ணம் பெண்களையும் மென்மையையும் பொற்றி “யாதுமாகி நின்றாய் பெண்ணும் தமிழ் இலக்கியமும்” என்ற தலைப்பில் தேசிய கருத்தரங்கத்தினைத் தமிழ்த்துறையும் நியூ செஞ்சுரி புக் ஹவுஸ் (பி) லிட். நிறுவனமும் இணைந்து 30.11.2019 அன்று சிறப்புற நடத்தின. பல்வேறு பேராசிரிய பெருமக்களின் ஆய்வுக் கட்டுரைகள் தொகுக்கப்பட்டு நூலாக

வெளியிடப்பட்டது. தம் ஆற்றல் மிகு பேச்சால் அனைவரையும் கவர்ந்த சிறப்பு விருந்தினர்கள் கவிஞர் வெண்ணிலா மற்றும் முனைவர் இரா. பிரேமா அவர்களின் வருகை நிகழ்விற்கு மேலும் சிறப்பூட்டியது.

உலகைக் காக்கும் உழவைப் போற்றும் தமிழர் திருநாளாம் பொங்கல் திருநாள் 11.01.2020 அன்று கோலாகலமாகக் கொண்டாடப்பட்டது. சிறப்பு விருந்தினராக வந்து நிகழ்வை சிறப்பித்த கவிஞர் மற்றும் பேச்சாளர் திருமிகு ஜோ. அருள் பிரகாஷ் அவர்கள் காலத்துக்கேற்ற கருத்துக்களை நகைச்சுவையோடு வழங்கி அரங்கிலுள்ளோர் அனைவரையும் சிரிக்கவும் சிந்திக்கவும் வைத்தார். பார்வையாளர்களின் விழிகளுக்கும் செவிகளுக்கும் உள்ளத்தைக் கவரும் கலை நிகழ்ச்சிகளின் மூலம் சுவை சேர்க்கப்பட்டது. நிறைவாக, சென்னை போத்தீஸ் நிறுவனம் வழங்கிய சர்க்கரைப் பொங்கல் வழங்கப்பட விழாவின் இனிமைக்கு இனிமை கூட்டியது.

மேனாள் முதல்வர் டாக்டர் ஜெ. ஜெயலலிதா அவர்களின் பெயரில் அமைந்த அறக்கட்டளைச் சொற்பொழிவு 26.02.2020 நண்பகல் 12 மணியளவில் நடைபெற்றது பக்தவச்சலம் கல்லூரியின் முன்னாள் முதல்வர் முனைவர் இரா. பிரேமா அவர்கள் ‘இன்றைய காலச் சூழலில் பெண்களுக்கான விழிப்புணர்வு’ என்னும் தலைப்பில் சிறப்புரையாற்றி மாணவிகளின் மனதில் பல கருத்துக்களை ஆழமாகப் பதியவைத்தார்

கல்லூரியில் கொண்டாடப்பட்ட மொழி வாரத்தில் 3.2.2020 அன்று மாணவர் பேரவையுடன் இணைந்து பாரதி மன்றம் செம்மொழியாம் தமிழ் மொழியின் சிறப்புகளைக் கூறி கொண்டாடி மகிழ்ந்தது மாணவிகளின் தமிழ்பற்றை வெளிக்கொணரும் விதமாக ஒரு நிமிட சொல்லாற்றல் வார்த்தை விளையாட்டுகள் நடத்தப்பட்டன

‘இன்பத் தமிழ் எங்கள் வளமிக்க உளமுற்ற தீ’



தமிழ்த்துறை மாணவியர் சாதனை

வ.எண்	மாணவியர் பெயர்	துறை எண்	போட்டிகள்	பரிசு	போட்டி நாள்	போட்டிகள் ஒருங்கிணைப்பு
1.	ச. கனக லட்சுமி	17/UHSA/014	கவிதை எழுதுதல்	I	29.08.2019	எத்திராஜ் கல்லூரி, சென்னை.
2	கோ. நர்மதா	18/UMTA/051	ஓவியம் வரைதல்	I	31.08.2019	அகத்தியர் பண்பாட்டு ஆய்வு மையம், கன்னியாகுமரி.
3.	சி. பூஜா	18/USCA/007	கவிதை எழுதுதல், பேச்சுப் போட்டி	I	21.12.2019	தமிழர் சபை, தியாகராய நகர், சென்னை.
4.	கோ. ஸ்ரீவித்யா	18/USCA/003	தனித்திறன்	I	21.12.2019	தமிழர் சபை, தியாகராய நகர், சென்னை

HIN DI



2019-2020 was an enriching year for the faculty and students of Hindi.

The Department of Hindi conducted a national seminar on the topic 'Hindi and other Indian Languages: New Dimensions' on 5 and 6 December 2019. The Chief Guest for the conference was the Honorable Governor of Tamil Nadu, Thiru Banwarilal Purohit. Along with 132 local delegates, 15 national delegates participated in the conference.

Faculty of the Department have been recognized for their contributions to their fields. Dr. Srabani Bhattacharyya was awarded the Geeta Devi Kishore Kabra Nari Shakti Puraskar for her contribution towards original writing in Hindi. The award was presented to her in a National Seminar conducted by the Manumukt Manav Memorial Trust, Narnaul, Haryana. Dr. Srabani also received the Sahitayakar Prerna Samman 2019, Award of Excellence in the

field of creative writing; the award was given by Concerned Theatre, Rajajipuram, Lucknow. She was also the recipient of the Shri Ranchorlal Thakkar Smriti Samman 2020 for meritorious service towards the cause of Hindi in a non-Hindi speaking Area. This award was presented to her by Sahitya Mandal, Srinathdwara, Rajasthan.

Dr. A. Fathima was awarded the Sri Laxmi Devi Thakar Smriti Samman 2020 for her work in Hindi in a non-Hindi speaking Area, presented to her by Sahitya Mandal, Srinathdwara, Rajasthan.

Students of the department also participated in a number of competitions and won several prizes this year.

*Above: Dr. A. Fathima - Shri Ranchorlal Thakkar Smriti Samman
Below: Dr. Shrabani Bhattacharya - Shri Ranchorlal Thakkar Smriti Samman
Right: Hindi National Conference*

SAN SKR IT

Inauguration of Yatra 2020



Guest lecture by Dr. Anusha

Every year the Department of Sanskrit strives to motivate the students from diverse cultural backgrounds with its curricular and co-curricular activities. Following the tradition, this year the activities of the Sanskrit club Kalakriti were conducted on the theme 'Yatra 2020'.

Students from the Department of Sanskrit participated in various intercollegiate events organised by city colleges of Chennai during this academic year. The students bagged several prizes in quiz, singing, collage, poster making and T-shirt designing competitions, both in the individual and group categories, organised by Departments of Sanskrit in Shasun Jain College, Ethiraj College for Women and Anna Adarsh College for Women, JBAS College for Women.



Students participated in a paper presentation on 'Sanskrit and Science' in Shasun Jain College on 3 August 2019. P. S. Sreedevi of second B.Sc. Zoology and Adithi second B.A. Sociology bagged the second place for the same. Avantika of first year B.Com. Shift II won the first place in Bhagavad Gita recitation competition. Students participated in various events of 'Madhuliha' organised by the Department of Sanskrit, Ethiraj College for Women on 28 November 2019. Teresita and Sarika of second year B.V.A. won first place in the T-Shirt designing competition. Akshaya Murari of first year B.A. Economics and Hamsini Krishnan of first year B.A. History bagged the first place in quiz.

Sanskrit students participated in the intercollegiate competition 'Spardhatrshna' hosted by Department of Sanskrit, Anna Adarsh



Above: Participants in Mythology Quiz

College for Women on 1 February 2020. The students won both first and third places in quiz and collage. Akshaya and Vasudharini of first year B.Com. Shift II won the first place in quiz while Mrdula and Neha of the same class won the third place in collage.

Students participated in various events of the interuniversity 'Samskrtotsava' hosted by the Department of Sanskrit, JBAS College for Women on 13 March 2020 and won various prizes in singing and quiz. Winners of the events were Akshaya and Vasudharini of first year B.Com. Shift II.

The Department conducted various interdepartmental activities to tap the creativity of the students. On 14 July 2019, a logo designing competition was conducted on the theme 'Yatra'.

On 16 August 2019, Kalakrti celebrated 'Samskrtadina' – Sanskrit Day. The Department hosted games and events to kindle the interests of students and to understand and use simple Samskrta for daily interaction. On 10 January 2020, Kalakrti conducted interdepartmental activities such as mythology quiz, treasure hunt and photography competition based on the theme 'Yatra'; students from various departments participated in the events.

The Sanskrit club collaborated with the Students Union 2019-2020 and celebrated 'Language Week' during the first week of February 2020. On 5 February 2020 Sanskrit Language Day was celebrated. A talk highlighting the greatness and antiquity of Sanskrit Language was presented by the Sanskrit students. Dance and Music programmes praising the 'Devabhasa Samskrta' were performed by the students.

This year, the Sanskrit club introduced an overall trophy for the Best Participating

Department in order to encourage more student participation throughout the academic year. The trophy was bagged by the Department of Economics for their enthusiastic participation in all the events in the academic year 2019-2020. The club also organised an intercollegiate Sanskrit cultural competition "YATRA-2020" on 10 March 2020. The event was inaugurated by Mr. Girijashankar Sundaresan, Carnatic vocalist. Twelve colleges from all over the Chennai city participated and MOP Vaishnav College for Women bagged the overall rolling trophy.

On 14 August 2019, the Department organised a guest lecture on 'Samskrta Mahakavyas'. The lecture was given by Dr. V. Anusha, Assistant Professor, Department of Sanskrit, Ethiraj College for Women, Chennai. The talk benefitted II Foundation Core Sanskrit students since selections from Kalidasa's Raghuvamsa Mahakavya is a part of their curriculum.

Dr. R. Subasri co-authored an article in the Journal of Indian History and Culture and was also an Internal Academic Auditor for the Departments of Sanskrit at R.K.M. Vivekananda College for Men and DG Vaishnav College; she was also the Subject Expert for the Department of Sanskrit, Ethiraj College for Women at their Board of Studies.

FRENCH

The students of French had a very exciting time in 2019-2020. They participated in a number of competitions conducted by the French departments of various city colleges like M.O.P Vaishnav College, Loyola College, Ethiraj College, SSS Shasun Jain College, Dr. MGR Janaki college, Justice Basheer Ahmed Sayeed College for Women and Women's Christian College. The students won prizes in various competitions like singing, potpourri, face painting, quiz, ratatouille etc.

To commemorate the National Day of France, Bastille Day was organized for the French students. On 14 July 2019, students actively participated in events like quiz on French history, civilization and current affairs of France. Group dance and group singing competitions were organised as was a fashion walk at which students imitated popular French figures.

The French Department celebrated an early Christmas by conducting thoughtful events on 11 December 2019. The students actively participated in carol singing and elocution in French which was conducted in their respective language hours. In addition to that, quite a lot of students participated in ornament decoration which kindled their creativity and the outcome was impressive with eye-catching handcrafts that were kept for display to the entire college for three days.



The French Club, 'Cercle de Francophiles' organised the French Language Day on 6 February 2020. The students started the morning assembly with a prayer song in French followed by a meaningful short story and concluded with a prayer which was read in French and translated into English.

During break time, students of French entertained the audience with French songs sung and also conducted an open quiz on France. It was not only a fun-filled but also an educative day.



IN
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RIAM



MS. N E RAJALAKSHMI

FORMER HEAD, DEPARTMENT OF BOTANY

Tall, majestic, well-dressed and commanding respect from nearly everybody she met, Ms. Rajalakshmi, former Head, Department of Botany, Stella Maris College did her Intermediate and undergraduate degree in Botany in Queen Mary's College; she went on to pursue her postgraduate degree in Botany at Presidency College, Chennai. She was one of the earliest lecturers of the Stella Maris College, having joined it in 1948 when the College was located at Palace Road at Santhome. When B.Sc. Botany became an approved course in the College in 1979, Ms Rajalakshmi took over as the first head of the Department.

Ms Rajalakshmi's sincerity, and her meticulous and systematic approach to work were evident when she worked with Ms. Vijaya Parthasarathy to seek assistance from all the city colleges offering Botany in order to establish the Department with necessary study materials and lab equipment. Her favourite subject was Morphology of Plants, as she felt that they formed the basis of all other systematic branches of Botany. When she started teaching Taxonomy, the students and staff had a complete exposure of plants available in and around Chennai. Ms Rajalakshmi also trained the attenders of the department to collect plants from all over the city.

A strict disciplinarian, she believed in giving notes for every topic she taught and urged other members of the faculty to do the same. This led to a 100% pass

percentage among the first batch of Botany students with four University ranks. This was something even well established colleges had not managed to achieve.

A dedicated and sincere teacher who was always punctual, Ms Rajalakshmi never believed in postponing work - be it academic or administrative. Her diligence in running the department and her efficiency in utilising funds allocated for the department will long be remembered as will her love for gardening and her embroidering skills.

Ms Rajalakshmi was indeed a person to be emulated and remembered in the field of education. She passed away on 14 October 2019.

May her soul rest in peace

DR

MARY JOHN

FORMER HEAD, DEPARTMENT OF SOCIAL WORK

The Stella Maris College community saw the demise of one of the stalwarts of the Department of Social Work in 2019: Dr. Mary John. An alumna of Stella Maris College, Dr. Mary John completed her postgraduate degree from the Department of Social Work in 1964. Her academic excellence as a student prompted Sr. Thecla Camacho, the then Head of the Department to encourage “Mary” as Sr Thecla fondly called her, to join the department.

A conscientious teacher, Dr. Mary John would never go to class without thorough preparation. The clarity of her thinking was reflected in the lucidity of her teaching. Her beautiful, neat, clear and lucid handwriting too reflected this.

A caring human being, Dr. Mary John was humane and interested in the well-being of her students. She would take great interest in the poor and weak students especially those from who came to college from the vernacular medium. Always willing to walk the extra mile with them, she helped them academically and otherwise through her counselling and by motivating them to give their best.

As Head of the Department of Social Work, she was a good administrator, systematic in her planning, clear in her thinking, and just in the way in which she dealt with the public, her colleagues and her students. She was up-to-date in her work and always maintained a good relationship with other schools of Social Work, those in authority, and all her contacts.

A loving and caring friend, and a simple, warm, sincere and open person, Dr. Mary John leaves behind fond memories of the happy times spent with colleagues and friends. Dr Mary John She was able to strike that fine and enviable balance between a career woman and a homemaker, giving her best to both. The college is deeply indebted to her family for the many sacrifices they made in order to cooperate with her in her professional career. May her soul rest in peace.



SR ROSAMMA FMM



Sr. Rosamma was born on 18 January 1924 in Konthuruthy, Kerala in the Diocese of Ernakulam. Her family was very pious and god-fearing. Since she wanted to be a religious, she went to our Lady's Convent, Palluruthy in Kerala where she was attracted by the adoration of the Blessed Sacrament. A very adjusting person, Sr. Rosamma spent a happy and contented religious life. Her religious vocation as a member of the fmm community gave her a lot of opportunities to love God and his people. She was prayerful, sociable and helpful. Witnessing her praying in the chapel, many students used to seek her blessings and prayers.

Loving Sr. Rosamma left us for her heavenly abode on 23 May 2019.

REMEMBERING A STAR

MS

THARA MOHAN RAO

FIRST GENERAL SECRETARY, AASMC

In 2019, we bid adieu to the most sprightly and enthusiastic member of the Alumnae Association, Ms. Thara Mohan Rao.

Ms. Thara played an instrumental role in reviving AASMC and was the first general secretary of the association. Her batchmates and associates remember her as an enthusiastic, bold and outspoken person who always had a witty reply to any question that was asked to her. Members of AASMC recall the way she would run around looking for sponsors and raising funds for the association; they also recall that during every celebration she would make the most noise! Her energy levels and child-like enthusiasm were enviable.

Ms Shivani Arora, the present Joint Secretary of AASMC recalls that as the editor of the AASMC newsletter, she was told that "Thara's Corner" was mandatory and that even before she would begin planning the newsletter she would get a call from "Thara aunty" asking, "Shivani, by when do you want my article?" When they arrived, the articles would be impeccably written with a dash of humour and a number of memories.

Post these COVID times whenever AASMC meets again, Thara Mohan Rao one of the brightest stars of the Stella Maris community, will be missed dearly.





CR
EA
TIVE
WRITING



A GRIEF

PLAY LIST

(the winning entry in the
BHAVNA MEMORIAL
Creative Writing Competition, 2019)

this poem is a celebration.
a celebration of lists, a list poem!
a party i'm throwing for myself,
a party you're attending:


1.the women in my family hand down their pain
like they hand down their wedding silks:
cradling them in their arms,
lowering them into trunks that smell of moth balls and moths,
with an instruction manual falling from their lips in rapid tamil about how to launder them
so they'd feel fresh as the day they were made.

2. my mother mixed her pain into the salt she would forget to add in my idlis. on the day
she died
my lips felt strange;
salt
was not something they were used to. her sarees lie in a wardrobe with a single orange door
for four months before it
fell
to
me
to sort things out
throw out the bad, keep the good.
but how does one choose?
my mother never taught me the finer art of distinguishing between kancheevaram and designer.
i am hit
by a tsunami tide of memories calling out to me from the golden mango motifs stitched
into her pallu.
i run my fingers over the thread. they come away bloody.

3. green is the colour of our grief.
green walls that i couldn't/can't deal with for they looked like
my mother's face
before it spasmed into the story of a genius' brain
malfunctioning at 42. 42 year olds do not die
in green rooms holding their daughters' hands.

4. 21 year olds should not be asked
to marry by well-meaning relatives who shove words
like 'duty' and 'responsibility' into my hands
as forcibly as a milk ladle.
please, don't shove me in front of the stove,
i don't like it here.
please, don't shove me in front of the fire -
i saw it eat my mother up.
i saw red flames licking at her until she became ash in a pot
that my father flung into a viole(n)t evening ocean.

5. i drown myself in the smells of ujala blue white shirts and heat
when i walk the streets of this city.
i have realised that overdosing is a favourite pasttime of mine
so when they ask you how i'm dying so well everyday, tell them
i diet - i overdose on grief and chennai sunshine.



6. welcome to the party, to our house.
we are the survivors,
the legends you have heard of.
here, we teach you that three is a terrible number to leave behind: the sight of well-salted
idlis against yellow plates is nauseating.
we will reteach age old recipes to you.

we will teach you how to hold a pen and make tapestries out of ink,
we will teach you how to hold your pain in your hands as elegantly as the pleated pallu of
your saree,
we will teach you how to eat your joy and preserve it on the insides of your wrists.

7. today,
i open the trunk of my mother's wedding silks.
indigo imprints greet me, looking as fresh as the day they were made.
i place
my very own kancheevaram
atop hers —
a generation of silks.

i let the lid fall shut.

N. M. MATHANGI
II MA English Literature



MIRRORS

ARE THEY REALLY SCARY

Mirrors are perhaps the most inevitable object in our homes. Majority of us don't leave home before looking at ourselves in the mirror. Be it a mirror, a car mirror, a store window or our smartphones, how many times, per day, do we check our appearance in a reflective surface? For few of us its like "Ahh many times". Studies reveal on an average we look at ourselves in a mirror from 16 to 38 times, per day!

Now, could you imagine not being able to look at mirrors because you are afraid of them? Looks like a horrendous dream right? This is a reality for few with eisoptrophobia-a phobia of unfounded fear for mirrors.

People experiencing this condition may encounter intense amount of anxiety for mirrors. The exact reasons as to why they fear mirrors are due to miscellaneous reasons such as having deep insecurities because of some dreadful experiences, low self-esteem, or they might have superstitious beliefs of looking at their own reflection. Other factors like genetics and environment do play a significant role and people with family history of anxiety disorder have higher chances of developing eisoptrophobia.

Individuals with eisoptrophobia has substantial dissension in their day-to-day lives. They may find it difficult to get out of their homes due to intense fear that they might spot a mirror. The act of thinking about mirrors itself can bring enormous bounds of anxiety in them. Some quotidian symptoms that they experience include muscle tension, trembling and sweating. In extreme cases they may

experience anxiety that is so intruding that they will have to be hospitalized.

There are no specific treatment as such for eisoptrophobia. General treatment like talk therapy exposure therapy and anti anxiety medications can help.

It is arduous to visualize not being able to look at our own reflection. Eisoptrophobia does exist in people around us. The more concerning aspect is the stigma that still exists around mental illness and the misunderstanding that is prevalent in society. Mental conditions are not an individual's infirmity rather a health condition that should be approached with requisite concern.

RITHU

II B.Sc. Zoology



LET US BUILD A CIVILIZED SOCIETY

There is no better start to this article than showing gratitude to the doctors, nurses, emergency response personnel, policemen, volunteers and many others who are working day and night to fight this microorganism, the one that put the entire human race to halt. Or did it?

Nevertheless, one thing is still not clear. On the one hand, there are people clapping hard, blowing their conches and tapping their plates together to show gratitude to the workers. On the other, they are breaking rules, trying to escape from medical examinations and thus making things more complicated. One side, there are people in balconies with oil lamps and torches to stand in solidarity with India. On the other side, there are middlemen, shopkeepers taking advantage of this situation and sell goods at exorbitant prices and we ourselves hoarding food and staples in fear. I wonder if we are really contributing to the society because the greatest help right now would be to do nothing. All we have to do is to stay home and stay safe.

Unfortunately, it turns out to be a hard task for some. Lockdown orders, punishments, penalties what not? Yet, People are still roaming on bikes. The markets are crowded and social distancing is hardly a reality. This brings us to the next question.

Is unity without discipline a reality? Are we not civilized enough to understand the seriousness and calmly follow the rules? If you think we are not, it is better late than never. Frederick Douglass once said, "It is easier to build strong children than to repair broken men." Let us do the exact thing. It is time to think. What can we as individuals do to inculcate discipline in the young minds? Let us spread the importance of discipline not just during a pandemic, but also in our daily life. Let us create a civilized community.

It is definitely going to be challenging. With human behaviour influenced significantly by the environment in which they grow up, even one rotten apple would spoil the entire basket of apples. Nonetheless, all the efforts are definitely worth it.

Start where you are. Use what you have. Do what you can.

Be the change, for discipline is a way of life.

SHALINI K V

I B.Com. (Accounts & Finance)



WHY IS “Y”

THE MOST IMPORTANT LETTER?

NIKITA JOE
III B.Sc. Psychology



Why “Y” should be considered the most important letter of the alphabet?
It is Y which decides whether one will have a beard or not,
It is Y which decides whether one would be a mother or not.
Y should be considered the most important letter.

It decides whether one is allowed to dominate or not,
It decides whether one is allowed to cry or not,
It decides whether one is allowed to be strong or not,
It decides whether one can work or not
Y should be considered the most important letter!

It decides whether one will change one’s name
It decides whether one will live in shame,
And it decides whether one will become a victim,
A Victim of domestic violence, marital rape and Blame.
Y should be considered the most important letter!

It was Y which killed that Delhi girl in the overnight bus,
It was Y which almost killed that 2 month old baby,
And it is Y which still kills a mother, a sister, a wife and sometimes even a religious Nun.

It is funny how the mere absence of a letter
Can make a whole difference in once life
Can make you the head or a wife.
And it is funny that the mere presence of a letter
Gives you the right
To snatch away her right.

The XY should remember that it is an XX that gave birth to you
It is an XX that probably loves you the most,
It is to an XX that you pray to,
For holy interventions and blessings in one’s family
And remember, it is never their fault
That they got a double X.



LA GÉNÉROSITÉ FAIT SON RETOUR

Il était une fois un vieil homme qui est assis sous un arbre. Il était très fatigué et affamé. Tout à coup, il a entendu la voix d'une pauvre dame avec un pain dans les mains et elle a donné ce pain au vieil homme. Il était content d'avoir le pain. Comme le vieil homme avait très faim, il a commencé à manger très vite et il était rassasié. La dame qui était debout remarquait tout. Elle souriait et le vieil homme a demandé pourquoi elle lui souriait. La dame a dit : « c'était le dernier aliment que je pouvais donner à mes enfants mais quand je vous ai vu, je vous sentais comme mon père et je vous ai donné le pain ». En entendant cette réponse, le vieil homme se sentait mécontent.

Alors le vieil homme a donné à la dame un plan comme un acte de remerciement. Ce plan mène la dame à un fleuve à travers lequel on peut trouver le trésor à l'intérieur du château. Comme elle voulait le trésor, elle est allée le chercher puis elle trouve le château et recueille le trésor. Après cet incident, elle est rentrée à la maison avec son sac plein de nourriture pour ses enfants. Avec des pommes de terre, des tomates et encore plus de légumes, elle a fait une nourriture délicieuse pour le vieil homme. Elle est allée au même arbre pour lui donner de la nourriture. Mais le vieil homme a disparu. Elle y a trouvé un morceau de papier disant 'merci pour ton amour'.

KETHRIN D, II B.Sc. Mathematics

WESLINA CAROLIN S, II B.Sc. Mathematics

IL NE FAUT PAS JUGER UN LIVRE À SA COUVERTURE

ALYSSA BERNADETTE SURENDRAN, II B.S.W
SHIRIN, II B.S.W



Mark est un homme qui travaillait comme un veilleur de nuit auparavant. Il n'a pas d'emploi présentement. Un jour, il voit une annonce pour le poste de veilleur de nuit. Il est allé à cette entreprise pour l'entretien. L'entreprise était à côté d'un cimetière. Beaucoup de candidats y sont venus, comme c'était un salaire élevé en raison des situations environnantes. Mais, ces gens avaient peur de travailler dans cette entreprise car elle était à côté du cimetière. Durant l'entretien, le directeur interrogeait les candidats sur leur personnalité et leur santé. Mark a été rejeté en raison de son apparence âgée et il était un mauvais demandeur d'emploi. Après avoir été rejeté, Mark est resté assis près de l'entreprise, ne sachant pas quoi faire pour un revenu. Vers 12 heures, un groupe de voleurs est arrivé et a tenté de voler les biens de l'entreprise. Mark a surmonté cela en combattant et en manipulant la situation avec prudence. Le directeur, en regardant secrètement ce qui s'est passé, a été profondément impressionné par Mark. Il était heureux quand il a été nommé au poste.

Morale : - L'âge, c'est juste un chiffre.
Il ne faut pas juger un livre à sa couverture.



GALAXIE INVISIBLE

Je veux rebondir
Dans la galaxie
Où je peux être
Sans souci
Pas de stress
Juste la fuite
Une évasion de la race humaine
Pluton
Jupiter
Vénus
Mars
Un monde
C'est seulement... ?
Le nôtre

PLUIE

Pluie
Fournisseuse, créatrice, destructrice
La fournisseuse de plantes,
La créatrice de rivières,
La destructrice de maisons,
Une bénédiction
Ainsi qu'une malédiction

G. SWETHA

பாரதி என்னும் தமிழ் நதி

எட்டயபுர மண்ணில் பிறந்த

எழுச்சி நாயகனே

லட்சுமிக்கு மகனாக பிறந்த

சரஸ்வதி மைந்தனே!

பெண் விடுதலைக்கு முரசறைந்த

முண்டாசுக்கவிஞனே!

மண் விடுதலைக்கு மக்களிடையே

உரமுட்டிய உயர்ந்தோனே!

சாதி உரு கொண்ட பேய்களுக்கு
சவுக்கடி கொடுத்தவனே!

புதுக்கவிதை விடியலுக்கு வித்திட்ட

புதுமைப் புலவனே!

தரணியெங்கும் வீறு கொண்டு
பாய்ந்தோடும் தமிழ் நதியே பாரதி,
நில்.

உள்ளம் குளிர ஒரு கவிதை சொல்.

சி.பூஜா
சமூகவியல் இரண்டாம் ஆண்டு.

ஹைக்கூ:

• வயது வந்தால் நடப்பதில்லை.
வருமானம் வந்தால் தான்
நடக்கிறது. இன்றைய
திருமணம்.

• அடிப்படைத் தேவை -
உயிர்வரி சரக்கு இலவசமாய்
அளித்தும் ஆதரவின்றி
இயங்கும் நிறுவனங்கள் -
மரங்கள்.

மேதினியில் தோன்றிய மாமனிதரெலாம்
இம்மாதாவின் முன்னே மண்டியிட வேண்டாம்
எச்சில் முகம் கண்டு வாட வேண்டாம்
தட்டில் பலபல பண்டங்கள் கொண்டோர்
விளக்கில் விழுந்த விட்டில் பூச்சியாம்
ஏழை மொட்டுகளுக்கு கொஞ்சம் ஈய வேண்டும்
கொடுத்து கொடுத்து கைகள் தேய வேண்டும்
தேய்ந்த கரங்கள் அன்பில் ஆட வேண்டும்
அன்னை தெரசாவை சரித்திரம் பாட வேண்டும்
நாம் நம்முள் அவளை தேட வேண்டும்!

நட்சத்திரம் ஒன்று வானத்தை பார்த்தது
பிற விண்மீன் கூட்டம் அவளை அழைத்ததோ
விளையாட்டாய் அங்கு செல்ல ஆசை வளர்த்தது
வினை நிறைவேற வேட்கை கொண்டது
தந்தை தடுத்த போது மனம் துடித்தது
தானே வெற்றி காண தன்னந்தனியாய் உழைத்தது.
விண்வெளி தேசத்தில் வீறு கொண்டு பறந்தது
வீராங்கனை கல்பனாவை சரித்திரம் பாட வேண்டும்
நாம் நம்முள் அவளை நாட வேண்டும்!
சிறிது ஒரு மொட்டு அழகுற பறந்து
ஜனநாயக வீதியில் மணம் பரப்பியது

நடுநாயக ஆட்சியில் தானும் ஓர் விருட்சமாய்
எவரும் அடைந்திராத மாண்பினை பேரினை
பலரும் வியக்கும் வண்ணம் அடைந்திட்டாய்!
முதல் பெண் ராணுவ மந்திரியாக
முதல் பெண் முக்கிய மந்திரியாக
இந்திரா காந்தியை சரித்திரம் பாட வேண்டும்.
நாம் நம்முள் அவளை தேட வேண்டும்!

‘வெயில் என்னை சுட்டாலும் ஒழியேன்
பாவி நீ என்னை சுட்டாலும் ஒழியேன்
சுடர் கொண்டு எங்கும் ஒளிர்வேன்
உன் கண் முன் பட்டம் பெற்று நிமிர்வேன்’
என்று ஒரு பட்டம் வானெங்கும் பறந்ததே
அந்த மலாலாவை சரித்திரம் பாட வேண்டும்.
நாம் நம்முள் அவளை தேட வேண்டும்!

தன்னுள் உன்னை சுமந்தாள் ஆம்
தன்னுள் நம்மை சுமந்தாள்
தன்னை மறந்து உன்னை விரும்பி
உனக்குள் அவளை கண்டெடுத்தாள்
உன்னை பேண ஓடினாள்
அன்னை என்ற சொல்லே
எனக்குத் தெரிந்த சாதனை அன்றோ!

ரத்தத்தால் எழுதப்பட்டன சில
ஓங்கியுயர் புகழினால் எழுதப்பட்டன சில
மாண்பு மிகு மாணிக்கங்களால் ஆன
இச்சரித்திரமாலை
இதோ உன் கண் முன்னே! - மானுடா!
இதோ உன் கண் முன்னே!

இதை நீ அணியும் நேரம் எப்போது?

ஜீஜீ ஆ.சு
II B. Com., Shift 1

இந்த பூமி எங்கும் இன்று அலறல் சத்தம் !
நாளுக்கு நாள் தொடரும் யுத்தம்!

விலங்குகளும் ஓடி ஒளிந்து எட்டிப்பார்க்கிறது !

பறவைகள் வானம் சென்று கீழிறங்க இடம் தேடுகிறது!

இந்த கடலுக்கும் நிலத்திற்குமே தெரியும் இதை
தொடங்கியவனைப்பற்றி, அந்த காரணத்தைப்பற்றி,

வேறு எவரும் அறிந்திலர் இந்த யுத்தத்திற்கான
காரணத்தை !

இவர்களைப் பொருத்தவரை ...

இது
வழிபாட்டு பிரச்சனை!
கடவுளுக்கான யுத்தம்!
ஆசீர்வாதத்திற்கான போராட்டம்!

இன்னும் சொல்லப் போனால்
இவர்களுக்கு இது புனிதம்!

படைத்தவன் யார் என்பதற்க்கான அற்புத தேடல்!

இப்படியெல்லாம் சொல்லப்படும் காரணங்கள்,
கொடுத்திருக்கிற விளைவுகளோ...

நிலமற்ற மக்களும்,
சிதைந்த உடல்களும்,
அகதியான வாழ்க்கையும்,
பிறக்கும் முன்னே இறந்த குழந்தைகளும்,
உறுப்புகளை இழந்தவரும்,
பட்டினியால் சுருங்கிய வயிறும்,
கண்ணீரும் கூக்குரலுமே!

கடவுள் நிச்சயம் இந்த சண்டையில் குறுக்கிடமாட்டார்!
இவர்களின் எந்த மதமும் இதற்கு தீர்வு சொல்லாது!

மதத்தை
கடந்த மனிதத்தை
தவிர!

ஆ. பிரியதர்ஷினி
II B.A. Sociology

प्रकाश

हरसुबहखिड़कीसे
दौड़तीआतीहैप्रकाश,
अपनेबच्चेकोजन्मदेनेकीतरह,
सूरजसे प्रकाशजन्मलेतीहै,
हीरेकोचमकातीहै, तोवृक्षकोदेतीहैप्रकाश
सूरजनहींतोसुबहनहीं,
चाँदनहींतोरातनहीं,
सूरज,चाँद, सितारेआदि
देतेहैप्रकाशअनादि, प्रकाश
बहुतहीजरूरीहै,
प्रकाशनहींतोजीवननहीं।
सुबहमैंसूरजऔररातमेंचाँददेतेहैंप्रकाश,
सभीकोखुशीबाटदेतेहैंयहप्रकाश।

ANNA ROSE REGI

I B.A. English

दुखी- मन से कुछ भी न कहो!

हरिवश राय बच्चन

व्यर्थ उसे है ज्ञान सिखाना,
व्यर्थ उसे दर्शन समझाना,
उसके दुख से दुखी नहीं हो तो बस दूर रहो!
दुखी-मन से कुछ भी न कहो!

उसके नयनों का जल खारा,
है गंगा की निर्मल धारा,
पावन कर देगी तन-मन को क्षण भर साथ बहो!
दुखी-मन से कुछ भी न कहो!

देन बड़ी सबसे यह विधि की,
है समता इससे किसी निधि की?
दुखी दुखी को कहो, भूल कर उसे न दीन कहो?
दुखी-मन से कुछ भी न कहो!

R AISHWARYA

I B.A. Sociology

भूरा या बुरा

माँ ने बोला था
कि मेरा रंग भूरा है ,
लेकिन दुनिया ने बोला
तेरा रंग बुरा है।

जब जब तरक्की के बीच आ जाता है रंग मेरा,
तब तब समझ आ जाता है, दुनिया ढंग तेरा।

जी और जान मैंने भी लगाया था,
खून-पसीना मैंने भी बहाया था।
गोरे काले से नहीं पड़ना चाहिए फरक
अपने अंदर जा और परख।

यह सोचते सचेत मेरी आखें नम हो जाती हैं
की कैसे दुनिया ऐसेमे आगे बढ़ जाती है
फिर फरहान अख्तर की आवाज़ में सुनाई देता है

आखें तेरी बेकार ही नम है ,
ज़िंदगी में यही होता है। दिल आखिर तू क्यों रोता है ? '

हो सके तो मेरी मदद ज़रूर करना
रंग के नाम पर भेदभाव मत करना।

RUHI MALIK

I B.Sc. Psychology

ये क्या महामारी आई ?

हाय हाय कोरोना महामारी आई ,
सब पर विपदा की घटा छाई ।
तभी मेरे मन ने एक बात सुझाई ,
कैसे करे इससे लड़ाई ?

सभी पालन कर रहे सामाजिक दूरी ,
प्रत्येक को मास्क पहनना ज़रूरी ।
न है कोई विकल्प अधूरी ,
बस ईश्वर पर आस्था है पूरी ।

जैसा बोया वैसा पाया ,
सही है कहावत भाया ।
पर सभी को समझ में आया ,
अकॅलेपन ने कितना तरसाया ।

रास्ते पर न कोई गाड़ी घोड़ा, सब चुप,
प्रदूषण विहिन विश्व का नूतन रूप ।
सारा संकट मिटेगा , आयेगी नई धूप,
जब एक साथ मिलेंगे सब साथी बहुरूप ।

BIDISHA PANDA
I B.Sc. Chemistry

जिंदगी के मैदानों में

अजीब सी धुन बजा रखी है
जींदगी ने मेरे कानों में,
कहाँ मिलता है चैन
पत्थर के इन मकानों में।
बहुत कोशिश करते हैं
जो खुदका वजुद बनाने की
हो जाते हैं दूर अपनों से
नज़र आते बेगानों में।


हस्ती नहीं रहती दूनिया में
इक लंबे दौर तक,
आखिर में जगह मिलती है।

उन्हें कहीं दूर शमशानों में
न कर गम ककि
तेरा कोई नहीं,
खुश रहने की राह है
मस्ती के तरानों में
जान ले कि दूनियां
साथ नहीं देती,
कोई दम नहीं होता
इन लोगों के अफसानों में।

क्यो रहता है निराश
अपनी ही कमजोरी से
झोंक दे सब ताकत अपनी
करने को फतह मैदानों में।
खुद को करदे खुदा के हवाले
ऐं इंसान की असर होती है
आरती और अज़ानों में,
करना है बसर तो
किसी की खिदमत में कर
वरना क्या फर्क है
तुझमें ओर शैतानों में।

करना है तो कर गुजर कुछ
किसी और की खातिर
बन जाए अलग पहचान
तेरी इन इंसानों में।

KOMAL
I B.A. Sociology

The background is a dense, repeating pattern of botanical illustrations. It features various types of plants, including ferns, flowering stems with small blossoms, and leaves with detailed vein patterns. The colors are muted, consisting of soft blues, greens, and browns against a light beige or cream-colored base.

17, Cathedral Road, Chennai - 600 086, Tamil Nadu, India
+91 44 28111987 | 28111951 | www.stellamariscollege.org